

REACH INSTITUTE'S "PPP" PROGRAM OPPORTUNITY

Patient-Centered Mental Health in Pediatric Primary Care

MAY 19 – 21, 2023

What is REACH?

- **Resource for Advancing Children's Health** ("REACH") Institute
- Nonprofit founded to ensure the most effective, scientifically proven MH care reaches all children and families.
- Offers MH training program for PCPs called the **Patient-Centered Mental Health in Pediatric Primary Care ("PPP") Program**.
- Has transformed practices of 4,000+ primary care clinicians ("PCCs"), enabling them to deliver timely and effective primary care-based MH services to children and families.



PPP Program Description

1. Interactive Course

16.25-hour, in person, interactive course that builds skills + confidence treating pediatric behavioral health problems

2. Case-Based Learning

6-month, virtual case-based learning program in which small groups of PCCs meet with PPP faculty 2x monthly for 1-hour video conferences to discuss challenging cases + apply skills learned.

Additional Components

- Participants earn up to 29.75 CME credits.
- Multidisciplinary teachers: 2-3 primary care clinicians (or developmental-behavioral peds) and 1-2 child and adolescent psychiatrists (CAPs).
- Based on basic behavior change science, so greater impact on practice change and PCC effectiveness than more "typical" CMEs/ad hoc phone consultation programs.



Register for this program at surveymonkey.com/r/YS5

PPP Program: Benefits

Cost Savings

- After PPP, primary care-delivered BH services reduce costs by ~\$150/child/year for children across a panel, or by \$1600/child/year for higher-end diagnoses.
- With typical caseloads (e.g., 50 kids with ADHD), \$6k saved per prescriber per year.
- Over five years, PPP-trained providers saved nearly \$16k each due to fewer emergency + inpatient visits.

Increased Income

PPP teaches optimal coding and billing, sparking practice income to increase \$12-15k/year.

Time Savings

Average ambulatory wait times and lengths of stay significantly reduced. (33 days post-training vs. 55 days pre-, and 144 day stays post- vs. 198 days pre-)

Patient Preferred

Families prefer services by PPP-trained providers.

Improved Staff Morale

Reduced frustration due to unavailable specialty BH services (or families unable to follow thru with specialty referrals).

Expected PPP Outcomes

1. **Provider confidence and comfort gains** for pediatricians/PCCs treating MH + BH conditions.
2. **Expanded care** Brief interventions by pediatric practices for their patients.
3. **Improved patient/family engagement + satisfaction.**
4. **Improved provider and staff satisfaction** and decreased burnout.
5. **Decreased emergency visits** for MH + BH concerns.
6. **Improved patient compliance** with treatment plans.
7. **Reduced costs, increased revenue:** Major cost savings and revenue increases for practices and systems throughout GA.



PPP significantly increased my confidence treating MH conditions in pediatric patients. I've seen them transform as they get help they need, without having to wait months to see a psychiatrist. They each come back a different person. This program has been life changing for my practice.

— Priya Thomas, MD, FAAP



PPP significantly improved my ability to counsel kids, parents, and other caregivers about BH challenges. The 6-month consults connected me to a network of PCPs and other experts. I feel supported and confident that my patients receive the most up to date care. I highly recommend this program to anyone who provides healthcare to children and teens.

— Evan Brockman, MD, MPH, FAAP in Metro ATL

