



What: Resilient Georgia General Meeting focusing on Early Childhood Mental Health (0-5 years)
When: March 11, 2021 from 11:00 am - 12:30 pm
Who: 121 Resilient Georgia Partners and Stakeholders
Where: [Zoom Meeting Recording Link](#)

The meeting agenda and slides can be accessed at Resilient Georgia's [General Meeting webpage](#).

Early Childhood Mental Health Resources Shared by Our Partners

American Academy of Pediatrics (AAP) and American Academy of Pediatrics- Georgia Chapter

- AAP's [Healthychildren.org](https://www.healthychildren.org) - a parenting website backed by 67,000 pediatricians committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.
- [Georgia AAP Launches New Behavioral Health Partnership with Georgia AIME](#) (Awareness Integrate Mobilize Educate) which will prioritize the enhancement of partnerships between Pediatricians and Community Service Boards with a heavy focus in rural communities through two Comprehensive Community Providers, Aspire Behavioral Health & Developmental Disabilities (Aspire) and Community Service Board of Middle Georgia (CSBMG)
- For additional resources, please visit the [American Academy of Pediatrics](#) and [American Academy of Pediatrics- Georgia Chapter](#) websites.

Black Child Development Institute Atlanta

- Strength Within Summit on April 29: A one day professional event focused on strengthening holistic development of Black children through culturally appropriate practices in emotional wellness & trauma informed care. Access Summit [tickets, event flyer & preliminary program here](#).
 - During this event BCDI-Atlanta is officially launching their [Strength Within program - Trauma Informed Care Support for Early Educators & Child Advocates](#).
- Link to other upcoming events: <https://www.bcdiatlanta.org/events>
- Contact Info: Bisa Batten Lewis, EdD, President, Black Child Development Institute (BCDI)-Atlanta, p: 678-909-0800, e: blewis@bcdiatlanta.org, w: bcdiatlanta.org

Caring for Our Children

- Caring for Our Children, (CFOC) is a collection of national standards that represent the best practices, based on evidence, expertise, and experience, for quality health and safety policies and practices for today's early care and education settings.
- For additional information and resources, please visit the [Caring for Our Children](#) website.

Center on the Developing Child at Harvard University

- [In Brief: Early Childhood Mental Health video and 2 pager pdf](#) - This brief explains how improving children's environments of relationships and experiences early in life can prevent initial difficulties from destabilizing later development and mental health. The 5-minute video provides an overview

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of [Establishing a Level Foundation for Life: Mental Health Begins in Early Childhood](#), a working paper by the National Scientific Council on the Developing Child.

- [Children's Emotional Development Is Built into the Architecture of Their Brains](#) - This working paper from the National Scientific Council on the Developing Child discusses how a child's capacity to regulate emotions develops in a complex interaction with his or her environment and ongoing mental, physical, and social development. It also discusses the implications of this research for policies affecting young children, their caregivers, and service providers.
- To explore related resources, please visit the [Center on the Developing Child at Harvard University](#) website.

Chris180 New Generation Infant Early Childhood Mental Health Project

- In Fulton, Dekalb and Gwinnett counties, Chris180 provides free infant mental health consultations for early care centers.
- Chris180 also offers a Trauma STARS: Infant and Early Childhood Impact free training which explore how trauma looks in infants and young children and strategies utilized to promote and support healthy social emotional development. Upcoming training information can be found at the [Chris180 Training Institute](#) webpage.
- Contact Info: Kathy Bragg, MSW, LCSW, MAC, Project Director, New Generation Infant Early Childhood Mental Health Project, p: 404.452-8966, e: Kathy.Bragg@CHRIS180.org
w: www.CHRIS180.org

Department of Community Health

- [Medicaid & CHIP](#) are the health care programs for low- and moderate-income children. Federally funded and state administered, these programs provide health care coverage to over 50% of Georgia's children. Apply through www.gateway.ga.gov.
- For additional resources, please visit the [Georgia Department of Community Health website](#)

Department of Early Care and Learning (DECAL)

- As part of Georgia's Preschool Development Grant activities, the DECAL is issuing Community Transformation Grants to support projects that increase access to early childhood services and resources. This grant program envisions the creation of early education partnerships composed of community agencies and other stakeholders that will design, tailor, and implement projects that address critical local needs.
 - 2021 Community Transformation Grants webinar, applications and LOI guidance are posted at: <http://www.decal.ga.gov/QualityInitiatives/Grants.aspx>
 - LOIs should be submitted in PDF form to the following email address: Communityimpactgrants@decal.ga.gov
 - More information about the 2019-2020 Early Learning Leadership Collaboratives can be found here: <https://www.decal.ga.gov/BftS/PreschoolDevelopmentGrant.aspx>
- New [DECAL Resources for Families](#) webpage with Covid-19 Specific, Navigating Digital Learning, Social-Emotional Wellness, Self-Care, and Promoting Child Development resources.

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- Child Care Programs in Georgia - <http://qualityrated.org/org/>
- Childcare and Parent Services (CAPS) - <https://caps.dec.state.ga.us/en/>
- Cross Agency Child Data System (CACDS) - <http://www.gacacds.com/com/>
- Georgia Social-Emotional Early Development Strategies (SEEDS) for Success - <https://www.dec.state.ga.us/InstructionalSupports/Seeds.aspx> and Helpline (833)354 4357
- Contact Info:
 - Laura Lucas, Infant & Early Childhood Mental Health Director, Georgia Department of Early Care and Learning, p: 470-396-1662, e: laura.lucas@dec.state.ga.us, w: www.dec.state.ga.us
 - Jill O'Meara, Community Partnerships and Projects Manager, Bright from the Start: Georgia Department of Early Care and Learning, p: 404-313-6277 (office), e: jill.omeara@dec.state.ga.us, w: www.dec.state.ga.us

Department of Public Health (DPH)

- [Babies Can't Wait](#) provides early intervention and screening for children with developmental disabilities and chronic health conditions. All referrals made to DPH Child Health programs, including Babies Can't Wait, must be made through Children 1st. Children 1st Information and Referral Center: Monday through Friday 8AM - 5PM (1-855-707-8277)
- [Children 1st](#) is the single point of entry for all DPH Child Health programs and services for children birth-5 years old. Referrals can come from medical professionals, families, and schools. After being screened, children are referred for appropriate programs. All referrals made to DPH Child Health programs including Babies Can't Wait (BCW), Children's Medical Services (CMS), Early Hearing Detection and Intervention (EHDI) and 1st Care must be made through Children 1st. Children 1st Information and Referral Center: Monday through Friday 8AM - 5PM (1-855-707-8277)
- [Help Me Grow Georgia](#) is a free, confidential, access point for healthcare referrals and follow-up services to support the well-being of children birth to 8 years old, and their families by linking them to essential services within their community. By actively listening to needs of clients, Help Me Grow liaisons work to help link them to developmental screening, day care, early learning resources and behavioral services by coordinating with child focused programs within the local community. Help Me Grow Georgia: Monday to Friday 8AM - 5PM, 888-HLP-GROW (1-888-457-4769)
- [Home Visiting](#) provides evidence-based strategies to support the health and well-being of children and families. This voluntary program aims to be strength-based and parent centered. Currently only available in 20 of Georgia's counties. To learn more, call their toll-free number at 1-855-707-8277.
- [Women, Infants, and Children \(WIC\)](#) food assistance program providing monthly benefits that can be used only on food. Apply through www.gateway.ga.gov.
- For additional resources, please visit the [Georgia Department of Public Health website](#)

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Division of Family and Children's Services (DFCS)

- [Better Brains for Babies](#) is a collaboration of state and local, public and private organizations dedicated to promoting awareness and education about the importance of early brain development in the healthy growth and development of infants and young children in Georgia.
- The Georgia Food Stamp Program ([Supplemental Nutrition Assistance Program \(SNAP\)](#)), is a federally-funded program that provides monthly benefits to low-income households to help pay for the cost of food. Apply through www.gateway.ga.gov.
- [Temporary Assistance for Needy Families \(TANF\)](#) is a cash assistance program that provides benefits to very low-income families who meet certain eligibility and activity requirements. Apply through www.gateway.ga.gov.
- For additional resources, please visit the [Georgia Division of Family and Children's Services website](#)

Early Childhood Initiative of Northwest Georgia

- The mission of the Early Childhood Initiative is to convene and collaborate with organizations and groups to improve school readiness among children of Northwest Georgia.
- Current Initiatives include:
 1. Talk with Me Baby – in collaboration with Hamilton Medical Center, all of the mother/baby nursing staff will have received the Talk with Me Baby training. Once this is accomplished – all babies born at Hamilton will be given a copy of the Talk with Me Baby book. Nurses and support staff will talk with the moms about the importance of talking and reading to their babies.
 2. Virtual Cooking for Success classes are being created to air this month for young children and their families in four of the highest risk Whitfield County elementary schools – including their Pre-K classes. Families who participate in the virtual classes will receive kitchen gadgets like measuring cups, mixing bowls, aprons, and “cook” books. Participants will also receive vouchers for food boxes through the Northwest Georgia Food Bank.
 3. Through our Two Generation Innovation Grant from DECAL – Georgia Northwestern Technical College student who are also parents are taking Parenting Success classes through a 12-week virtual class developed by Kennesaw State University's Child and Family Program. Student/Parents are also being offered virtual Family Community Learning session in collaboration with Georgia Public Broadcasting/PBS Kids. The sessions are called 'Ready, Jet, Go!' – they are STEM centered, and designed for young children and their parents “to have fun while learning.”
- Contact Info: Suzanne Harbin, Director of Early Childhood Initiative of Northwest Georgia,
p: Office: (706) 275-9117, Cell: (706) 217-7964,
e: Suzanne.harbin@communityfoundationnwgga.org,
w: <https://www.communityfoundationnwgga.org/early-childhood>,
<https://www.earlychildhoodinitiativenwgga.com/>

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Friends of Refugees Refugee Family Literacy Program

- Due to COVID19, regular in-person programming has shifted to support refugee families with literacy and health education in their homes. For an update on how the Refugee Family Literacy Program is staying connected with their families and how you can help, check out their [Fall 2020 Newsletter](#)
- Contact Info: Jennifer Green, Director, Refugee Family Literacy Program, Friends of Refugees, p: (678) 651-1007, Ext. 5, e: jennifer@friendsofrefugees.com, w: refugeefamilyliteracy.com, <https://www.facebook.com/refugeefamilyliteracy>

Georgia Early Education Alliance for Ready Students

- GEEARS is a nonprofit organization operating to inspire and provide leadership for a statewide movement on quality early learning and healthy development for all children ages birth through five. GEEARS was established in 2010 to help business, civic and government leaders maximize the economic return on the state's investments in early care and learning. Check out [GEEARS' One Pager](#) to learn more about how they advocate for Georgia's youngest children.
- Convened by GEEARS, [the Georgia Infant-Toddler Coalition](#) seeks to advance the health, social, intellectual, and emotional well-being of infants and toddlers across Georgia. To view the Coalition's 2021 policy priorities, [click here](#).
- For additional resources, please visit - <https://geears.org/>
- Contact Info: Callan Wells, Health Policy Manager at GEEARS, e: cwells@geears.org, w: <https://geears.org/>

Georgia Health Policy Center, Center of Excellence for Children's Behavioral Health

- [IDT Prevention/Early Intervention Workgroup](#) seeks to provide oversight to the System of Care strategic plan activities focused on promoting, preventing, and treating the social-emotional health of families in Georgia by expanding access to services that target children from birth to age four.
- [ACF Early Head Start Research Project](#) - In 2020, the COE was awarded a grant from the Administration for Children & Families to conduct a research study on Early Head Start (EHS). This project is national in scope and uses the Baby FACES 2018 data set. An important component of EHS is connecting families to services outside of the early care and learning setting. The COE study focuses on referral-making processes and referral connections made among children and families who are at-risk within EHS programs.
- New issue brief series on building systems of care for early childhood mental health
 - The first issue brief, published in October 2020, addresses the workforce: [Infant and Early Childhood Mental Health Systems and Supports Developing the Workforce](#).
 - The second issue brief, published in November 2020, addresses financing: [Infant & Early Childhood Mental Health Systems and Supports: Financing](#)
- For additional resources and briefs, please visit the [Center's Infant & Early Childhood Systems page](#).

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Get Georgia Reading

- Get Georgia Reading is a collaboration of more than 100 public and private partners that are finding new ways of working together across Georgia, across sectors, across agencies and organizations, and across the early years and early grades, using data to inform decision making, so that all children in Georgia become proficient readers by the end of third grade.
- [PBIS Early Learning Toolkit](#) features materials that illustrate what a positive learning climate looks and feels like; demonstrate how to apply positive learning climate practices in everyday classroom scenarios; and build the capacity of educators to structure positive learning environments that prevent challenging behaviors from occurring and set the stage for social-emotional learning.
- For additional resources, please visit - <https://getgeorgiareading.org>

Healthy Mothers Healthy Babies Coalition of Georgia

- Healthy Mothers, Healthy Babies Coalition of Georgia and Postpartum Support International, Georgia Chapter has partnered together to provide peer support groups for pregnant and postpartum women to both identify and manage emotional needs. The groups are currently held virtually and free to any Georgia mother who is currently pregnant or recently had a baby. [CLICK HERE](#) to learn more.
- Healthy Mothers, Healthy Babies Coalition of Georgia is currently seeking mentors for the Building Perinatal Professionals (BPSP) Cohort III! BPSP is designed to have Certified Doulas serve as mentors to guide, support, and inspire scholars. The goal of the mentors will be to help the BPSP participants develop the attitudes and skills needed to become successful in their chosen profession. Mentorship will begin in April 2021 and continue until February 2022. We will be accepting applications until April 5th, 2021.
- Join Healthy Mothers, Healthy Babies Coalition of Georgia at the 5th Annual Inspiring Mothers of Georgia Awards to be held virtually on April 25, 2021 from 1 - 3:30 PM. [CLICK HERE](#) to learn more.
- Pickles & Ice Cream Georgia® (P&I) is Healthy Mothers, Healthy Babies Coalition of Georgia's Perinatal Education Program that includes in-person sessions and a dynamic online platform aimed at educating and empowering women & their families during the perinatal period. P&I has regularly updated articles, videos, quizzes, blog posts to meaningfully engage pregnant and postpartum families in Georgia. The P&I website also offers referral guides and toolkits available for providers and childbirth educators who need Georgia-specific maternal health resources. Visit us today at www.picklesandicecreamga.org
- Contact Info: Ky Lindberg, Executive Director, Healthy Mothers, Healthy Babies Coalition of Georgia, p: 678-302-4014 | 248-508-2770, e: ky.lindberg@hmhbga.org. w: www.hmhbga.org

Kids Count Data Center

- KIDS COUNT is a project of the Annie E. Casey Foundation and a premier source of data on children and families. Each year, the Foundation produces a comprehensive report — the [KIDS COUNT Data Book](#) — that assesses child well-being in the United States. The indicators featured in the Data Book are also [available in the Data Center](#).
- For the latest Georgia KIDS COUNT data, please [click here](#).
- For additional resources, please visit - <https://datacenter.kidscount.org/>

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Reach Out and Read Georgia

- Reach Out and Read Georgia gives young children a foundation for success by incorporating books into pediatric care and encouraging families to read aloud together. With 170 medical program sites at hospitals, clinics and doctor's offices across Georgia, we provide more than 130,000 children and their families in 61 counties with free books and resources that promote early childhood literacy.
- For example - Reach Out and Read Georgia partners with the Refugee Pediatric Clinic in Clarkston at DeKalb DPH to provide books up to 26 languages for refugee families.
- For additional information and resources, please visit [Reach and Read Georgia](#)

Resilient Georgia

- If you are interested in available Trauma Informed and ACEs prevention training opportunities for Early Care Settings, please visit our [Trauma Informed Training Road Map](#)

Rollins Center for Language and Literacy Cox Campus

- [Cox Campus'](#) free interactive courses and tools are designed to equip any adult interacting with children—from birth through age nine—in ways that support language and literacy development.
- With lessons on brain architecture and toxic stress, the “Build My Brain” course connects the science of early childhood development to work in early childhood education, public health, and social services. This three-lesson course, which includes scientific content from the Center on the Developing Child, is open to the public and is available through Cox Campus and Read Right from the Start, a program of the Rollins Center for Language & Literacy. [View Build My Brain and other relevant training modules on this page.](#)

Voices for Georgia's Children

- A nonprofit child policy and advocacy organization advancing laws, policies, and actions that improve the lives of Georgia's children.
- Read more about their work focused on providing Georgia's children, ages 0 to 5, [A Solid Start](#), including informative up to date factsheets such as [Building Blocks of Brain Development](#), [Quality Early Learning in Georgia](#), [Economics of Early Care](#), [Childcare and Parent Services](#), and more.
- Voices for Georgia's Children conducts daily interviews with several Georgia State Representatives in their "What's in it for kids?" Important Conversations with Georgia Lawmakers informative video segments. In this edition of What's in It for the Kids? Important Conversations with Georgia's Lawmakers, [Rep. Katie Dempsey talks about infant and toddler mental health.](#)
- For additional resources, please visit - <https://georgiavoices.org/>

ZERO TO THREE

- The ZERO TO THREE Policy Center is an independent, non-partisan research-based voice that educates the public and political leaders about the unique developmental needs of babies and toddlers.
- Check out their [Infant and Early Childhood Mental Health webpage and resources here.](#)
- For additional resources, please visit - <https://www.zerotothree.org/>

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Early Childhood (0-5 years) Favorite Books Compilation & Donation Drive
(shared by participants in chat during meeting group activity)

Thank you so much to all our meeting attendees for enthusiastically participating in our group activity to recall and share a favorite book that you loved reading when you were 0 to 5 years old, or a book that you and a little one in your life thoroughly enjoy reading together!

Resilient Georgia has purchased and donated used copies (in excellent condition; in an effort to be kind to our planet) of each of the books shared by our meeting attendees to support three early childhood literacy efforts across Georgia –

- Atlanta - Black Child Development Institute [Literacy Programs \(Read to Succeed, Early Literacy Super Saturdays, Early Literacy Institute, Mayor's Summer Reading Club\)](#)
- Clarkston - Friends of Refugees [Refugee Family Literacy](#)
- Dalton - Early Childhood Initiative of Northwest Georgia [Community Literacy Model](#)

In addition, we have purchased & shipped new copies of books from a fantastic local organization that works that works with children in our community to write and publish books
<https://www.youngauthorspublishing.org/>

A heart felt thank you to Dr. Lucky Jain, for his spontaneous and generous \$500 donation in support of our 0- to 5-year-old children's favorite books donation drive! We are so grateful! Dr. Jain, MD, MBA serves as Chief Academic Officer, Children's Healthcare of Atlanta, George W. Brumley Jr. Professor and Chair of the Department of Pediatrics at the Emory School of Medicine and Executive Director of the Emory + Children's Pediatric Institute.

Resilient Georgia has utilized all of the funds collected towards this cause. If anyone would like to support this effort with supplementary funds, we have additional partner organizations that would greatly appreciate books towards their early literacy efforts. Please send a check to 'Resilient Georgia' at 5170 Peachtree Road, Building 100 Suite 400, Atlanta GA, 30341. Thank you so much for your contribution!

1. "Ada Twist, Scientist" by Andrea Beaty
2. "All the World" by Liz Garton Scanlon
3. "Amazing Peace" by Maya Angelou
4. "Ameila Bedila" by Peggy Parish
5. "Anti-Racist Baby" by Ibram X. Kendi
6. "Arnie The Doughnut" by Laurie Keller
7. "Bear Wants More" by Karma Wilson
8. Berenstain Bears Series by Stan and Jan Berenstain
9. "Best Little Word Book Ever" by Richard Scarry
10. "Bike Lesson, The" by Stan and Jan Berenstain
11. "Busy Town, Busy People" by Richard Scarry

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12. "Chicka, Boom" by Bill Martin, Jr. And John Archambault
13. "Chrysanthemum" by Kevin Henkes
14. "Corduroy" by Don Freeman
15. "Counting on Community" by Innosanto Nagara
16. Curious George Series by H.A. Rey and Margaret Rey
17. "Edward the Emu" by Sheena Knowles
18. "Filipino Children's Favorite Stories" by Liana Romulo
19. Frog and Toad Series by Arnold Lobel
20. "Giving Tree, The" by Shel Silverstein
21. "Go Dog, Go!" by P.D. Eastman
22. "God's Dream" by Archbishop Desmond Tutu
23. "Good Dog Carl" by Alexandra Day
24. "Good Night Bunny" by Lauren Thompson
25. "Good Night Moon" by Margaret Wise Brown
26. "Green Eggs and Ham" by Dr. Seuss
27. "Guess How Much I Love You" by Sam McBratney
28. "Hair Love" by Matthew A. Cherry
29. "Harold and the Purple Crayon" by Crockett Johnson
30. "Hooray for Fish" by Lucy Cousins
31. "Humphrey's Bedtime" by Sally Hunter
32. "I Love You Because You're You" by Liza Baker
33. "I Love You to the Moon and Back" by Tim Warnes
34. "It's Okay to be Different" by Todd Parr
35. "It's Time for Bed" by Mem Fox
36. "Little Blue Truck, The" by Alice Schertle
37. "Little Engine That Could" by Watty Piper
38. "Love You Forever" by Robert Munsch
39. "Madeline" by Ludwig Bemelmans
40. "Million Chameleons, A" by James Webb Young and James Young
41. "Miss Spider's Tea Party" by David Kirk
42. "On the Night You Were Born" by Nancy Tillman
43. "Pajama Time" by Sarah Boynton
44. "Paper Bag Princess" by Robert Munsch
45. "Pat the Bunny, Curious George" by H.A. Rey and Margaret Rey
46. "Pippy Longstocking" by Astrid Lindgren
47. "Please, Baby Please" by Spike Lee and Tonya Lewis Lee
48. "Poky the Little Puppy" by Janette Sebring Lowrey
49. "Rainbow Fish" by Marcus Pfister
50. "Riley the Brave" by Jess Sinarski
51. "Runaway Bunny, The" by Margaret Wise Brown

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52. "Seven Silly Eaters" by Mary Ann Hoberman
53. "Snug House, Bug House" by Susan Schade
54. "So Much" by Trish Cooke
55. "There's A Monster at the End of This Book" by Tom Fletcher
56. "Upsy-Daisy Baby" by Susan Hughes
57. "Very Hungry Caterpillar, The" by Eric Carle
58. "What Do You Do with An Idea?" by Kobi Yamada
59. "Where the Wild Things Are" by Maurice Sendak
60. "Wherever You Are: My Love Will Find You" by Nancy Tillman
61. "Whose Knees are These?" by Jabari Asim
62. "Wild Symphony" by Dan Brown

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