

# CHILD & FAMILY BEHAVIORAL HEALTH RESOURCE GUIDE

Greater Valdosta United Way FALL 2023





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### **OVERVIEW**

This resource guide includes child and family behavioral health state & local resources with service descriptions and contact information for the counties included in the Greater Valdosta United Way coalition. This document is meant to serve, inform & assist regional coalition's partners, community members & local stakeholders.

This resource guide has been co-produced by Resilient Georgia & Greater Valdosta United Way.

### **RESILIENT GEORGIA**

Aligning public and private efforts and resources across the state that support resiliency for all persons aged 0-26 and their families.

#### **GREATER VALDOSTA UNITED WAY**

Greater Valdosta United Way's mission is to create positive change by bringing resources together to improve people's lives in local communities.



### GEOGRAPHIC SERVICE AREA

Berrien, Brooks, Clinch, Cook, Echols, Lanier, Lowndes

### CONTACT

info@resilientga.org 678-940-1431



### **COMMUNITY RESOURCE FINDER**

STATEWIDE		
<u>Find Help Georgia</u>	Search tool to find free & affordable behavioral health services, food pantries, medical care, and other free or reduced cost services by zip code. Speak with a Find Help GA Specialist toll free at 1-800-244-5373, Monday to Friday, 8am-6pm.	
<u>CSRA Community</u> <u>Resource Guide</u>	Comprehensive community resources guide including substance abuse rehab and recovery services for Central Savannah River Area.	
<u>Georgia Appleseed Help</u> <u>Guides for Children with</u> <u>Behavior and Learning</u> <u>Challenges</u>	Comprehensive guide providing information and resources to support children with behavioral and learning challenges in the school and community.	
<u>Georgia Behavioral</u> <u>Health Resource Pocket</u> <u>Guide for Assisting</u> Children and Youth	Pocket guide of behavioral resources for children and adolescents in the state prepared by NAMI Georgia. Last updated 06/21/2018.	
<u>Georgia Center for</u> <u>Resources and Support</u>	Providing community services including head start, housing & energy; <b>rsthomas.mgcaa@gmail.com</b>	
<u>Parent to Parent of</u> <u>Georgia Special Needs</u> <u>Database</u>	Expansive database to find services and providers including mental health providers, for individuals with disabilities. 1-800-229-2038, <b>info@p2pga.org</b> .	
<u>Psychology.com</u>	National directory searchable by city & state or zip code to find licensed therapists in the area.	
<u>Peach State Health Plan</u> <u>Community Resources</u>	Community and family resources in Georgia categorized by regions. Last updated, 2017.	
<u>Sunshine</u> Behavioral Health	Provides directory to find free addiction treatment resources nearby; 855-951-4874, contact@sunshinebh.com	
<u>The Help List</u>	Find local community based services including housing and food assistance on the county level.	

### **COMMUNITY RESOURCE FINDER**

STATEWIDE		
<u>National Maternal</u> Mental Health Hotline	Provides free, 24/7, confidential counseling support before, during, and after pregnancy: Call or text 1-833-9-HELP4MOMS / 1-833-943-5746.	
<u>United Way 2-1-1</u>	24/7 Referral service that connects community members with various social services including mental health services such as children's/adolescent psychiatric hospitals, community mental health agencies, and crisis lines. Call 2-1-1 or (404) 614-1000.	
<u>Vitadox</u>	Wide-ranging search tool to find information such as contact information, language, and specialty area, about doctors and therapists in city and state.	
CLINCH COUNTY		
<u>Unison Behavioral Health</u> <u>Community Resource</u> <u>Guide</u>	Diverse community resources and services for counties served by Unison Behavioral Health. Last updated, 2020.	
LOWNDES COUNTY		
<u>Lowndes County Social</u> <u>Services Directory</u>	Directory of essential social services in Lowndes County prepared by Social Services Database, Inc. Last updated, May 2019.	



REGION	ORGANIZATION	CONTACT
NATIONAL	National Suicide Prevention Lifeline	1-800-273-TALK
	National Hopeline Network	1-800-784-2433
	Trevor Project (LGBTQIA+)	1-866-488-7386
	Crisis Text Line	Text HOME 741741
	SAMHSA Disaster Distress Helpline	Call or Text 1-800-985-5990
	<u>National Maternal Mental Health</u> <u>Hotline</u>	Call or text 1-833-9-HELP4MOMS' (1-833-943-5746)
	National Suicide Prevention Crisis Line	9-8-8
STATEWIDE	24/7 Crisis Line & Safe House of Central Georgia	478-745-9292
	24/7 Georgia Department of Public Health	1-866-PUB-HLTH
	24-Hours Georgia Domestic Violence Hotline	1-800-334-2836
	Adult Protective Services	1-888-774-0152
	Child Protective Services	1-855-422-4453
	Children 1st Information and Referral Center	(M-F; 8AM - 5PM) 1-855-707-8277
	DECAL's SEEDS Helpline	1-833-354-4357
	DPH's Help Me Grow	1-888-457-4769
	Georgia Crisis and Access Line (GCAL)	1-800-715-4225
	Georgia Family Healthline	(M-F; 8AM-5PM):1-800-300-9003 PAGE 06

REGION	ORGANIZATION	CONTACT
STATEWIDE	Georgia Foodstamps/SNAP/ TANF/Medicaid Information	1-877-423-4746
	Georgia Home Visiting Program	1-855-707-8277
	Georgia Poison Center	1-800-222-1222
	Middle GA Alliance to End Regional Trafficking (MG-Alert) Hot line	1-888-373-7888
	NAMI GA Helpline: Crisis Line	1-800-273-8255; text "NAMI" to 741741 (24/7)
	Partnership for Prescription Assistance	1-888-477-2669
	Peer2Peer Warm line (24 hour peer support, not a crisis line)	1-888-945-1414
	Prevent Child Abuse Georgia	(M-F; 8AM - 6PM): 1-800-244-5373
	Statewide Georgia Hotline for Domestic Minor Trafficking	1-844-842-3678
	The Haven (for sexual assault & domestic violence; M-F, 8AM - 5PM)	1-800-334-2836
	Transitional Family Services Crisis Line	706-305-8574
	United Way 2-1-1	2-1-1
BERRION COUNTY	Berrien County Sheriff's Office	229-686-7071
	South Central Georgia Red Cross	229-242-7404
	The Haven (for sexual assault & domestic violence)	229-244-1765

REGION	ORGANIZATION	CONTACT
BROOKS COUNTY	Brooks County Sheriff's Office	229-263-7558
	South Central Georgia Red Cross	229-242-7404
	The Haven (for sexual assault & domestic violence)	229-244-1765
CLINCH COUNTY	Clinch County Sheriff's Office	912-487-5316
	South Central Georgia Red Cross	229-242-7404
	The Haven (for sexual assault & domestic violence)	229-244-1765
COOK COUNTY	Cook County Sheriff's Office	229-896-7471
	South Central Georgia Red Cross	229-242-7404
	The Haven (for sexual assault & domestic violence)	229-244-1765
ECHOLS COUNTY	Echols County Sheriff's Office	229-559-5603
	South Central Georgia Red Cross	229-242-7404
	The Haven (for sexual assault & domestic violence)	229-244-1765
LANIER COUNTY	Lanier County Sheriff's Office	229-482-3545
	South Central Georgia Red Cross	229-242-7404
	The Haven (for sexual assault & domestic violence)	229-244-1765

REGION	ORGANIZATION	CONTACT
COUNTY	Lowndes County Sheriff's Office	229-671-2900
	South Central Georgia Red Cross	229-242-7404
	The Haven (for sexual assault & domestic violence)	229-244-1765



### HOMELESSNESS/HOUSING RELIEF

ORGANIZATION CON	ТАСТ
Brother Charlie Rescue Center	326 Beech Street Tifton, GA 229-382-0577
LAMP	New Horizons Dev. Center 714 Charlton Street Valdosta, GA 229-245-7157
<u>The Meeting Place II - Transitional Center for Homeless Women</u>	2717 Windemere Dr Ste D Valdosta, Georgia 229-262-2091
<u>The Salvation Army - Emergency Men's Shelter</u>	317 Virginia Ave Valdosta, GA 229-232-4724
<u>Tiftarea House of Hope</u>	602 W 3rd St Tifton, GA 229-396-5990



### PRIVATE, NON-PROFIT & COMMUNITY BEHAVIORAL HEALTH SERVICES

ORGANIZATION		CONTACT
<u>AR Psychiatric And</u> <u>Counseling Center</u>	Provides counseling and psychiatric services for psychiatric problems including mood disorders through licensed psychiatrist & counselors.	Valdosta Office 3312 D North Oak Ext. St., Valdosta, GA 31605 229-244-2030 <u>arpsych@att.net</u>
<u>Choices For Life Of</u> <u>Georgia</u>	DBHDD Tier 2 Behavioral Health Service provider for outpatient trauma-focused services including counseling for mental health management.	2200 N. Patterson Street Valdosta, GA 31602 229-244-1707 <u>recruitment.training@cflfosterc</u> <u>are.com</u>
<u>Christian</u> <u>Counseling</u> <u>Services of South</u> <u>Georgia</u>	Provides counseling services for children, adults and families for varied needs including for situational Depression and drug dependency.	CrossPointe Valdosta 4100 North Valdosta Road Valdosta, GA 31602 229-244-5754 <u>ccsvaldosta@gmail.com</u>
<u>EnSpire Counseling</u> <u>&amp; Wellness, LLC</u>	Facilitates the personal growth, development, and wellness of adults, children, adolescents, families, and couples by offering mental health, counseling, and wellness services.	3790 Old US Hwy 41 N, Suite A Valdosta, GA, 31602 229-262-1000
Parent 2 Parent of Georgia ( <u>P2PGA</u> )	Provides a variety of support, training, and resources to families impacted by disabilities.	770-451-5484 <u>info@p2pga.org</u>
<u>PeaceWay</u> <u>Counseling and</u> <u>Mediation Services</u> <u>Inc.</u>	Provides a wide array of mental health services to individuals, families, and groups, including for child abuse and trauma.	2405 Bemiss Rd. Valdosta GA 31602 229-333-2351
Penfield Addiction Ministries	Provides faith-based individual and group counseling along with individualized treatment plans for substance use disorder.	Alapaha Campus 15320 Highway 129 Alapaha, GA 31622 706-453-7929

### PRIVATE, NON-PROFIT & COMMUNITY BEHAVIORAL HEALTH SERVICES

ORGANIZATION		CONTACT
<u>The Haven</u>	Provides temporary shelter and other services including individual and family therapy to survivors of domestic violence and sexual assault. Serving Atkinson, Berrien, Brooks, Clinch, Colquitt, Cook, Echols, Lanier, and Lowndes counties.	229-244-1765 admin@valdostahaven.org
<u>Therapy Center</u> <u>Counseling &amp;</u> <u>Consultation</u>	Private counseling center providing child/adolescent therapy, individual & family mental health services.	1817 Green Cir Valdosta, GA 31602 229-244-9688 <u>therapy@therapycentervaldos</u> <u>ta.com</u>
<u>Treatment Center</u> of Valdosta	Provides comprehensive substance abuse disorder treatment services that include psychiatric evaluation, crisis intervention and specialized counseling.	2301 University Dr C Valdosta, GA 31602 229-242-4673 <u>vdirector@tcaclinics.com</u>

### MENTAL HEALTH SERVICE PROVIDERS

This is an attempt to quantify and capture a list of the multiple behavioral and mental health practitioners in the following counties: Berrien, Brooks, Clinch, Cook, Echols, and Lanier. Lowndes county and surrounding larger counties were excluded because of their size and ready availability of these providers.

List of mental health service providers in the following counties: Berrien, Brooks, Clinch, Cook, Echols, and Lanier.

BOARD OF EDUCATION		
Berrien County	Superintendent: Robin Marcrum (229) 686-2081 <u>robin.marcrum@berrien.k12.ga.us</u>	<u>School Board Members</u>
Brooks County	Superintendent: Vickie Reed, Ed.D 229-588-2340	School Board Members
Clinch County	Superintendent: Dr. Lori James 912-487-5321 <u><b>Ijames@clinchcounty.com</b></u>	<u>School Board Members</u>
Cook County	Superintendent: Dr. Tim Dixon 229-896-2294 <u>timdixon@cook.k12.ga.us</u>	<u>School Board Members</u>
Echols County	Superintendent: Shannon King 229-559-5734	School Board Members
Lanier County	Superintendent: Mrs. Anita Watson 229-482-3966 <u>anita.watson@lanier.k12.ga.us</u>	<u>School Board Members</u>
Lowndes County: Lowndes County Schools	Superintendent: Mr. Wes Taylor 229-316-1822 <u>westaylor@lowndes.k12.ga.us</u>	<u>School Board Members</u>
Lowndes County: Valdosta City Schools	Superintendent: Dr. William Todd Cason 229-671-6053 <u>tcason@gocats.org</u>	<u>School Board Members</u>



COLLEGES & UNIVERSITY STUDENT HEALTH/COUNSELING SERVICES		
Abraham Baldwin Agricultural College	Provides drop-in, personal and group counseling and crisis response services.	229-391-5135
Georgia Military College	Provides <u>counseling, wellness education</u> and other health services.	478-387-4900
Valdosta State University	Provides <b>variety of services</b> including mental health crisis, personal and group counseling and referrals.	229-333-5940
Wiregrass Georgia Technical College	Provide <u>personal and group counseling</u> sessions for various problems.	229-219-1281

GEORGIA DEPARTMENT OF EDUCATION PROJECT AWARE (ADVANCING WELLNESS AND RESILIENCY IN EDUCATION)

<u>Georgia Project Aware</u> provides funding to be disbursed over 5 years (2021-2025) to improve school climate and provide mental health services for students and families.

### POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS (PBIS)

3-tiered framework that schools use to improve school safety and promote positive behavior. Learn more here.

List of current PBIS schools in Georgia by county

List & phone number of PBIS coaches by schools

Berrien County School District PBIS	To improve the culture and climate of the Bibb County School District and community settings through the Positive Behavioral Intervention & Supports framework.	Curlandra L. Smith PBIS Coordinator <u>curlandra.smith@bcsdk12.net</u>
Brooks County	List of current PBIS schools in Georgia by cou	<u>inty</u>
Cook County	List of current PBIS schools in Georgia by county	
Clinch County	Renee Harris; <u>rharris@clinchcounty.com</u>	
Echols County	<u>List of current PBIS schools in Georgia by</u> <u>county</u>	PBIS District Coordinator: Jason Pinkney   478-218-4618 <b>jason.pinkney@hcbe.net</b>

### POSITIVE BEHAVIORAL INTERVENTIONS AND SUPPORTS (PBIS) CONTINUED

3-tiered framework that schools use to improve school safety and promote positive behavior. Learn more **here**.

List of current PBIS schools in Georgia by county

List & phone number of PBIS coaches by schools

Lanier County: PBIS Coaches	Lanier County High School Susan Mannino <u>susan.mannino@lanier.k12.us</u>	Lanier County Middle School Jaden Mierzejewski <b>jaden.mierzejewski@lanier.k12.ga</b> <u>.us</u>
Lowndes County	List of current PBIS schools in Georgia by county	

REGIONAL EDUCATIONAL SERVICE AGENCY (RESA)			
Coastal Plains Regional Educational Service Agency ( <u>CPRESA</u> ) climate specialist	Provide technical assistance and support to district level personnel in working toward improving school climate and implementing Positive Behavioral Interventions & Supports (PBIS).	Executive Director: Lance Heard 229-546-4094 Access board of control and other CPRESA specialists <u>here</u> .	
CPRESA service area: Berrien County Schools, Brooks County Schools, Cook County Schools, Echols County Schools, Lanier County Schools, Lowndes County Schools.			
Okefenokee Regional Educational Service Agency ( <u>OKRESA</u> )	Assist and support region 9 schools in developing the capacity to be collaborative, high performing schools focused on student learning.	Executive Director: Dr. Greg Jacobs 912-285-6151 <b>gj<u>acobs@okresa.org</u></b>	
OKRESA service area: Clinch county		Access board of control and other OKRESA specialists <b>here</b> .	



### GEORGIA SCHOOL BASED HEALTH ALLIANCE (GASBHA)

advances the health and success of Georgia's children through community partnerships to develop and support school based health centers.

SCHOOL PSYCHOLOGICAL SERVICES			
Berrien County School District	Katie Ray, Social Worker	229-686-7438 <u>Katie.ray@berrien.k12.ga.us</u>	
	Kristin Powell, Social Worker	229-686-2021 kristin.powell@berrien.k12.ga.us	
Brooks County School District	School Psychologists		
Clinch County School District	Renee Harris	<u>rharris@clinchcounty.com</u>	
Cook County School District	Sheanette Drake	706-444-5775 <u>sdrake@hancock.k12.ga.us</u>	
Cook Primary School	Almeta Owens	229-549-7713	

#### THE GEORGIA APEX PROGRAM

Georgia Department of Behavioral Health and Developmental Disabilities program to increase access to mental health services for school-aged youth, Pre-Kindergarten to 12th grade, throughout the state.

Berrien County	Legacy Behavioral Health Services	229-494-941
Brooks County	Legacy Behavioral Health Services	229-605-0197
Clinch County	Unison Behavioral Health	912-487-5234 x6610
Cook County	Legacy Behavioral Health Services	229-896-4559
Echols County	Legacy Behavioral Health Services	229-671-6100
Lanier County	Legacy Behavioral Health Services	229-671-6100
Lowndes County	Legacy Behavioral Health Services	229-671-6162

### SELECT TRAUMA-INFORMED & ACE PREVENTION TRAINING RESOURCES

### ACES - ADVERSE CHILDHOOD EXPERIENCES

Potentially traumatic events that occur in childhood. Learn more <u>here</u>.

#### TRAUMA-INFORMED

Based on the knowledge and understanding of trauma and its farreaching implications. Learn more <u>here</u>.



### COMMUNITY RESILIENCY MODEL (<u>CRM</u>)

Community Resiliency Model is an innovative and preventative low-cost, low-intensity training, which involves a simple set of mental wellness skills that can be readily learned and practiced. CRM skills can restore the natural balance of the nervous system by focusing on sensations of well-being.

Dr. Linda Grabbe Certified CRM Trainer Igrabbe@emory.edu App: ichillapp

### CONNECTIONS MATTERS GEORGIA

Connections Matters Georgia is an interactive discussion-based workshop that can be taken in either two days (2 hours each day) OR one day (4 hours) via virtual Zoom format. Participants learn about adverse childhood experiences (ACEs), trauma, and resiliency. connectionsmatterga@gmail.com Register for individual training or request a group training <u>here</u>.

#### MENTAL HEALTH FIRST AID (MHA)

Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues. This training is available in both adult and youth curriculum; 770-741-1481.

#### MINDFUL SELF-COMPASSION 1-DAY WORKSHOP (MSC1D)

Mindful Self Compassion is a 1-day evidence-based skills-building workshop in mindful self-compassion to helps participants learn fundamental concepts and skills in mindfulness and self-compassion.

#### NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)GEORGIA

Mental health advocacy group that provides education, programs, and support group to erase mental illness stigma.

#### DARKNESS TO LIGHT/STEWARDS OF CHILDREN TRAINING

Darkness to Light/Stewards of Children Training is an adult-focused, evidenceinformed curriculum proven to increase knowledge and attitudes about child sexual abuse and change behaviors promoting protective factors. The onetime 2 <sup>1</sup>/<sub>2</sub> hour Stewards of Children program is available through a group session led by an authorized facilitator as well as online. Learn more <u>here</u>. Nikki Berger <u>NikkiB@gacfca.org</u> 678-904-2880

Taylor Strickland sarcadvocate@valdostahaven.org 229-539-2275

#### QUESTION, PERSUADE, AND REFER (<u>QPR</u>)

QPR is an innovative, practical and proven suicide prevention training that empowers participants, regardless of their background, to make a positive difference in the life of someone they know.

GEORGIA DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL DISABILITIES ( <u>DBHDD</u> )			
State agency responsible for providing mental health, substance abuse, intellectual & developmental disabilities, deaf services across the state.			
DBHDD Office of Constituent Services: Point of contact to answer questions, address complaints, inquiries, and recommendations about DBHDD services. Fill out the online intake form, call or email.			
DBHDD hospital and community resources in <b>COUNTY</b> 229-2		<u>Region 4</u> 229-225-5099 Toll Free: 877-683-8557	
	BROOKS COUNTY	<u>Region 4</u> 229-225-5099 Toll Free: 877-683-8557	
COUNTY 9 COOK COUNTY 22		<u>Region 5</u> 912-303-1649	
		<u>Region 4</u> 229-225-5099 Toll Free: 877-683-8557	
	ECHOLS COUNTY	<u>Region 4</u> 229-225-5099 Toll Free: 877-683-8557	
	LANIER COUNTY	<u>Region 4</u> 229-225-5099 Toll Free: 877-683-8557	
	LOWNDES COUNTY	<u>Region 4</u> 229-225-5099 Toll Free: 877-683-8557	

#### DBHDD State Hospitals:

Five state hospitals offering inpatient adult mental health and forensic services. To be referred to hospital services in your area, please call the Georgia Crisis & Access Line at 1-800-715-4225, available 24/7. BERRIEN COUNTY

Georgia Regional Hospital at Savannah 912-356-2011

Map of all state psychiatric hospital locations.

#### **Resiliency Support Clubhouse:**

Six statewide locations, provides supportive services including educational supports, employment services, peer support, family engagement, social activities, and other initiatives geared to engage youth and assist them in managing behaviors and symptoms.

### Crisis Stabilization Units (CSU):

Provides short-term acute stabilization of behavioral health problems for youth

<u>Legacy</u> <u>Behavioral</u> <u>Health</u> <u>Services</u> Crisis Center 229-671-3500 pcartwright@bhsga.com

3120 North Oak Street Ext. Suite C Valdosta, GA 31602

#### Community Service Boards (CSBs):

Georgia's public safety-net providers of mental health, substance use disorder, and intellectual and developmental disability treatment and services. CSBs are quasi-governmental agencies with oversight from the Georgia Department of Behavioral Health and Developmental Disabilities. **Directory of all DHDD CSB** in the state.

BERRIEN COUNTY	<u>Legacy Behavioral Health Services-Berrien</u> <u>Mental Health</u>	229-494-9416 104 N Dogwood Dr. Nashville, GA 31639
	<u>Legacy Behavioral Health Services-Berrien</u> <u>County Service Center</u>	229-494-9416 507 Laurel Street Nashville, GA 31639
BROOKS COUNTY	<u>Legacy Behavioral Health Services-Brooks</u> <u>County Service Center</u>	229-263-7510 1200 W. Rountree Street Quitman, GA 31643
CLINCH COUNTY	<u>Unison Behavioral Health</u>	912-487-5234 x6610 1007 Mary Street PO Box 1397 Waycross, GA 31503

Community Service Boards (CSBs) continued:		
COOK COUNTY	<u>Legacy Behavioral Health Services-Cook</u> <u>Service Center</u>	229-896-7994 203 Industrial Park Drive Adel, GA 31620
	<u>Legacy Behavioral Health Services-Cook</u> <u>Mental Health</u>	229-896-4559 1905 South Hutchinson Adel, GA 31620
ECHOLS COUNTY	Legacy Behavioral Health Services	229-671-6100
LANIER COUNTY	<u>Legacy Behavioral Health Services</u>	229-671-6100
LOWNDES COUNTY	<u>Behavioral Health Services-Lowndes</u> <u>County Service Center</u>	229-506-6502 1644 East Park Ave Valdosta, GA 31602
	<u>Behavioral Health Services-Mental Health</u> <u>Center</u>	229-671-6162 229-671-6170 3120 North Oak St Ext Suite B Valdosta, GA 31602



### Federally Qualified Health Centers (FQHCs):

Safety net health providers; provide accessible and affordable essential primary and preventive health services including behavioral health under Georgia's Department of Community Health. Some provide comprehensive services including mental health and some provide only dental & physical health services. For complete list, **see here**, we've outlined those that provide behavioral health services.

BERRIEN COUNTY	Betty Dupree Healthcare Center	229-686-2774 201 North Bartow Street Nashville, GA 31639
BROOKS COUNTY	Primary Care of Southwest Georgia- Quitman	229-263-4531 907 North Court Street Quitman, GA 31643
COOK COUNTY	Southwell Medical Sylvia Barr Center	229-896-8100 260 M J Taylor RD Adel, GA 31620
	<u>Lenox Family Medicine</u>	229-999-1778 15 South Railroad Street Lenox, GA 31637
LOWNDES COUNTY	Northside Family Health Center	229-253-1206 247 Northside Drive Valdosta, GA 31602

#### Georgia Children's Advocacy Centers (CACGA):

Collaborative, community-based services to provide services for children and families affected by sexual and or physical abuse.

LOWNDES	<u>Children's Advocacy Center of Lowndes</u>	229-245-5369
COUNTY		P.O. Box 903
		Valdosta, GA 31603

#### Georgia Crisis & Access Line (GCAL):

24/7 helpline to get connected to crisis services for mental health, substance abuse, or intellectual/developmental disability issues in your area; 1-800-715-4225

<u>Comprehensive list of GCAL Adult</u> <u>Behavioral Health Providers</u> <u>Comprehensive list of GCAL Child/Adolescent</u> <u>Behavioral Health Providers</u>

#### Georgia Court Appointed Special Advocates (CASA) Volunteers:

Specially-trained volunteers appointed by the court to improve a child's experience in foster care.

<u>CASA of the Alapaha Judicial</u> <u>Circuit</u> : Serving Atkinson, Berrien, Clinch, Cook & Lanier Counties	Elaine Grice Program Director Family Connection Communities in Schools of Berrien County	229-686-6576 1015 Exum Street Nashville, GA 31639 <u>egrice@fccisberrien.org</u>
<u>CASA Kids Program</u> : Serving Brooks, Colquitt & Thomas Counties	Wendy Greene Executive Director	229-225-4338 P.O. Box 1034 Thomasville, GA 31799 <u>volunteer@neverlost.org</u>

**Georgia Department of Behavioral Health and Developmental Disabilities** <u>State Hospitals</u>: 5 state hospitals offering inpatient adult mental health and forensic services. To be referred to hospital services in your area, please call the Georgia Crisis & Access Line at 1-800-715-4225, available 24/7.

<u>Map of all state psychiatric</u> hospital locations	BERRIEN COUNTY	Georgia Regional Hospital at Savannah 912-356-2011
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#### Georgia Department of Public Health (GDPH):

Provides free stress management services through Teen Health Center, facilitates collaboration & communication between different entities. For public health emergencies, Call 1-866-PUB-HLTH anytime, 24/7.

DISTRICT OFFICE	478-751-6303
BERRIEN COUNTY	229-686-5411
BROOKS COUNTY	229-263-7585
COOK COUNTY	229-896-3030
ECHOLS COUNTY	229-559-5103
LANIER COUNTY	229-482-3294
LOWNDES COUNTY	229-333-5257

#### Georgia Department of Community Health (DCH):

Oversee Medicaid & the State Health Benefit Plan and Healthcare Facility Regulation Division (HFRD).

404-656-4507

### Georgia Division of Family & Children Services (DFCS):

Oversee reports of child abuse, foster & adoptive homes for abused and neglected children, issuing SNAP, Medicaid & TANF. 404-657-3433

#### customer\_services\_dfcs@dhs.ga.gov

BERRIEN COUNTY	Region 11	229-686-5568
BROOKS COUNTY	Region 11	229-263-7567
CLINCH COUNTY	Region 11	912-487-5263
COOK COUNTY	Region 11	229-896-3672
LANIER COUNTY	Region 11	229-482-3686
LOWNDES COUNTY	Region 11	229-333-5200

#### Georgia's Department of Early Care and Learning (DECAL):

Provides childcare and early education resources throughout the state.

Detailed directory of staff in the different programs

### Georgia Department of Juvenile Justice (DJJ):

Serves state's youth offenders by providing probation supervision, secure detention, youth with medical and mental health treatment, including behavioral health, through age 21.

Office of Behavioral Health Services (OBHS) Dr. Christine Doyle, Contact Director

404-508-6597

#### Georgia Mental Health Consumer Network (GMHCN):

Leads local and statewide initiatives to promote and provide behavioral health services including peer mentoring and online wellness resources.

404-687-9487

#### Georgia Public Defender Council Mental Health Courts:

24 month judicially supervised, treatment-based program for those individuals with a documented mental health diagnosis.

#### Local Interagency Planning Team (LIPT):

A group of local child-serving agencies and community supports working with youth with severe emotional disturbance (SED) and their families using the System of Care approach by facilitate the coordination of services.

#### Department of Behavioral Health and Developmental Disabilities Regional Map

BERRIEN COUNTY	Region 4	Todd Jones, LIPT Chair 229-225-5099 <u>todd.jones@dbhdd.ga.gov</u>
BROOKS COUNTY	Region 4	Todd Jones, LIPT Chair 229-225-5099 <u>todd.jones@dbhdd.ga.gov</u>
CLINCH COUNTY	Region 5	JaVonna Daniels, LIPT Chair 912-303-1670 <b>javonna.daniels@dbhdd.ga.gov</b> _
COOK COUNTY	Region 4	Todd Jones, LIPT Chair 229-225-5099 <u>todd.jones@dbhdd.ga.gov</u>
LANIER COUNTY	Region 4	Todd Jones, LIPT Chair 229-225-5099 <u>todd.jones@dbhdd.ga.gov</u>
LOWNDES COUNTY	Region 4	Todd Jones, LIPT Chair 229-225-5099 <u>todd.jones@dbhdd.ga.gov</u>

<u>Peer2Peer Warm Line</u>: 24 hours phone peer support from certified peer specialists to provide assistance and resources for challenging life experiences and chronic behavioral health conditions.

888-945-1414

#### Youth Development Campuses:

Medium to low-security detention centers operated locally by the Juvenile Justice Department and holds youths awaiting the determination of punishment for the crimes which they are accused.

### SUPPORT GROUPS

Alcoholics Anonymous	Berrien county meetings schedule and zoom link
	Brooks county meetings schedule
	Clinch County meeting schedule
	Cook County meeting schedule
	Lanier County meeting schedule
	Lowndes County meeting schedule
Georgia Parent Support Network (GPNS):	Weekly Statewide Parent Education & Support
1-844-278-6945	Group:
404-758.4500 <u>info@gpsn.org</u>	770-545-4298 <u>lisa.pace@gpsn.org</u>
<u></u>	<u></u>
Legacy Behavioral Health Services-Peer Support	229-223-3263
	110 East 4th Street Adel, GA 31620
Narcotics Anonymous	South Georgia Meeting <u>weekly list</u>
Parent 2 Parent of Georgia Support Groups	800-229-2038 or 770-451-5484
	Find in-person & online support groups for families impacted by disabilities.
Werkeheline Anonymous	
Workaholics Anonymous <u>Online &amp; phone meetings</u>	Intown Community Church / Chris 646-656-1592 atlantaworkabolios@gmail.com
	atlantaworkaholics@gmail.com
	Atlanta, GA Catalyst / Brenda 404-325-5288
	404-731-3399

### HOSPITALS

**Critical Access Hospital (CAH)** designation is given by the Centers for Medicare and Medicaid Services (CMS) to rural hospitals located at least 35-mile away from another hospital, with no more than 25 beds, providing 24/7 emergency care services.

<u>Map of Critical Access &amp; Rural Hospitals in Georgia</u> List of Critical Access Hospitals in Georgia from NPI Registry		
BROOKS COUNTY	<u>Brooks County Hospital</u> 229-263-4171 903 N Court St Quitman, GA 31643	
COOK COUNTY	<u>Southwell Medical Sylvia Barr Center</u> 229-896-8100 260 M J Taylor RD Adel, GA 31620	
CLINCH COUNTY	<u>Clinch Memorial Hospital</u> 912-487-5211 1050 Valdosta Hwy Homerville, GA 31634	
LOWNDES COUNTY	Greenleaf Behavioral Health Hospital 2209 Pineview Dr Valdosta, GA 31602 South Georgia Medical Center 229-433-1000 2501 N Patterson St Valdosta, GA 31602 Valdosta, GA 31602 Valdosta, GA 31601	

### **HOSPITALS**

**Georgia State Office of Rural Health (SORH):** Under Georgia Department of Community Health, focused on improving access to health care in rural and underserved areas and to reduce health status disparities.

229-401-3081 <u>DCH.SORH@dch.ga.gov</u> <u>(SORH) location maps</u>	
<b>Rural Hospital Services</b> Provides technical assistance and resources to support Critical Access and small rural hospitals	Dawn Waldrip Contact Director, Rural Hospital Services 229-401-3088 <u>dawn.waldrip@dch.ga.gov</u>
<b>Rural Hospitals</b> Hospitals located at and providing health services outside of metropolitan centers where access to specialists and intensive care might not be readily available. Some might not have in-patient behavioral health beds in hospitals but all emergency rooms provide behavioral health services.	<u>List of rural hospitals in Georgia from NPI</u> <u>Registry</u>





Questions or feedback? Contact <u>info@resilientga.org</u>.

