



What: Resilient Georgia General Meeting – Questions and Answers and Resources Shared in Zoom Chat

When: August 11, 2022, from 11:00 - 12:30

Who: 255 Resilient Georgia Partners and Stakeholders

Recording Link: <https://www.youtube.com/watch?v=S9KIC7lz4p4>

Meeting Overview

[Resilient Georgia](#) has been working with [16 regions](#) encompassing 120 Georgia counties to provide an emphasis on trauma-informed awareness and care, Adverse Childhood Experiences (ACEs) and child sexual abuse prevention training as a basis to transform systems and procedures crossing both public and private sectors.

- The August 11th General Meeting showcased Round 1 regional coalitions based out of Athens, Augusta, Macon, Savannah, and surrounding areas and Round 3 regional coalitions based out of Clayton, Cobb, Gwinnett, and Valdosta and surrounding area.
- All 16 coalitions are deeply engaged in their work to address the behavioral health needs of individuals birth through 26 years old and families in their communities. They engage with 12 different professional and community sectors and use essential tools such as education/teaching/training, workforce development, policy strengthening, practice research, and evaluation using the collective impact framework.
- For this showcase, we asked the eight regional coalitions in Rounds 1 and 3 to focus on **one BIG idea**. Coalitions shared their most impactful, innovative, and/or exciting program or element of their work.

Q&As Discussed During 8/11 Meeting Zoom Chat

Bringing Partners Together

Resilient Gwinnett, PACES Roundtable

County served by Resilient Georgia Regional Coalition: Gwinnett

Presenter: Kamesha Walker, Community Health Program Manager, Gwinnett Coalition, kamesha.walker@gwinnettcoalition.org, (770) 288-9201.

Learn more about Resilient Gwinnett: Visit their Resilient Georgia [coalition webpage](#) or the [Resilient Gwinnett website](#). Follow them on [Instagram](#) and [Facebook](#) @GwinnettCoalition. You may also be interested in registering for one of Resilient Gwinnett's [upcoming trainings](#).

Summary: The PACES Roundtable convened public and private institutional stakeholders responsible for the health, safety and education of children and youth in Gwinnett County to explore community response at the systems level. County leaders assessed the current condition of children and youth

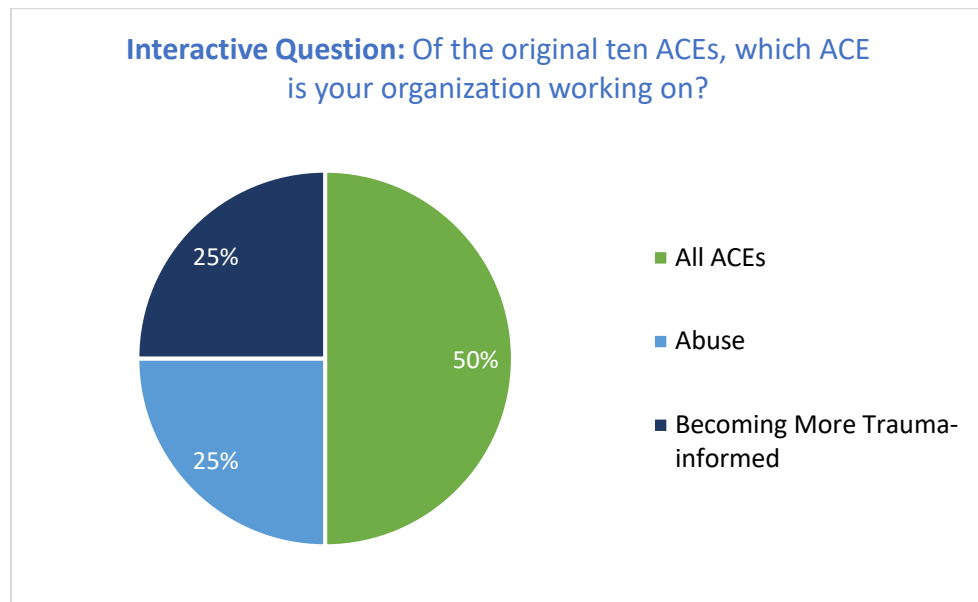
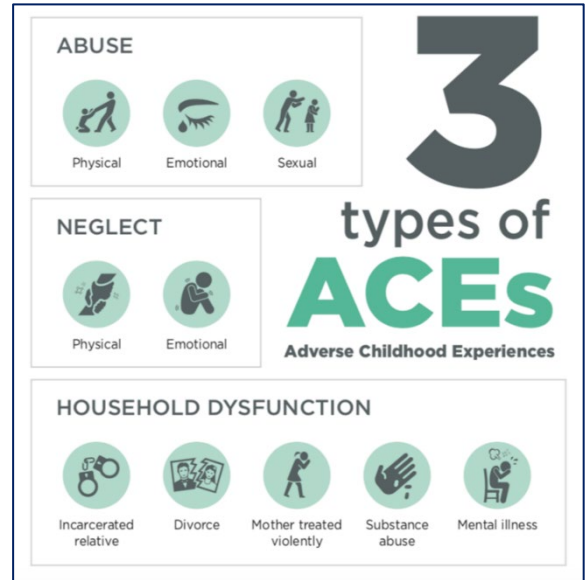
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relative to key resiliency factors and identified strengths and gaps in ACEs prevention and response. Next steps include creating a strategic plan that addresses the gaps identified in Roundtable activities.

Question:

1. Will you please send out a digital copy of this ACES handout from Gwinnett?
 - Yes, the infographic has been added here, to the right. It shares the ACEs from the landmark [CDC-Kaiser ACE study](#) and ACEs within the household realm. Other realms include the community and environment.
 - Check out Resilient Georgia’s [Adverse Childhood Experiences \(ACEs\) Prevention Learning Card](#) to read more about the three realms.
 - For more fast facts, visit CDC’s [Preventing Adverse Childhood Experiences webpage](#).



Resilient Coastal Georgia, Handle with Care

Counties served by Resilient Georgia Regional Coalition: Bryan, Chatham, and Effingham

Presenter: Lizann Roberts, Executive Director, Coastal Georgia Indicators Coalition, Director.cgic@gmail.com, (912) 507-2036.

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Learn more about Resilient Coastal Georgia: Visit their Resilient Georgia [coalition webpage](#) and visit [Resilient Coastal Georgia's new website](#). You can also connect with Resilient Coastal Georgia on [YouTube](#) and [Facebook](#).

Summary: Handle with Care (HWC) involves a trauma-informed collaboration between local law enforcement and schools. The program aims to provide in-school support for children who have witnessed a traumatic experience. With the help of an app, the police officer on scene notifies the child's school that the child has experienced a traumatic event. Trauma-informed trained school staff respond to the student's needs within the classroom, and additional on-site mental healthcare is available if needed. HWC is being expanded to 11 coastal counties and is being implemented by all Round 1 regional coalitions as well as coalitions in other rounds.

Questions:

1. Any opportunity to notify child's medical home too?
 - HWC connects local law enforcement to schools and does not connect to a child's medical home.
 - The [West Virginia Center for Children's Justice](#) developed HWC. According to their model, the child's medical home is not notified.
 - Read [this article on the Administration for Children and Families website](#) to learn more about HWC.
2. How much does it cost to implement Handle with Care for a community?
 - There are no direct costs associated with implementation of Handle with Care. Learn more about the implementation requirements on the West Virginia Center for Children's Justice [model of fidelity](#) webpage.
 - Resilient Coastal Georgia allotted funds for additional trauma-informed training for relevant school and law enforcement staff.
 - Search the Resilient Georgia [Training Roadmap](#) for a comprehensive list of trauma-informed trainings.
3. I wonder if you believe it's easier to get first responders or school systems on board. Where do you suggest starting?
 - Eagerness to implement Handle with Care will likely vary by organization, community, and/or region.
 - The first step to bringing Handle with Care to your county is to engage with stakeholders including staff from schools, law enforcement, mental health, child protective services, childcare services, and others. [This resource](#) includes other sectors to reach out to and a template invitation letter to a stakeholder meeting.
 - A convenor can also help facilitate a collaboration by persistently reaching out to both local law enforcement and school partners.
4. Does Handle with Care follow students as they promote grades/change schools?
 - HWC is not recorded in a student's permanent record, and it does not follow them as they change schools.

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Engaging and Empowering Youth

Greater Valdosta United Way, Mental Health Symposium

Counties served by Resilient Georgia Regional Coalition: Atkinson, Berrien, Brooks, Clinch, Cook, Echols, Lanier, and Lowndes

Presenter: Michael Smith, Executive Director, Greater Valdosta United Way, msmith@unitedwayvaldosta.org, (229) 242-2208.

Learn more about Greater Valdosta United Way: Visit their Resilient Georgia [coalition webpage](#) and the [Greater Valdosta United Way website](#). Follow them on [Instagram](#) and [Facebook](#) @greatervaldostaunitedway.

Summary: In June 2022, Greater Valdosta United Way hosted a Sports & Mental Health Takeover that featured sports celebrities Jumaine Jones, Lamar Odom, Joe Smith, Anthony Smith, Otis Nixon, and Quincy Carter. The celebrities spoke to students about childhood experiences that led to depression and alcohol use to raise awareness and destigmatize talking about mental health. The Takeover also included a mental health panel discussion, a youth sports camp, and a celebrity basketball game.

Sports & Mental Health Takeover Media Coverage:

- ⇒ [Former Pros Join Local Coaches to Discuss Mental Health](#)
- ⇒ [Jumaine Jones Basketball Camp](#)
- ⇒ [Former NBA Player Spreads Love to Azalea City](#)
- ⇒ [Local Stars Dazzled on The Hardwood in The Sports & Mental Health Takeover Celebrity Game Saturday at Valdosta High School](#)
- ⇒ [Azalea City to Host Celebrity Basketball Game for Mental Health](#)

Questions:

1. How is 988 working for the Valdosta area?
 - 988 is the new dialing code that will route callers to the National Suicide Prevention Lifeline.
 - If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat www.988lifeline.org.
 - Greater Valdosta United Way has been sharing 988 widely. They recently co-sponsored [United2Prevent's 5K](#) run. The event promoted suicide awareness, prevention, and resources like 988. They have also sponsored a radio spot and are developing a billboard campaign to promote 988.
 - Karen Yawn with [The Haven](#) in Valdosta stated, "We have been actively getting the information out for 988. I hope that it is working, I know I have provided the information to several partners as well as participants that have needed help."
 - Read more about 988 on Resilient Georgia's blog post, "[988 is the new suicide and crisis lifeline](#)," or visit <https://988ga.org/> for information about the rollout of 988 in Georgia.

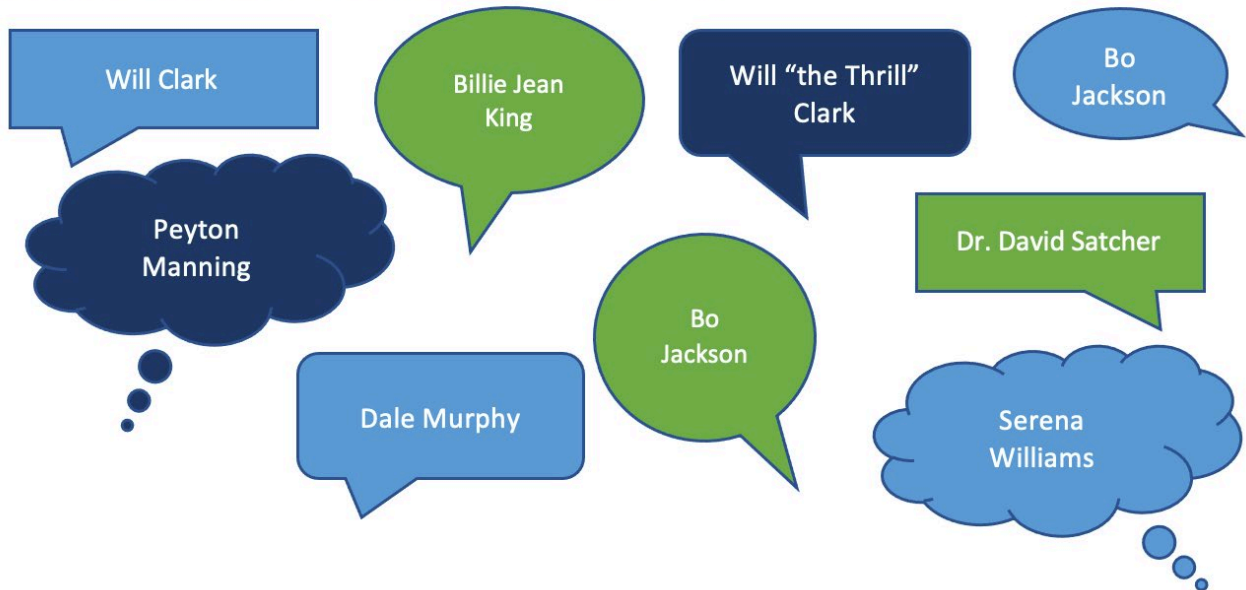
2. Have you seen secondary effects with the children's families?

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- Greater Valdosta United Way is currently updating their evaluation and performance measures to determine strategies for assessing increases in participant knowledge and awareness of ACE's, mental health, suicide prevention, and human trafficking.
- Secondary effects on children's families have not been assessed, but Great Valdosta United Way plans to build on their Sports and Mental Health programming to engage with families and schools.

Interactive Question: Who was your childhood icon or hero?



Resilient Communities of East Georgia, Resilient Teens

Counties served by Resilient Georgia Regional Coalition: Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Wilkes, Richmond, Screven, Taliaferro, Warren, and Washington

Presenter: Kim Loomer, PhD, Associate Dean, Professor, Psychiatry & Health Behavior, Medical College of Georgia, kloomer@augusta.edu, (706) 721-6110.

Learn more about Resilient Communities of East Georgia: Visit their Resilient Georgia [coalition webpage](#) and their [website](#). Learn about Resilient Teens at the [Resilient Teens website](#). Connect with them on [Instagram](#) and [Facebook](#) @ResilientTeensoftheCSRA. Watch their September 29th Resilient Communities of East Georgia 2022 Summit [video](#).

Summary: When the pandemic hit, medical students in the Augusta region were suddenly unable to acquire rotation and mentorship hours. Meanwhile, local teens were under huge amounts of stress in an area that has already seen a three-year spike in teen suicide rates and attempt-related ER visits. Resilient Georgia's Augusta coalition responded by recruiting medical students to work with teens and discuss mental health, providing medical students with mentorship hours and teens with needed support. The

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Resilient Teens program, now embarking on their fifth cohort, is an after-school virtual learning experience for teens in the 14-county Central Savannah River Area of Georgia. The medical students lead fun activities to help teens learn about mental health and develop skills to cope during stressful events.

Questions:

1. Who are your funding agencies?

- Resilient Communities of East Georgia partners with Resilient Georgia through the regional grantee program. [Sixteen regional coalitions](#) provide an emphasis on trauma informed awareness and care, ACEs and child sexual abuse prevention training as a basis to transform systems and procedures crossing both public and private sectors in 120 Georgia counties. Resilient Georgia is funded through a mix of public and private grants and individual gifts. For the full list of funders please visit our [2021 Impact Report](#).
- In addition to funds from the Resilient Georgia grantee program, Resilient Communities of East Georgia also received in-kind donations/funds from Medical College of Georgia Foundation, Family Connection Region 7, Amerigroup, and the Suicide Prevention Coalition in 2021.
- Individuals and organizations can also sponsor a teen \$500/year and donate tablets or hotspots. To sponsor a teen, please visit the [Resilient Teens Connect webpage](#) or send contributions to the Trauma Informed Care Fund, c/o CSRA Community Foundation, 720 St. Sebastian Way, #160, Augusta, GA 30901.

2. I'm curious about what has surfaced in your Resilient Teens program as common themes.

- In a post-program survey, thirty-five teens in the spring 2021 Resilient Teens cohort shared these top issues as “definitely a problem in my community”: drugs (28), bullying (25), crime (24), suicide (21), youth being neglected (21), youth being abused (20), poverty (20), hunger (17), teen pregnancy (17), and public areas unkempt (17). Thirty-two teens in the spring 2022 cohort identified youth being neglected (25), crime (25), bullying (25), and drugs (25) as problems in their community. They all (100%, 32) indicated that this program helped them to become more aware of community issues and their impact.
- Most teens in the spring 2022 cohort indicated that completing the Resilient Teens Program helped them to better understand, (78%, 25) and express (75%, 24) their feelings. In the pre-program survey, when asked how they express their feelings when they are upset, anxious, or sad, 25% (8) of teens said that they talked to somebody. After completing the program, 41% (13) of teens indicated that they now talk to somebody when they are feeling upset, anxious, or sad. Teens also reported that the program helped them to better understand and/or express their feelings.
- After five cohorts, Resilient Teens has enlisted 100 medical students as mentors in the program. One medical student shared “I think this will help me become a better physician, because physicians need to act as teachers/mentors to our patients and need to sometimes have difficult conversations.”

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Mind Your Mind Speaks is a podcast series from the Cobb Collaborative that brings together subject matter experts and community leaders to help raise awareness, share resources, and inspire action through recorded conversations about mental well-being topics. Find their 30+ podcasts on [Apple Podcasts](#), where you can subscribe to their future podcasts as well.

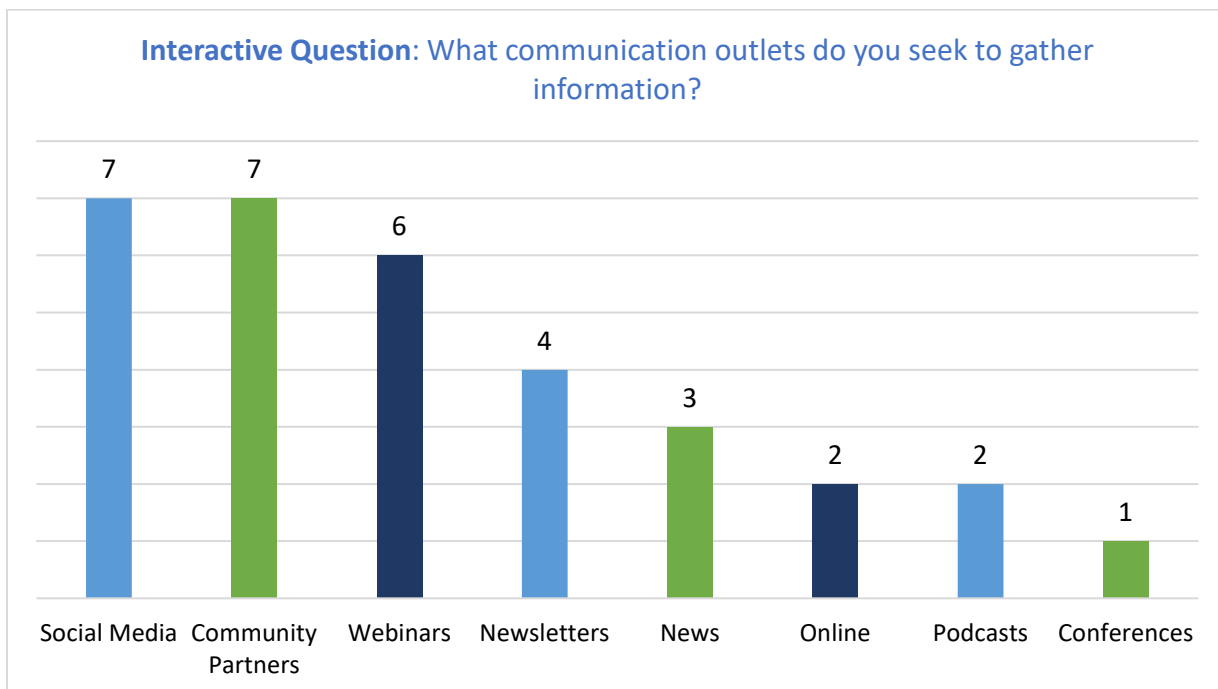
- Learn about Mind Your Mind in [English](#)
- Learn about Mind Your Mind in [Spanish](#)

The Cobb Collaborative website also provides a wealth of information, statistics, and resources related to ACEs and building a more resilient community.

- Read about ACEs in [English](#)
- Read about ACEs in [Spanish](#)

Check out the Cobb Collaborative’s suicide prevention webpage to help you better recognize the warning signs and get connected with available resources.

- The webpage is available in [English](#)
- The webpage is available in [Spanish](#)



Resilient Middle Georgia, Communities in Schools

Counties served by Resilient Georgia Regional Coalition: Baldwin, Bibb, Crawford, Hancock, Houston, Jasper, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs, Washington, Wilkinson

Presenter: Andrea S. Meyer Stinson, PhD, LMFT, CFLE, Associate Professor of Psychiatry & Behavioral Sciences and Associate Professor of Pediatrics, Mercer University School of Medicine, meyer_as@mercer.edu, (478) 301-4039.

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For additional queries: Contact Amanda Juarez, Project Coordinator of Resilient Middle Georgia at resilientmiddlega@gmail.com or (478) 973-0402.

Learn about Resilient Middle Georgia (RMG): Visit their Resilient Georgia [coalition webpage](#) and the [Resilient Middle Georgia website](#), and follow them on [Facebook](#).

Summary: RMG has fostered a three-year partnership with [Communities in Schools of Central Georgia](#), a non-profit organization that aims to empower students to stay in school. Through this partnership, RMG provides [Connections Matter](#) and grief training to Communities in Schools “Empowerment Coaches,” and the coaches offer students trauma-informed support, RMG resilience bags, and RMG emotion wheel magnets. With funding from RMG, Communities in Schools also launched the Building Resilience by Defining Vision project. This project involves assisting children in creating a vision board that “elevates their strengths and amplifies steps toward future goals.”

Question:

1. What's in a resilience bag?

- In [this article](#) from Mercer University's digital publication, Dr. Meyer-Stinson shares that Resilience bags "help connect families with easy tools and resources to help them manage their stress, including journaling materials, deep breathing exercises, mindfulness activities, modeling clay and crayons." The bags also include socioemotional tip sheets and tools for adults and children, like socioemotional learning coloring sheets and journal prompts.
- Resilient Middle Georgia distributed 4,000 bags in 2021 and 1,420 bags in the first 6 months of 2022 between various partners.

Interactive Question: Imagine you are in 7th grade, what would be on your vision board?



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Interactive Question (continued): How would knowing your vision help you day to day at school/home?



Centering Community Needs and Voices

Aligning Community Systems for Resilience Initiative (ACSRI), Adoption Prevention Transformation

County served by Resilient Georgia Regional Coalition: Clayton

Presenter: Jevon Gibson, Senior Advisor, Community Health Solutions, jgibson@chsinnovates.org.

For additional queries: Contact Angel Young, Senior Program Manager of Community Based Initiatives, Georgia Campaign for Adolescent Power & Potential at angel@gcapp.org.

Learn about ACSRI: Visit their Resilient Georgia [coalition webpage](#) and the [ACSRI website](#). ACSRI is a collaborative effort between the [Georgia Campaign for Adolescent Power and Potential \(GCAPP\)](#) and [CHS](#), working with stakeholders from across Clayton County to prevent adverse childhood experiences (ACEs) and trauma. Connect with [ACSRI on Facebook](#) and [GCAPP on Facebook](#) as well.

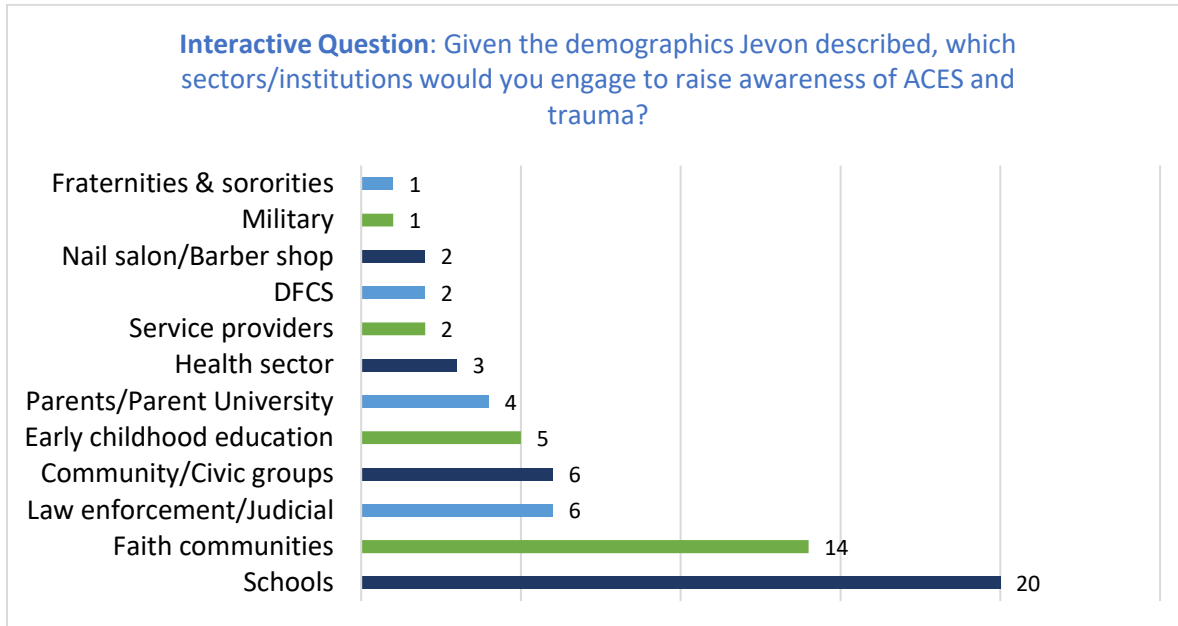
Summary: To address ACEs and trauma and build a more resilient community in Clayton County, ACSRI strategically engages with various sectors including juvenile courts, youth-serving organizations, schools, and faith-based organizations. For example, they will soon provide Connections Matter and Darkness to Light training to probation officers and school resource officers. In partnership with Rainbow House, a local youth serving organization, ACSRI provides Community Resiliency Model training to community members. ACSRI also engaged local faith leaders and youth pastors to soon initiate Connections Matter and Darkness to Light training throughout the local church congregations.

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Question:

1. I'd love to know the source of the quote that was shared.
 - Jevon Gibson shared a quote from a conversation with [Dr. David Satcher](#), 10th Assistant Secretary for Health, and the 16th Surgeon General of the United States.
 - Dr. Satcher said "If a system consistently produces the same output, then that system is designed to produce that output."



Resilient Northeast Georgia, Partnerships with Family Connection Collaboratives

Counties served by Resilient Georgia Regional Coalition: Barrow, Clarke, Elbert, Greene, Jackson, Jasper, Madison, Morgan, Newton, Oconee, Oglethorpe, Walton

Presenter: Meredith Lysaught, Project Manager, Athens Area Community Foundation, projectmanageraacf@outlook.com, (404) 971-8071.

Learn more about Resilient Northeast Georgia: Visit their Resilient Georgia [coalition webpage](#) and the [Resilient Northeast Georgia website](#).

Summary: In the first six months of 2022, Resilient Northeast Georgia built a partnership with Georgia Family Connection Region 5, hosted cross-sector training in Community Resiliency Model and Youth Mental Health First Aid, co-hosted a Second-Chance Employment webinar series, and began planning for their Diversity, Equity, and Inclusion summit. Through strategic, sustainable, and specialized partnerships, Resilient Northeast Georgia has been able to make an impact across the region.

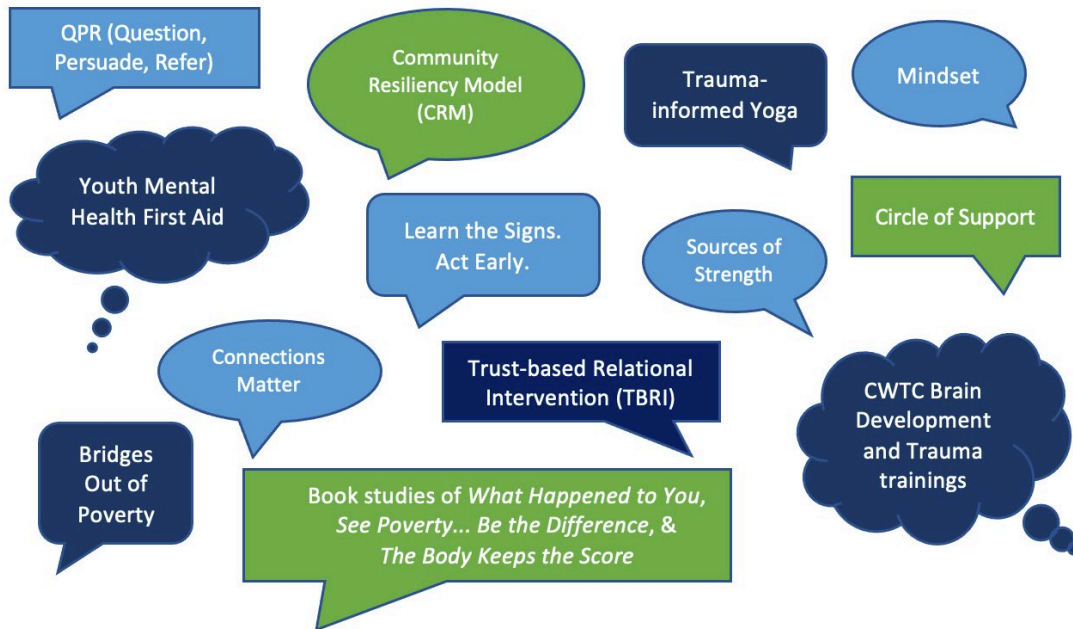
This [June 2022 Summit Data Report](#) describes their summit **Stronger Together: Building a Trauma-Informed Northeast Georgia** which the Athens Area Community Foundation's Resilient Northeast Georgia

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grant cohosted in partnership with Georgia Family Connection Partnership's Region Five. From this event, pre- and post- summit surveys were used to measure changes in knowledge and attitudes, useful regional resources, and ways that the Resilient Northeast Georgia Coalition can lead and support trauma-informed efforts.

Interactive Question: What trainings or resources have you interacted with in the past that you'd recommend for use in our region's next steps?



Additional Resources Shared During 8/11 General Meeting Zoom Chat

1. [Resilient Georgia](#)

- Find previous meeting agendas, slides, and recordings on our [General Meetings page](#). Information about upcoming meetings is also available here.
- View a comprehensive list of trauma-informed training opportunities on our [Training Roadmap](#).
- Our [concept learning cards](#) illustrate six key terms: Adverse Childhood Experiences, Early Brain Development, Positive Childhood Experiences, Toxic Stress, Resilience, and being Trauma Informed in your communities. The cards are also available in Burmese, Chinese - Traditional, Chinese - Simplified, Gujarati, Hebrew, Hindi, Korean, Portuguese, Spanish, and Vietnamese!
- Check out our [Summer 2022 Regional Grantee Summary Report](#) to learn more about the great work of all the Resilient Georgia [regional coalitions](#).
- Our [Statewide Advocacy Page](#) includes a document developed by our partners at the Georgia Mental Health Policy Partnership that outlines the Georgia Mental Health Parity

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Act, the law's requirements for agencies and departments, as well as other useful documents.

- Check out our [2021 Impact Report](#) to learn more about the impact Resilient Georgia made in 2021.

2. [Handle with Care](#)

- Shared by Tiffany Sawyer, Director of Prevention Services, [Georgia Center for Child Advocacy](#).
- Handle with Care Model: If a law enforcement officer encounters a child during a call, that child's information is forwarded to their school before the bell rings the next day. The school implements individual, class and whole school trauma-sensitive curricula so that traumatized children are "Handled with Care". If a child needs more intervention, on-site trauma-focused mental healthcare is available at the school.

3. [Find Help Georgia](#)

- Shared by [Jennifer Stein](#), Executive Director, [Prevent Child Abuse Georgia \(PCA\)](#), Mark Chaffin Center for Healthy Development
- Find Help Georgia is an easy way for residents to get connected with help, based on a comprehensive directory of local resources intended to help strengthen families.
- Help seekers can search by ZIP code or speak directly with a resource specialist by phone or online chat to locate resources near them.
- If you are a social care provider, visit the [First Steps for Providers](#) webpage to learn how to create a free account and add your organization as a resource.
- Visit the [FindHelpGA.org training center](#) to access a series of free trainings that will help you learn how to use the tools available through the platform.

4. [Community Resiliency Model - Georgia](#)

- Shared by [Linda Grabbe](#), PhD, FNP, PMHNP (Community Resiliency Model teacher, Emory University).
- Community Resiliency Model (CRM) is a unique self-care program from the [Trauma Resource Institute](#) that teaches individuals how to access their own internal strengths to withstand stress.
- [CRM Georgia](#) aims to build an overarching program of positive health and well-being in the State of Georgia through CRM training of providers and community members, capacity building with community partners, and expansion of CRM's evidence base.
- Email Linda Grabbe at lgrabbe@emory.edu for information about Spanish-language Community Resiliency Model training.

5. [Dr. David Satcher](#)

- Shared by [Callan Wells](#), Health Policy Manager, [Georgia Early Education Alliance for Ready Students \(GEEARS\)](#).
- Dr. Satcher is the Founding Director and Senior Advisor of the Satcher Health Leadership Institute, Community Health & Preventive Medicine.

6. [Talk Saves Lives](#)

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- Shared by Alloceia Hall, Community Collaborator for the Mobile Crisis Response Team, [Behavioral Health Link](#).
 - Talk Saves Lives is a community-based presentation that covers the general scope of suicide, the research on prevention, and what people can do to fight suicide.
 - Talk Saves Lives and other wellness outreach classes are available through [Mental Health America of Georgia](#).
7. [Learn the Signs. Act Early](#).
- Shared by Bridget Ratajczak, Georgia Department of Early Care and Learning and [Georgia Act Early Ambassador](#).
 - The Centers for Disease Control and Prevention's (CDC's) [Learn the Signs, Act Early](#) program aims to improve early identification of children with autism and other developmental disabilities so children and families can get the services and support they need as early as possible.
 - In Georgia, the program is being coordinated through an ambassador-led team. As the [current ambassador](#), Bridget Ratajczak collaborates with multiple state partners to understand the impacts of COVID-19 on parent-engaged developmental monitoring, developmental and autism screening, intervention referrals, and receipt of early intervention services for children birth to 5.
 - Contact Bridget Ratajczak for more information at Bridget.ratajczak@decal.ga.gov.
8. [Social media posts warn people not to call 988. Here's what you need to know](#).
- Shared by [Jennifer Jaremski](#), Research Associate, Augusta University, Institute of Public and Preventive Health.
 - This National Public Radio news article identifies concerns about the 988 Suicide and Crisis Lifeline that have been shared on social media. It also provides more information about the lifeline and highlights alternative resources that are available for individuals who may not feel comfortable utilizing 988.
 - One common critique of 988 is that users' geolocation will be routed to law enforcement. However, this claim is false. Learn more on Resilient Georgia's blog post, "[988 is the new suicide and crisis lifeline](#)."
9. [eTransX](#)
- eTransX offers a shared community information systems platform to support regional ACES PACES coordination efforts.
 - Email Richard Taylor, Vice President of eTransX at rtaylor@etransx.com for more information.
10. [Georgia Family Connection](#)
- Mentioned by Sandra Thompson, LPC, Manager of Behavioral Health at [CareSource](#), and Brandy Tolbert, Director of [Literacy Alliance](#).
 - Georgia Family Connection is a statewide network dedicated to the health and well-being of families and communities. They empower communities in 159 counties to craft local solutions based on local decisions. Visit their "[What We Do](#)" webpage to learn more.

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