

REGIONAL GRANTEE SUMMARY REPORTS

FALL 2023

Resilient Georgia is a statewide coalition of public-private partners building a more resilient, trauma-informed Georgia.

- Preventing ACEs
- Healing Adversity
- · Promoting Resilience



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ABOUT

Aligning efforts and resources across Georgia that promote resiliency and healing.

Resilient Georgia is a statewide coalition of more than 900 partners and stakeholders committed to building a stronger, more resilient Georgia.

Through a network of public and private partners, Resilient Georgia is creating a pipeline of traumainformed behavioral health services and resources that support child and family wellness. This integrated system includes prevention, early intervention, research, advocacy and policy, and System of Care implementation and coordination.



Building a Collaborative Georgia.

Building a <u>Trauma-Informed</u> Georgia.

Building a <u>Resilient</u> Georgia.

Links

Resilient Georgia website Resilient Georgia Facebook Resilient Georgia Instagram Resilient Georgia LinkedIn

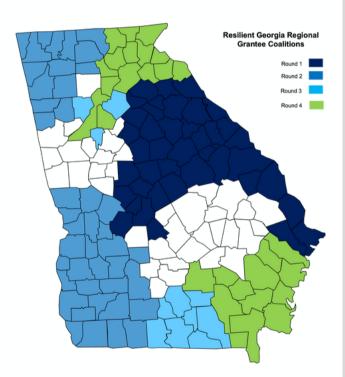
Contact

Email: info@resilientga.org Phone: (678) 940-1431

GRANT PROGRAM OVERVIEW

Our mission at Resilient Georgia is to lead a **state-wide coalition** to develop a trauma-informed public and private network working toward a united vision to create a birth through 26-year-old **integrated behavioral health system**. This includes the use of essential tools such as education/teaching/ training, workforce development, policy strengthening, practice research, and evaluation using the collective impact framework.

Resilient Georgia has been working with 16 regions across Georgia to provide an emphasis on trauma-informed awareness and care, Adverse Childhood Experiences (ACEs) and child sexual abuse prevention training as a basis to transform systems and procedures crossing both public and private sectors.



HEALING ADVERSITY.
PROMOTING RESILIENCY.
PREVENTING ACES AND TRAUMA.
INTERVENING EARLY.
IMPROVING CARE.
INCREASING AWARENESS.
REDUCING STIGMA.
IMPROVING BRAIN DEVELOPMENT.

Trauma-informed care, ACEs and child sexual abuse prevention can be the basis for systemic changes in a community. Each region has identified how one or more of these content areas are delivered to diverse community members through formal training, education, marketing and communications.

- Round 1 Grants: Awarded in November 2019, to regional coalitions based out of Athens, Augusta, Macon, Savannah, and surrounding areas.
- Round 2 Grants: Awarded in July 2020, to regional coalitions based out of Albany, Columbus, Rome, Thomasville, and surrounding areas.
- Round 3 Grants: Awarded in March 2021, to regional coalitions based out of Clayton, Cobb, Gwinnett, Valdosta, and surrounding areas.
- Round 4 Grants: Awarded December 2021, to regional coalitions based out of Atlanta, Brunswick, Gainesville, Waycross, and surrounding areas.

In their third year, regional coalitions bolster their work to create bold, systemic, sustainable change in consistent ways across statewide issues, to affect policy, systems and environmental (PSE) change and incorporate a Justice, Equity, Diversity, and Inclusion (JEDI) lens in their action plans.

RESILIENT NORTHEAST GEORGIA

The Resilient Northeast Georgia (RNEGA) fund, administered by the Athens Area Community Foundation, is a regional collaborative of community stakeholders and local leaders working together to build a more trauma-informed northeastern Georgia. Delivered in partnership with each of the Georgia Family Connection collaboratives in their 12-county region of service, the Resilient Northeast Georgia coalition focuses on creating a stronger and more adaptive behavioral health system of care through the development of trauma-informed community infrastructure.

As a coalition, they believe that a trauma-informed behavioral health continuum of care is among the most urgent and important priorities for the Northeast Georgia region. RNEGA is building cross-sector partnerships within each county in the coalition's region of service, working to create a collaborative, interdependent, and innovative network of partners that unites existing and emerging regional resources and initiatives under a common direction.



Mission and Broad Goals

The Resilient Northeast Georgia coalition aims include:

- Cultivating a better understanding of the impacts of trauma and Adverse Childhood Experiences (ACEs) to create a common language and align regional efforts
- Adapting Resilient Georgia's training roadmap to reflect the needs of the region and provide partners with a blueprint for programs
- Working with service providers and county-level partners to identify and deliver evidence-based, trauma-informed programs to prevent ACEs in the birth-26 cohort



Coalition Geographic Service Areas

Barrow, Clarke, Elbert, Greene, Jackson, Jasper, Madison, Morgan, Newton, Oconee, Oglethorpe, Walton

Prevention/ Intervention

- Community Resiliency Model (CRM)

- 600+ trained across 12 counties
- CRM for Kiwanis Summer Camps,Advisory Board, Youth Mentors from UGA, and other community groups

- Piloting Trauma-Informed Mentor Program under DECAL Community Transformation Grant

- Partnership with Athens
 Wellbeing Project, Athens
 Area Community Foundation,
 and Clarke County Mentor
 Program to train UGA Psych
 student mentors in CRM and
 pair with elementary
 students with socialemotional concerns
- Funds 2 school social workers and 2 trauma specialists to be CRM facilitators

- Annual Regional Summits:

- 2022: Strong Together convened regional partners to learn about the impact of trauma across sectors (150+ attendees)
- 2023: Inform Inspire
 Empower Youth Summit included a youth panel and conversations around mental wellbeing (250+ attendees)

Advocacy/Policy

- Second Chance Employment Webinar Series

- Policy-based partnership with Georgia Justice Project
- 109 attendees

- JEDI Summit: Why a Case of DEI?

- Partnered with Minority Business Nonprofit Association (MBNA)
- Raised over \$12,000 for future JEDI work

Mental Health Taskforce created in partnership with Jackson Family Connection

 School-based initiative for youth mental health support

-Family Connection Partnership (FCP) Systems Change Efforts

- Region 5 Family Connection leaders have integrated the RNEGA coalition strategies into their strategic plans
- FCP monthly meeting will allow time every month to further legislation, policy, and systems change measures

Trainings

- Connections Matter Trainings

 Overview of ACEs to improve resiliency & prevent childhood trauma

- Youth Mental Health First Aid Trainings

• 100+ attendees throughout the community

- Business Case for ACEs/CRM Hybrid Training

 Engage employers and local businesses in a discussion of the business case for trauma prevention work and expand CRM into the business community

- Circle of Security Facilitator Training

 Designed for parents and caretakers of children to learn about attachment theory

-Community Resiliency Model (CRM)

Provided training to teachers, social workers, nonprofit professionals, and behavioral health professionals as a part of existing Child Abuse Prevention month programming through the Family Connection

Research/Evaluation/ Other Efforts

- Study on place-based philanthropy submitted to Local Development and Society Journal

- In partnership with Athens
 Area Community Foundation
 and Athens Wellbeing
 Project, entitled "Community
 Wellbeing Through DataInformed Place-Based
 Philanthropy"
- Literature Review on CRM to be submitted to the Journal of the Georgia Public Health Association
 - Manuscript titled
 "Community Resiliency
 Model Training as a Tool for
 Building Public Health:
 Evidence from a Local
 Georgia Training
 Opportunity"

-Eye-catching and informative marketing materals

 Info cards printed to easily share Resilient Georgia Training Roadmap as well as RNEGA region-specific information with QR codes linking to the websites

Links

Resilient Northeast Georgia
Athens Area Community Foundation
Athens Wellbeing Project

- ACCGov Economic Development Department
- Advantage Behavioral Health Systems
- Athens Area Chamber of CommerceAthens Area Community Foundation
- Athens-Clarke County Probation Services
- · Athens Wellbeing Project
- Barrow County Family Connection
- Chosen for Life Ministries
- Center for Interrelational Science and Pediatrics •
- Clarke County Mentor Program
- Clarke County Schools
- · Community Partnership of Elbert County

- Envision Athens
- Family Connection- Communities in Schools of Athens
- · Food Bank of Northeast Georgia
- Georgia Family Connection Partnership
- · Georgia Justice Project
- Georgia State University
- Greene County Family Connection Commission
- · Goodwill of North Georgia
- Jackson County Family Connection Council
- Jackson County Mental Health Taskforce
- Jasper County Family Connection
- Madison Area Resource Team

- Minority Business and Nonprofit Association
- Morgan County Family Connection
- Newton County Family Connection
- Oconee Area Resource Council
- Oglethorpe County Family Connection
- The Partnership for Families, Children, and Youth (Walton)
- · Sole to Soul Therapy & Consulting
- Spencer Bradley Foundation
- Spirit of Sharing
- University of Georgia College of Public Health
- Walton Youth Project

RESILIENT COMMUNITIES OF EAST GEORGIA

The Resilient Communities of East Georgia (RCEGA) coalition focuses its efforts on educating the community on the impacts of trauma and strengthening support for programs and services serving teens in the Central Savannah River Area Regional Commission (CSRA), rural, urban, and suburban areas of the 14-county catchment area. The coalition includes 14 Family Connection County collaboratives, Wellstar Medical College of Georgia Health, Child Enrichment and the Prevent Child Abuse Council, Augusta Locally Grown, the CSRA Foundation, and the Medical College of Georgia Foundation.

The Augusta coalition created and successfully implemented a Resilient Teen program to address ACEs during the pandemic; two virtual cohorts are taught annually, and 398 teens completed the program as of this writing. This program also engaged 177 medical students to deliver the curriculum and guide the teens in the program, impacting the way future physicians will treat their patients. Each of these future doctors will bring a trauma-informed lens to the estimated 10,000 patients they will serve over their career. Additionally, the coalition built strong partnerships throughout the region, held an annual Summit for the past three years, collected data for future endeavors, and created an online presence with their toolkit and website. The RCEGA Coalition also helped support the opening of the Food Farmacy at the Hub in Augusta to target food insecurity in medically underserved hospitalized patients.

Mission and Broad Goals

The mission of Resilient Communities of East Georgia is to create a network of leaders trained on building resiliency in their regions to improve mental health and ACES awareness and resources. This network will empower people to improve the health and well-being across both public and private sectors and transform the East Central region of Georgia. They are committed to respecting individuals' uniqueness varying from racial, ethnic, socioeconomic, and cultural backgrounds and various lifestyles, experiences, and interests. To do so, the coalition is:

- Creating a network of leaders trained on building resiliency in their regions to improve mental health and ACES awareness and resources, helping to transform the East Central region of Georgia
- Including trauma awareness in their annual strategic plan and hosting annual summits
- Building an advisory council that represents their mission, vision, and values and allows them to impact Policy, Environment and Systems changes (PES)
- Advancing the workforce through recruitment, education, and development



Coalition Geographic Service Areas

Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Richmond, Screven, Taliaferro, Warren, Washington, Wilkes

Prevention/ Intervention

- Resilient Teens Programs

- 7 cohorts of an 8-week program that 398+ teens from 14 counties and 170+ medical students have participated
- Data suggests "Resilient Teens" fulfills a need in the catchment area
- Filmed Resilient Teens promotional video

- Resilience Documentary

Screened live, 50+ agencies attended.

- The Food Farmacy

- Intervention addressing chronic disease and food insecurity
- Through prescriptions, access low glycemic index foods, fresh and shelf stable, in a grocery store-like environment
- Nutrition education to underserved populations

- Active and eye-catching social media presence

 Instagram accounts for both Resilient Teens and Resilient East Georgia

Advocacy/Policy

- Formation of the Advisory Council

 Comprised of members from various faith-based and youthserving organizations, and public and private agencies to stratigically improve resiliency across the community

- Handle With Care (HWC)Awareness and Implementation:

- Alerts schools and daycare centers if a child has experienced a trauma so there are appropriate interventions
- Informs law enforcement on HWC procedures

- Participated in lobbying efforts on House Bill 1013 for Mental Health Parity

- Outreach to Local Elected Officials

- Continuously sharing information on the impact of trauma and advocating for trauma-informed trainings for community leaders
- Legislative luncheon to share impact that this work is having in their communities

Trainings

- Community Resilience Model (CRM) Training

- 30 early childhood education stakeholders in 2023
- 600+ people trained in CRM since 2021 across 12 counties

- Connections Matter Facilitator training for community partners in all 14 counties

 Overview of ACEs to improve resiliency & prevent childhood trauma

- Race, Equity and Inclusion Trainings

- Responding to Everyday Racism
- Education and Housing Equity
- ACEs and Racism

- Partnership with Child Enrichment, Inc

- Trained Resilient Teen facilitators in Mandated Reporter and Quick Suicide Scan
- Engaging the Prevent Child
 Abuse Council in implementing
 the statewide Child Abuse and
 Neglect Prevention Plan

- Trauma-Informed Care and ACEs Education:

 Provided to leaders, law enforcement, juvenile justice, and school staff for the Handle With Care model

Research/Evaluation/ Other Efforts

- Resilient Teens Pre and Post Surveys

- 92% of teen participants indicated they have a better understanding of ways to care for their mental health
- Sustainable efforts towards Resilient Teen curriculum licensing
- With goals to expand Resilient Teens model across the state and bolster sustainability efforts with evidence-based data

- Annual Transforming our Communities from Adversity to Resilience Summits:

- In September 2022 and Sept 2023: presented information on CRM and Trauma/ACEs to medical professionals, law enforcement, and youth organizations in the region
- 311+ total attendees and cross-sector community partners attended the 2nd and 3rd annual summits

Links

Resilient Communities of East Georgia website Resilient Teens website @resilient.teens Instagram Resilient Teens Facebook

- 100 Black Men of Augusta
- Augusta Locally Grown
- Augusta Partnership for Children
- Augusta University: Medical College of Georgia, Department of Social Sciences
- . Boys and Girls Club of CSRA
- Child Enrichment Child Abuse Prevention
 Council
- Columbia County Community Connections
- Communities in Schools of Burke County Family Connection
- · CSRA Community Foundation

- Family Connection
- Family Y (YMCA of Greater Augusta)
- Glascock Communities in Schools and Family Connection
- Hancock Communities in Schools and Family Connection
- Jefferson SHIPS for Youth
- Jenkins Enrichment Center
- Lincoln County Community Partnership
- M3 Agency
- McDuffie County Partners for Success
- · Medical College of Georgia Foundation

- · Medical College of Georgia Foundation
- Regional Education Services Agency (RESA)
- Safe Homes
- · Screven County Community Collaborative
- Taliaferro Family Connection
- The Community Foundation of CSRA
- Warren County Family Connection
- Washington County Family Connection
- Wellstar MCG Health
- Wilkes County Community Partnership

RESILIENT COASTAL GEORGIA

The Resilient Coastal Georgia coalition concentrates its efforts in a three-county region including urban and rural areas. The coalition focuses its evidence-based endeavors on targeted populations, including elementary-high school students and teachers/counselors in public school settings, behavioral health professionals, residents in recovery, and those seeking mental health counseling. Primary partners include Chatham County Safety Net Planning Council, Coastal GA Indicators Coalition (Chatham Family Connection Collaborative), Gateway Behavioral Service Board, and Loop it Up Savannah. Resilient Coastal Georgia (Savannah) coalition developed workgroups to implement the Collective Impact Framework in- and out-of-school networks to develop trauma-informed models and capacity building across judicial systems. The coaltion consists of over 200 community partners from diverse fields within the surrounding counties and has trained over 6,800 individuals since 2019.



Coalition Geographic Service Areas Bryan, Chatham, Effingham

Mission and Broad Goals

The Resilient Coastal Georgia coalition aims to improve community well-being and increase the mental well-being of children and young people through:

- Engaging and leading the community to work collectively
- Developing a strategic school-based collaborative model of a trauma-responsive team as well as a trauma-informed and sensitive out-of-school network
- Assisting the region in systems change and capacity building to support resiliency in children and families experiencing trauma
- Developing a robust and consistent model of response across behavioral health providers



- 912 Liberation Crew
- Acts 120 Group
- Ameriaroup
- Building Bridges Academy
- Bulloch County Commission on Human Services, Inc.
- Charles Ellis Montessori Academy
- · Chatham County EMS
- Chatham County Juvenile Court
- Chatham County Parks and Rec
- Chatham County Safety NetPlanning Council
- Chatham EMS
- · City of Savannah
- Coastal Georgia Indicators Coalition

- Coastal Health District
- Deep Center
- Edna Lewis Foundation
- Family Connection Partnerships
- Family Promise
- First Tabernacle Missionary Baptist Church
- Formey Early Learning Center
- Gaslight Group
- Gateway CSB
- Georgia Southern University
- Greenbriar Children's Center
- · Healthy Savannah
- Keller Williams Realty
- Live Oak Public Libraries
- · Loop It Up Savannah, Inc.

- Mediation Center of Savannah
- Mercer University School of Medicine
- Neighborhood Safety and Engagement, City of Savannah
- Next Step Evaluation
- Otis J. Brock
- Overcoming by Faith Ministries
- Parent University
- Park Place Outréach
- Recreation and Leisure Services, City of Savannah
- Savannah Black Chamber of Commerce

- Savannah Chatham County Public School System (SCCPSS)
- Savannah Police Department
- Savannah State University
- Savannah/Chatham CASÁ
- St Joseph's Candler
- The Front Porch
- The Tiny Beet
- Upward Bound, Savannah State University
- Urban Hope
- · Ware Children's Initiative
- WTOC
- · YMCA of Coastal Georgia
- Youth Intercept Program, Chatham County

Prevention/ Intervention

- Partnership with Front Porch **ACTS**

- Front Porch Improv provides workshops to children to build resilience
- 1.602 received ACTS/Trauma Drama programming since 2019

- Mindfulness Toolkits

 445 distributed to families in the community (125 in Spanish)

- 10 Early Learning Mindfulness Zones

Incorporated into Pre-K and childcare centers thanks to Loop It Up Savannah

- Road to Resilience and **Brake the Stigma**

- Car Show and mental health symposium-250 attendees
- Organized by Gateway **CSB**

- Trauma Informed Weightlifting (TIWL) program development in progress:

Will develop a certified facilitator by November 1st, 2023

- Trauma Sensitive Yoga

2.128 individuals served since 2019

-"Zen Den" Resiliency Zone

Newly located in the Savannah Justice Center

Advocacy/Policy

- Handle with Care (HwC) **Implementation**

- Established with Savannah PD & Behavioral Health Unit
- Expanding to 13 outer counties
- OR code referral in 1st responder vehicles
- 100+ HwC referrals

- Resilience Enhacement and Leadership Model (REALM) with Savannah PD

- · 270 officers trained in Community Resiliency
- Training is mandated for all officers in SPD

- CRM training incorporated to all staff onboarding for the following groups:

- · Chatham EMS
- Juvenile Court (attorneys, staff, and CASAs)
- · School district staff and educators in Chatham County (230 participants)
- **YMCA**
- Live Oaks Library
- **Mediation Center**
- Gateway CSB

Trainings

- Mindful Self Compassion (MSC)

- 3,539 trained since 2019
- 470 participants were educational staff

- Community Resiliency Model (CRM)

 761 trained since CRM launched in 2022

- Connections Matter

- · Overview of ACEs to improve resiliency & prevent childhood trauma
- 40 trained through partnership with Parent University in 2023

- Facilitator Trainings

- MSC 5 trainers TSY 43 trainers
- ACTS/Trauma Drama 36 trainers
- CRM 11 trainers
- REALM 3 trainers

- Applied Suicide Intervention Skills Training (ASIST)

· 1.208 total trained in ASIST since 2017(ongoing project since before RG formed)

- Suicide Prevention Sessions (SuicideTALK, SafeTALK, QPR)

- Mandatory Annual Suicide Prevention Training to all Chatham County School **Employees**
- 19,998 total people trained since 2017 (ongoing project since before RG formed)

Research/Evaluation/ Other Efforts

- Completed Social **Connections Survey as part of** the Smart Communities Challenge with faculty from GA Tech and Georgia Southern

· Importance of linking interpersonal relationships to places, nature, events + activities to build thriving, happy cities

- First Day of Peace Event in Savannah

 Provided an opportunity for community to unite to "increase the peace", counter violence. & become conflict-resilient in partnership with the Mediation Center- 450 attendees

- Touch a Truck Event

 Promoted positive interactions with first responders and families with young children

- Love on the High Day

 Event for Savannah High School students to help them heal from the trauma of the school-shooting hoax

- Mindful Self-Compassion (MSC) Program Evaluations:

- One-day MSC evaluation of fundamental concepts & skills conducted
- Evaluation conducted for the full 8-week MSC program as well



Links

Resilient Coastal Georgia Chatham Safety Net Safety Net Youtube Safety and Resilience Facebook

RESILIENT MIDDLE GEORGIA

The Resilient Middle Georgia partners with community organizations and agencies to enact long-term change and build resilience in individuals, families, and the community. The coalition consists of 122 community partners from diverse fields within the surrounding 14 counties. RMG has successfully provided multiple training opportunities (including evidence-based training) for 2,500 individuals, conducted and evaluated a community needs assessment, disbursed over 5,000 resilience bags to community partners since 2019, completed six media deliverables, and participated in several partnerships (Middle Georgia Regional Library System, DFCS, Bibb County School System) to build awareness of trauma-informed care among community organizations. Their vision is to inspire long-term healing, build resilience, and empower community champions to join the trauma-informed care movement.



Mission and Broad Goals

Resilient Middle Georgia seeks to empower the cities and counties in Middle Georgia to face adversity and trauma with empathy and bravery. They have listed the following goals to build a resilient community:

- Informing individuals, families, and communities about Positive and Adverse Childhood Experiences (PACEs) science to empower change from within the community and supporting sustainable long-term change.
- Building community capacity to meet the needs and developing a stronger trauma-informed workforce to expand quality care and reduce workforce burnout in social service areas.
- Supporting organizational leaders and coalition partners to implement trauma-informed and PACEs practices into their organizational structure to more effectively engage, empathize, and understand their target populations.
- Facilitating and promoting various leadership training opportunities and evaluating continuously.
- Embedding trauma-informed practices into organizations to achieve a systems-level change.
- Strengthening leadership team to identify metrics, measure, and track the progress of trauma-informed initiatives.



Coalition Geographic Service Areas

Baldwin, Bibb, Crawford, Hancock, Houston, Jasper, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs, Washington, Wilkinson

Prevention/ Intervention

- Resiliency Tool Kit **Distribution Events**

- Hispanic Health Fair
- Macon Mental Health matters event
- Climb Out of Darkness Event
- Drive-in and tabling events
- 200+ resiliency bags distributed containing emotional tools like journals and breathing and mindfulness activities

- KINSHIFT Partnership, 6-**Month Leadership** Collaborative

- Resilience and traumainformed antiracist systems change
- 13 community leaders participated to develop trauma-informed projects in their organizations

- Resilience Documentary

Live screenings shown to 160+ community members

- Community Ambassador/ **Neighborhood Trauma Response Project**

In collaboration with One Safe Place Macon (OSPM)

- Project Aware in Bibb County **Schools**

- Trauma awareness in schools
- 12-month Trauma-Informed CBT training for mental health professionals

Advocacy/Policy

- Partnership with Mercer School of Medicine (MUSM)

- · Training on PACEs and Trauma-Informed Care (180 participants)
- Trauma-Informed Care added to curriculum requirements

- Handle with Care

Implemented in all 14 Middle GA counties

- Trauma-Informed **Onboarding/Annual Training**

Required for all RMG coalition member organizations

- Strategic Planning and **Opening of One Safe Place** Macon

Partnership with Family Justice Center in Macon and Bibb county

- Partnership with Primary **Pediatrics**

- Working to become the first trauma-informed pediatric provider in Middle Georgia
- Development of Mental Health Nurse call line
- Connect Now training now required for all staff

Trainings

- Community Resiliency Model (CRM) Training

180 attendees from Mercer Medical Campus

- Connections Matter

- Overview of ACEs to improve resiliency & prevent childhood trauma
- Conducted training to Aspiring Leaders at Bibb County Schools

- Becoming a Resilient Parent

Promote positive childhood experiences and resilience to families (90+ attendees)

- Connect Now Presentations

Offered with various stakeholders, 215+ participants

- School-based Grief Support Training

- 13 empowerment coaches trained in partnership with Kate's Club
- Healthy Outcomes for Positive Experiences (HOPE) **Facilitator Training**
- Planning to offer HOPE trainings through RMG in the near future!

Research/Evaluation/ Other Efforts

- Trauma-Informed Practice Survey

Collect and share data every 6 months to coalition members and partners

- PACEs Poster Presentation

- Georgia Public Health Conference- May 2023
- Presented by MPH Intern

- Partnership with Americorps

Public Health Intern assisting in advocacy and prevention efforts

- The Grace Project

- Providing the Time and Space for Staff Healing & Recovery (Bibb County School System)
- Kinshift Leadership Collaborative project

- Wellness Wins

- Legacy Builders and Life Renovators within Faith-**Based Community**
- Kinshift Leadership Collaborative project

Links

Resilient Middle Georgia Resilient Middle Georgia Facebook

- **ABC** Breathe
- Amedisys Hospice
- Baldwin County Family Connection
- Baldwin County Schools
- Bibb Community Partnership-Family Connections
- **Bibb County School District**
- Bibb County Sheriff's Office Bibb Mt. Zion Baptist Church
- Bright from the Start DECAL
- Central Georgia Technical College
- Cirrus Academy
- Community Health Works
- Community Healthcare Systems, Inc. Community in Schools of Central Georgia
- Council on Drugs and Alcohol
- **Crawford County Family Connection**
- Crescent House, Navicent
- Crisis Line & Safe House of Central GA
- **DSTO Photography**

- Family Counseling Center of Central Georgia
- Family Health Center
- Family Justice Partnership First Baptist Church of Christ
- First Choice Primary Care Fort Valley State University
- Georgia Dept of Labor
- Georgia Rural Health Innovation Center
- Girls Dig Deeper Initiative
- Griffith Family Foundation
- Habitat for Humanity Macon
- Hancock County Family Connection Hancock County Schools
- Healthy Communities Navicent
- Hospice Care Options
- Houston County Health Department
- Houston Family Connections In The Door, Workforce Georgia
- Jasper County Family Connection
- Jones County Family Connection
- Loaves and Fishes Ministry
- Macon AIM

- Macon Bibb Economic Opportunity Council, Inc •
- Macon Headspace and One World Link Macon Housing Authority
- Macon Public Defender Office
- Macon Volunteer Clinic Macon-Bibb County Health Department
- Medical Center Navicent Health
- Mercer Family Therapy Center
- Mercer University School of Medicine
- Middle GA Regional Library
- Middle GA State
- Middle Georgia Community Action Agency
- National Incarceration Association
- Navicent Health
- North Center Health District Office of Congressman Sanford Bishop
- One World Link
- OneMacon Program Director for Region 6 PACE Center for Girls
- Peach County Family Connection Primary Pediatrics
- Project Aware-Bibb County Schools
- Pulaski Family Connections

- Pulaski School District
- Reflections Psychotherapy
- River Edge
- River Edge Behavioral Health
- School Justice Partnership, DA's Office
- Solicitor General-Victim Witness Advocate
- Southern Center for Choice Theory
- The Center for Collaborative Journalism at Mercer University
 - The Comfy Place, LLC
- The Methodist Home
- The PEACH Pit
- Twiggs Family Connections
- Unite Us
- United Way of Central Georgia
- VECTR- Georgia Veterans Education Career Transition Resource Center
- Washington County Family Connection Washington County Family Connections
- WellCare Women's Interfaith Alliance
- 12

RESILIENT CHATTAHOOCHEE VALLEY

Resilient Chattahoochee Valley seeks to improve outcomes of Adverse Childhood Experiences (ACEs) through the following three equity-based strategies in cross-sector collaboration. The Basics Chattahoochee Valley promotes five evidence-based parenting and caregiving principles with parents, caregivers, and partners to give children a great start to life. Community Schools United coordinates services in schools to help students overcome barriers so they can thrive academically, socially, and emotionally. Resilient Chattahoochee Valley complements these efforts by facilitating training and encouraging community collaboration, seeking to decrease the prevalence of ACEs in our region and increase community resiliency. United Way of the Chattahoochee Valley (UWCV) acts as the implementation agent for Resilient Chattahoochee Valley, and The Community Foundation of the Chattahoochee Valley is the fiscal agent for the collaborative. Collectively. these strategies aim to foster a resilient community where children enter school ready to learn, are supported academically, emotionally, and socially, and graduate high school on time ready for college or career.



- Promoting coordinated trauma-informed practices across sectors to address the systemic causes of ACEs in high-poverty communities, particularly those of color
- Developing and expanding Full-Service Community Schools, establishing schools as the hub for community resources
- Proliferating "The Basics Suggest" work across a crosssector of community partners, targeting the early childhood education and healthcare sectors, to ensure that every child has as healthy a start in life as possible

Links

Resilient Chattahoochee Valley
The Basics Chattahoochee
United Way Chattahoochee Valley
CV Basics Facebook
United Way CV Facebook
CV Basics Instagram





Coalition Geographic Service Areas

Chattahoochee, Clay, Harris, Macon, Marion, Muscogee, Quitman, Schley, Stewart, Talbot, Taylor, Webster

Prevention/ Intervention

- Crime Prevention Community Meeting

With Columbus Police Department and other local youth agencies

- 3 Community School Resource rooms within Dorothy Height, Brewer and Martin Luther King Jr. **Elementary Schools**

- 158 referrals given to community school coordinators from school leadership
- 98 behavioral interventions conducted by community school coordinators
- 21 home visits initiated
- 2.204 Buddy Packs distributed
- 593 uniform separates distributed to families based on need

- Social Emotional Learning **Initiatives**

Social-Emotional Learning libraries across 3 Community Schools United and Stewart County school district provide books, tools, and environmental supports that help children acquire the knowledge and skills for healthy development.

- Region 8's Child Abuse & Neglect Prevention Plan (CANPP) Lead

Advocacy/Policy

- Handle with Care Implementation and Planning

Alerts schools and daycare centers if a child has experienced a trauma so there are appropriate interventions

- The Coalition of Community Schools and The Institute for **Educational Leadership**

- · Call for the establishment of 25,000 Community Schools nationwide by 2025.
- Engaged in leadership networks & United Way Learning Networks for Community Schools

- Promotion of the School-Based Health Center (SBHC) and Valley Healthcare

- Partnership with Dorothy Height School and Valley Healthcare
- Utilized the Valley Mobile Medical Unit to meet families and students at additional schools who do not have a **SBHC**

- Columbus 2025

· The Basics Learning Network a part of community strategic plan

- Community Action Network (CAN)

Partnership of agencies to work on related public health efforts

- Home for Good (HFG)

Community plan to end homelessness

Trainings

- Connections Matter

- Additional trainers onboarded (3 total)
- Conducted 6 Connections Matter with 203 trainees

- The Basics Continued Outreach & **Training**

- Family Center/ Big Brothers Big Sisters of the Chattahoochee Valley (3)
- **Enrichment Services Program** (25)
- Our Lady of Lordes in conjunction with their Mother **Boniface Family Literacy** Program (6)
- Parenting workshop at Brewer Elementary (35)
- Parenting workshop at Dorothy Height Elementary (10)
- Series of 3 parenting workshops to the families of Martin Luther King Jr. Elementary (13)

- Safe Kids Columbus

Car seat and booster seat giveaway

- Stewards of Children

• 5 staff members completed training from Community Schools United team

- The Deal Center continues to expand The Basics

Provided mentorship and technical support to The Deal Center and the 17 Basics Communities

Research/Evaluation/ Other Efforts

- Youth Podcast planning and implementation

Collaborated with Shaw HS leaders to lift up student voice

-Brain Architecture Game

Hosted 3 games to a total of 75 participants

- City of Columbus' Juneteenth Executive Planning Committee • United Way of CV received the

"Community Impact" Award

- Presented with Columbus City Councilman Jerry "Pops" Barnes on his FB Live Show.

March & April 2023

- ACEs Book Club

- Promoting ACEs awareness to increase community resiliency.
- Book Club read "I'm Glad My Mom Died" by Janette McCurdy in April 2023

- Book Distribution

- Partnered with Ferst Readers/Imagination Library to promote literacy
- 8.064 books went into the homes of students

- Food Mill's Mobile Market

Monthly stops in 4 Community Schools and several housing communities

- Cooking Matters Workshops

- Adopting the Emory University Healthy Homes, Healthy Families Initiative
- 12-week family-based intervention on nutrition and health

- 211: United Way of the Chattahoochee Valley
- Boys and Girls Clubs of the Chattahoochee Valley
- Bradley-Turner Foundation Chattahoochee Council
- Boy Scouts of America
- Columbus Alliance for Battered Women Hope Harbour
- Columbus Consolidated Government
- Columbus Health Department West Central Health District Community Foundation of the Chattahoochee Valley
- Easterseals West Georgia
- Enrichment Services Program, Inc./Head Start, Early **Head Start**

- · The Family Center
- Feeding the Valley Food Bank
- Ferst Readers, Inc. of Muscogee County
- Georgia Department of Public Health West Central Health District
- Girls Scouts of Historic Georgia, Inc.
- Girls Inc. of Columbus and Phenix-Russell Greater Columbus
- Georgia Chamber of Commerce
- Home for Good: A Program of United Way of the Chattahoochee Valley
- Mercer University School of Medicine
- MercyMed of Columbus

- Mill District Studios
- Muscogee County School District
- New Horizons Behavioral Health
- Open Door Community House, Inc
- Parents as Teachers
- Piedmont Columbus Regional
- Rivertown Pediatrics
- St. Francis-Emory Healthcare
- The Salvation Army
- Twin Cedars Youth and Family Services, Inc.
- United Way of the Chattahoochee Valley
- Valley Healthcare System
- YMCA of Metropolitan Columbus

RESILIENT SOUTHWEST GEORGIA (THOMASVILLE)

Resilient Southwest Georgia (Thomasville), like many rural areas. is more affected by health disparities and poverty compared to the state, with fewer resources. For example, across Georgia. there is a mental health provider shortage and this is more pronounced in rural areas such as in Southwest Georgia. Another barrier to care in rural areas is the lack of transportation, particularly public transportation. Therefore, The Vashti/Resilient Southwest Georgia Coalition aims to increase awareness of health disparities and provide needed resources to integrate trauma-informed care. Adverse Childhood Experiences (ACEs) education, resiliency, and mental health first aid across youthserving organizations. The coaltion has trained 500 individuals since August 2022 in collaboration with Thomas County Family Connections, the Boys & Girls Club of Thomas and Grady Counties, the Thomasville Community Resource Center, foster parents & caregivers, social workers, and Philadelphia College of Medicine (PCOM) Psychology Club members/medical students.



Mission and Broad Goals

The Resilient SWGA (Thomasville) coalition focuses on seeking community partners and youth serving organizations that benefit from learning more about being trauma-informed, and how to prevent Adverse Childhood Experiences for the next generation. Their mission is to train communities across all sectors to help identify and prevent at-risk situations that children may face, create a more trauma-informed community to engage with children who may have experienced trauma, while also raising awareness on children's mental health and identifying local resources. They focus on evidence-based efforts in their region with the goal of:

- Promoting trauma-focused trainings and building a common language around trauma across different sectors in the region to raise awareness of children's mental health
- Advocating for change through a Justice, Equity, Diversity and Inclusion (JEDI) lens
- Evaluating ongoing programs for effectiveness with the ultimate goal of reducing child abuse and neglect to create a sustainable model change
- Advancing and developing the workforce through collaboration with community partners and youth-serving organizations to offer a robust catalog of professional development opportunities and training on traumainformed care, suicide prevention, child abuse prevention, and adverse childhood experiences



Coalition Geographic Service Areas

Brooks, Colquitt, Decatur, Early, Grady, Miller, Mitchell, Seminole, Thomas

Prevention/ Intervention

-First Community Conversation series

- In partnership with The Yellow Elephant, DBHDD Region 4, Georgia Pines CSB, and Department of Veteran Affairs
- First responders held meaningful conversations on their experiences after a crisis/traumatic event
- Identified what mental health supports are in place for them

- Priceless Jewels Workshop

6-week workshop for 10 female youth at Vashti

- Wellness & Educator Resilience Workshops for teachers

- Partnered with the SWGA RESA School Climate Specialist to provide 4 workshops in at an underserved elementary school in Thomas County
- Reached 18 teachers/session.
- Participated in Wellness Resource Fair and provided resources

- Children's Mental Health Awareness Month (May 2023)

Over 500 green ribbons placed on downtown benches in Colquitt, Grady, Decatur, Mitchell, and Thomas

- Annual Dinner on the Bricks **Fundraiser**

Raises money for Vashti Center to fund community resources and programs for families and children

Advocacy/Policy

- Mental health subcommittee development

Led by Thomas County Family Connections to de-stigmatize childhood trauma, mental health. and suicide

- SWGA Veteran & Families Alliance

· Led by Dept of Veterans Affairs to educate community around Veteran suicide rates, safety, and opioid use.

- Step Up Colquitt, Step Up Grady, and Step Up Thomas

- Suicide prevention workgroups bringing awareness and prevention programs to the community
- Georgia Partnership for Excellence in Education's (GPEE) **Rural Learning Network Initiative:**
 - Collaborative for rural advocacy in foster care youth

Trainings

- Connections Matter Curriculum

- 96 people trained
- Mindful Self Compassion (MSC)
- 57 early learning professionals trained
- Child Welfare Collaborative
- 75 Vashti Staff trained
- Wellness & Resilience
- · 18 Educators trained

- Kate's Club Training Child Bereavement, Resiliency, Support After Suicide and Overdose

- Provides grief training to youth and families
- 90 people trained

- QPR Suicide Gatekeepers Training

57 people trained

- Becoming a More Resilient Parent

- 30 community members trained
- Also trained a group of Spanish-speaking parents and caregivers

- DEI Trainings:

- DEI and Me- 13 participants from leadership staff
- Microaggressions and Implicit Bias: 16 participants from leadership
- Emotional Intelligence and Imposter Syndrome: 12 participants from leadership
- 11 Evidence-based trainings offered to YSO's, Caregivers, **Community Partners**

Research/Evaluation/ Other Efforts

- Clifton Strengths Explorer

- Pilot program to assess youth who have experienced ACEs & help identify their strengths
- NAMI Walk
- Participated in Moultrie as a community partner

- Second Harvest Food Drive (August 2023):

Gave away 134 Georgia **Nutrition Assistance Programs** and community resources to families in Thomas County

- Guinness World Record Attempt for Children's Mental Health **Awareness Month**

- Attempted to break the "Largest Group of People Dressed as a Butterfly Record to raise awareness of children's mental health
- Resilient Georgia Resource **Guide Published**
 - Information gathered and published digitally providing local behavioral health resources to the community

Links

Vashti Center Website Vashti Center Instagram Vashti Center Facebook

- Adele Creative
- Adoption & Foster Parent Association of Georgia
- Bainbridge Police Department
- Bainbridge United Methodist Church Boys & Girls Club of Thomasville
- Cairo-Grady Chamber of Commerce
- Calhoun County Schools
- Colquitt County Schools Decatur County Regional Library
- Dental Associates of Southwest Georgia
- Early County Schools Family Connections Partnerships
- FCA
- Foster Parent Associations,
- Future Farmers of America Club Georgia Center for Child Advocacy
- Georgia Department of Behavioral Health & Developmental Disabilities (DBHDD)
- Region 4 Georgia Department of Early Care and
- Learning Georgia Department of Education

- Georgia Department of Family & Children Services Region 10 Georgia Pines CSB
- **Grady County Police Department**
- Grady County Schools
- **GSU Child Welfare Training** Collaborative
- Halcyon Home
- Hands & Hearts for Horses
- Healthcare Georgia Foundation
- **HEARTS for Families**
- Iglesias Palabra de Vida Parents
- Iglesias Palabra de Vida (World of Life Church)
- Imagine Thomasville (Chamber)
- Joshua's Place
- Juvenile Justice
- J. Dell Advancement Group
- J.M. Consulting
- Kiwanis Club of Grady County
- Kiwanis Club of Thomas County

- Migrant Education & Head Start Services Miller County Schools
- Mission Vision Foundation
- NAMI Moultrie Never Lost (CASA)
- Olive Orchard Lab
- Open Door Adoption Agency
- Parents City of Thomasville
- PCOM South Georgia Campus Resiliency Clubhouse Parents
- Roddenberry Memorial Library
- Rotary Club of Cairo
- Second Harvest of South Georgia
- Serenity House Southern Regional Technical College
- Southwest Georgia RESA
- STEP UP (Grady, Colquitt, and Thomas Counties)
- SWGA Community Action Council
- Teens Have Visions 2

- The Bookshelf
- The Georgia Partnership for Excellence in Education
- The Heritage Foundation
- The Yellow Elephant
- Thomas County Schools
- Thomasville Center for the Arts
- Thomasville Community Resource Center
- Thomasville Fire Department
- Thomasville Police Department Thomasville University
- TreeHouse Child Advocacy Center
- **UGA Extension Office** U.S. Department of Veterans Affairs
- (Southwest GA) Vashti Residential Youth
- Williams Family Foundation
- Young Life

BUILDING A REGION OF RESILIENCE NORTHWEST GEORGIA

Building a Region of Resilience Northwest Georgia (BRR NWGA) is comprised of 15 counties in Northwest Georgia and guided by Georgia Family Connection collaborative organizations in the region. Building a Region of Resilience Northwest Georgia is working on evidence-based approaches to build the capacity of partners and promote trauma and poverty-informed strategy development and implementation. The region has higher rates of reported child abuse and neglect, child poverty, mental health issues, and youth risk behaviors compared to others areas in the state. Additionally, the region has been impacted by increased substance abuse and overdoses, which is the main cause of the removal of children from their homes. Building a Region of Resilience Northwest Georgia seeks to increase community awareness of the effects of trauma on children and communities. support positive youth development, and influence systems change by increasing awareness of the Strengthening Families framework. Over the last three years, BRR NWGA has served 12,000+ individuals through 20 different trainings and reached 3,100+ individuals through 33 Community Awareness Events.



Mission and Broad Goals

Building a Region of Resilience Northwest Georgia advocates for system changes that eliminate the barriers and inefficiencies standing in the way of progress and positive outcomes for the well-being of kids and families. They accomplish this by:

- Implementing a Theory of Change through capacity building of coordinators and key collaborative partners to advocate for trauma/poverty-informed strategies
- Utilizing evidence-based programs and practices to build upon systems change and to increase awareness of the Strengthening Families framework throughout the region
- Evaluating services and programs to understand successes and determine the impact of approaches and sustainability of the coalition's work



Coalition Geographic Service Areas

Bartow, Catoosa, Chattooga, Dade, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk, Walker, Whitfield

Prevention/ Intervention

- "Resilience" Screenings

 Hosted 6 Regional Viewings of the Documentary

- Parenting/Caregiving Classes

 Implemented in Bartow, Catoosa and Gilmer counties to increase positive childhood experiences and relationships and teach parenting skills

- Book Clubs: To Raise Community Awareness

- Held with various community leaders and partners
- Books included, What Happened to You, See Poverty...Be the Difference, and The Body Keeps the Score

- Be Your Own LifeSAVERS

- Monthly Youtube Video in partnership with NW Georgia RESA and Depeartment of Education that promote physical and emotional health and wellness.
- Each video reached between 150-200 views

- Community Facebook Group

 Safe space for 231 community members (and growing!) to learn and resource share

- Digital Study Self-Directed Study Guides

 Topics include Poverty 101, Trauma 101, and ACEs for Caregivers and Professionals

Advocacy/Policy

- Strategic Planning and Priority Mapping

 Partnered with community leaders from Family Connection, CANPP, Early Care and Learning, TBRI Initiative, and Get Georgia Reading

- Collaborative Meetings

 Hosted meetings with community partners and leaders to ensure sustainability and capacity building

- Inclusivy Dinners

- Formerly Civic Dinners, hosted by Family Connection Collaboratives
- 11 total with 310 participants

- Journey to Action: Meeting Needs through Systems Change Event

- 183 community stakeholders gathered to discuss barriers and solutions for families in need
- They identified program, policy, systems and environmental changes to address barriers

Trainings

- Connections Matter

 Overview of ACEs to improve resiliency & prevent childhood trauma

- Sexual Abuse Prevention Trainings

 Stewards of Children and Circles of Safety

- Trauma 101/Poverty 101 Workshops:

- Over 400 participants
- Increasing awareness of root causes of poverty and effects of trauma on child development

- Trust-Based Relational Intervention Conference

 Hosted by Show Hope to equip caregivers with skills needed to meet the needs of their children

- Capacity Building-Training Trainers

- 2 TBRI Trainers
- 7 Connections Matter Trainers
- 4 Bridges out of Poverty Trainers
- 13 Trauma 101/Poverty 101 Trainers

Research/Evaluation/ Other Efforts

- Continuous Evaluation of Progress

- BRRNWGA provide surveys, gather information, & assess needs after meetings/ events to guide future initiatives
- Community Evaluation Solutions conducted interviews and focus groups to assess impact of BRRNWGA

- Mental Health Awareness TV and Radio Broadcasts

• Throughout Fannin and Polk Counties

- Basic Needs Initiatives

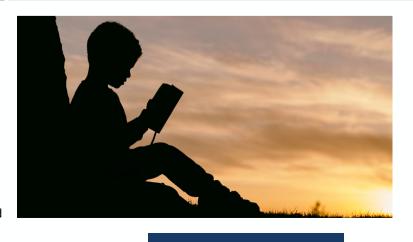
- Floyd Community Garden: Families receive fresh food at no cost
- Helping Hands Ending Hunger: donates excess food to the community
- Family Resource Center: health services, support groups & appt transportation
- Other resource distribution include: Care Closets, Backpack Blessings

Links

Building a Region of Resilience NW Georgia
Building A Region of Resilience Facebook Group
Floyd County Family Connection

- Bartow Collaborative, Inc.
- Catoosa County Family Collaborative, Inc.
- Chattooga County Collaborative
- Children and Families First Community Partnership for Dalton/Whitfield
- DADE First Family Connection
- Fannin County Family Connection
- Georgia Center for Child Advocacy
- Georgia Family Connection Partnership-Gordon County

- Gilmer County Family Connection Commission
- Haralson Coalition for Children Youth and Families Inc.
- Murray County Family Connection
- Paulding Family Connection
- Pickens County Family Connection (Lead Partner)
- Polk Family Connection
- Rome-Floyd County Commission on Children and Youth
- Walker County Family Connection



RESILIENT SOUTHWEST GEORGIA (ALBANY)

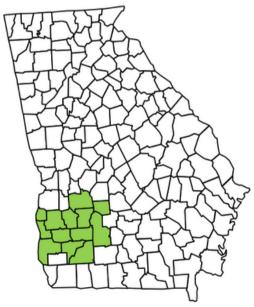
Resilient Southwest Georgia (Albany), comprised of United Way of Southwest Georgia and 30+ coalition partners, seeks to raise awareness of Adverse Childhood Experiences (ACEs) and the toll they take on their community, increase collaboration across sectors, bring a trauma-informed approach, and promote resiliency in families and communities. The coalition's aim is to prevent ACEs and their intergenerational transfer as it is the greatest opportunity to improve the well-being of Southwest Georgia. They recognize that ACEs are a root cause of regional issues, including structural racism in society. Across Southwest Georgia, their partners are fostering resilience in various ways to develop a closely-aligned and trauma-informed public and private network, working toward a united vision to create a Birth-26 year old pathway to child well-being.



Mission and Broad Goals

The Resilient Southwest Georgia (Albany) coalition is our upstream move to tackle the root cause of the many challenges faced by our community. The goal is to dramatically improve the health and well-being of our community by addressing ACEs issues. The coalition is working to raise awareness of the effects of trauma, and to reduce its incidence and impact, as well as build resilience in individuals, families, and our community. These priorities are as follows:

- Promoting coordinated trauma-informed practices across systems and providing services for raising healthy children in safe, stable, nurturing environments
- Building awareness and a common language around adversity and resilience
- Creating a sustainable model for the organization and the trauma-informed movement



Coalition Geographic Service Areas

Baker, Calhoun, Crisp, Clay Dougherty, Early, Lee, Mitchell, Quitman, Randolph, Sumter, Terrell, Worth

Prevention/ Intervention

- Courageous Conversations about Race

- Partnership with the Albany Museum of Art
- Facilitate discussions using art to create a deeper understanding of the intersectionality of racial identity, politics & social impacts in the US

- Parents as Teachers/Home **Visiting Model**

- **Evidence-Based Home Visiting** Model is the model used which provides a wide array of services to families with children 0-5
- Working with Family Connection Partnership to enhance this program and provide financial literacy training to families

- Suicide Prevention Walk

 In partnership with ASU Rams in Action, gathered with students to spread awareness of suicide prevention resources

- STOP School Violence (SSV) **Project**

- In partnership with Sandy Hook Promise in Terrell and Lee County School Districts
- SSV seeks to increase school safety using evidence-based solutions to prevent violence

- Teen Chat Panel Discussion

- · Explored suicide prevention among teens, the impact of daily stress, how to manage wellness, and the importance of support
- Led by Albany Area Primary Health Care psychiatrist Dr. Bianca Waters

Advocacy/Policy

- United Way of Southwest Georgia's Capitol Day

Met with lawmakers to advocate for systemic change across the SW region

- Meetings with City & County Commissioners

Dissemination of information and community training emphasized

- Mental Health Advocacy Task Force

Promotes wellbeing for all, with a focus on early childhood

- Expansion of Helping Mamas to Southwest Georgia

- Provides baby essentials to women and children living in poverty.
- In coordination with the MH Advocacy Task Force and Senator Jon Ossoff

- Bipartisan Safer Communities Act

- Increases access to mental health services for kids in the **Dougherty County School** System
- Introduces a digital depression screener

- 211 Resource Line Efforts

 Georgia is currently not a 211 state, so the coaltion advocates for this resource statewide. Requests can include basic needs like housing, food, transportation, and healthcare

Trainings

- Connections Matter Training

- Overview of ACEs to improve resiliency & prevent childhood
- Over 60 participants

- Community Resiliency Model

Dr. Jordan Murphy led CRM workshops to educate community members on trauma, and how to recognize and respond to the signs

- Kate's Club: Supporting and **Empowering Grieving Youth**

Provided grief training to youth and families

- Other ongoing trainings:

- Stewards of Children
- Mind Matters

- Childcare Resource & Referral Center of SWGA Training for childcare providers:

Included topics: positive teacher/family relationships, literacy, challenging behaviors, healthy development, stress management, and diversity

- Anxiety Management Workshop

- Sparrow Center Counseling offers this to youth
- It is led by an LCSW and focuses on coping strategies and test prep
- 75 Randolph County students attended the first workshop

Research/Evaluation/ Other Efforts

- Child Well Being Index

- Adopt unified measures of achievement
- Develop strategies for success
- Evaluates progress

- Data Across Sectors for Health (DASH) Mentorship Program

Identifying and implementing data exchange and care coordination models

- Youth Mental Health COPE Clinic

- Cohosted with Silence the Shame
- Teens explored how to manage stress and life challenges through uncensored conversations
- Launched their research with
- Albany State University conducted research on the impact of Covid-19 on youth behavioral health
- Engaged 75 people

- Resilient Georgia Resource Guide **Published**

· Information gathered and published digitally providing local behavioral health resources to the community

- Parent Café - Building Resilient Teens:

- Safe spaces to talk and listen to each other on meaningful topics such as the raising a family, navigating inequality, and enhancing well-being
- Teens learned about Protective Factors and personal strengths

Coalition Partners

- Albany Area Primary Health Care
- Albany Area YMCA Albany Housing Authority
- Albany State University Albany Technical College
- Andrew College ASPIRE Behavioral Health and **Developmental Disability Services**
- Augusta University
- Black Child Development Institute(BCDI)-Atlanta
- Boys & Girls Clubs of Albany
- Calhoun County School District
- Childcare Resource & Referral Center of
- **Dougherty County School System**
- Early County School District

- Family Literacy Connection
- Family Wellness Outreach Center of Georgia
- Friendship Missionary Baptist Church Georgia Association of Housing and Redevelopment Authorities
- Georgia Budget & Policy Institute
- Georgia Center for Child Advocacy
- Georgia Center for Nonprofits Georgia Department of Early Care and
- Learning Georgia Department of Juvenile Justice CSO
- Georgia DFCS Regions 4 & 5
- Georgia Family Connection Partnership
- Georgia Statewide Afterschool Network
- Girl Scouts of Historic Georgia

- Kate's Club
- Liberty House Lily Pad
- Lorio Psych Group Mental Health America of Georgia
- Mt. Zion Baptist Church
- National Alliance on Mental Illness
- Phoebe Putney Health System
- Sandy Hook Promise
- Southwest Georgia Community Action Council
- Southwest Public Health District
- Southwest RESA
- Terrell County School District
- The City of Albany Dept Community and **Economic Development**
- The Sparrow Center

Links

Resilient Southwest Georgia Website

United Way of Southwest Georgia Website

United Way of Southwest Georgia Facebook

United Way of SW Georgia <u>Instagram</u>

ALIGNING COMMUNITY SYSTEMS FOR RESILIENCE INITIATIVE

The Aligning Community Systems for Resilience Initiative (ACSRI) is a partnership between the Georgia Campaign for Adolescent Power & Potential (GCAPP), which works to build a more equitable and healthy generation of young people, and Community Health Solutions (CHS), a public health and social innovation consulting firm that works to address complex health and social issues in marginalized communities. ACSRI focuses its efforts on authentically engaging stakeholders from various sectors of the Clayton County community using culturally tailored tools and strategies to raise awareness of (and prevent) Adverse Childhood Trauma (ACEs). Together, the ACSRI Coalition works to develop and execute a Countywide Agenda for the prevention and remediation of ACES by establishing shared goals, a common language and mutually reinforcing activities. The Coalition developed 'The Many Faces of Trauma' framework to characterize the many forms of trauma that minority youth and their families may experience daily. The coalition centers its work around creating spaces for honest discussions about the impact of racism, marginalization, and generations of familial trauma on youth and families. Collectively, their efforts are designed to respond to existing trauma and prevent future trauma.



ACSRI utilizes a multi-dimensional strategy to engage all sectors of the Clayton County community in the development of a trauma-responsive community ecosystem. They hope to raise awareness of past pain, challenges of the present and hope for the future. They believe through honest dialogue, awareness campaigns, training and education, communities will become stronger and more resilient and they strive for the following:

- Creating community awareness and understanding of ACEs and their impact
- Developing and promulgating consistent trauma-informed care and evidence-based prevention strategies across Clayton county
- Engaging minoritized communities through intentional empowerment and celebrating their inherent resilience
- Engaging the judicial system and faith-based community to offer trauma-informed training and identify prevention strategies
- Collaborating with leaders and grassroots stakeholders to identify tailored prevention and remediation strategies that respond to the needs of their community as they evolve





Coalition Geographic Service Area Clayton

Prevention/ Intervention

- Created the Framework 'The Truth About our Trauma'

Incorporating traditional ACEs awareness and prevention with the social justice and contextual factors that inform individual and community trauma

- Development of multi-media awareness and prevention tools

To raise community consciousness of the trauma that exist in the Clayton County community and, the pathway to increased resilience

- Second Chance Home (SCH) Network

GCAPP partnered with the Georgia DFCS to run the SCH Network which aims to prevent teen pregnancies

- Created TMI-Georgia App and Website

GCAPP provides teens with information on sexual health and offers a live chat feature from health educators

- Parent Toolkit

Available on GCAPP's website that offers resources to deepen parent-child relationships as well as information on healthy relationships and mental health

Advocacy/Policy

- Handle With Care Outreach in **Clayton County Schools:**

Alerts schools if a child has experienced a trauma so there are appropriate interventions

- Formation of the GCAPP Youth **Advisory Council**

People between the ages of 14-24 who are interested in adolescent health issues. leadership, and change advocacy

- GCAPP's Personal Responsibility **Education Program (PREP)**

· Educates youth on abstinence and contraception to prevent pregnancy and STIs

- Ongoing advocacy for ACES **Prevention Education**

Efforts to require ACES education for all public and private youth-serving agencies in Clayton

- GCAPP Community Conversations

 Engaging 250 Georgia community leaders to identify socioemotional issues facing youth

Trainings

- Connections Matter Training

· Working with the faithbased community to discuss ACEs to prevent childhood trauma

- Community Resiliency Model (CRM) Training

- Trainings reaching community members through various platforms and events
- All GCAPP staff trained in CRM to support ongoing efforts

-Youth Mental Health First Aid **Trainings**

- GCAPP Training Workshops

- Sexual Violence Prevention Training for school-based staff and youth-serving professionals
- Supporting LGBTQ+ Teens and Young Adults Webinars for families
- **Fatherhood Edition** Conversation Webinar on barriers and tips for fathers surrounding sex and mental health
- Teen Dating Safety in the Digital Space Webinar

Research/Evaluation/ Other Efforts

- Culturally Responsive **Participatory Evaluation:**

- · Involving program staff, program participants, racially and culturally diverse keyinformant
- Shared indicators tracked across all programs to determine organizational impact

- GCAPP Youth Empowerment Summit (YES!)

 Youth-driven event across the state of GA that brings together 500+ HS students to discuss mental health, academics, healthy relationships, peer pressure, and social change

- Monthly Youth Healing Circles

- Partnering with Jonsey Place to create safe spaces to share, heal and grow social emotional learning
- Designed to promote healing and agency among youth that have experienced trauma

- Partnership with Hand, Heart, and Soul

Monthly community-based conversations and quarterly healing circles for parents and caregivers

Coalition Partners

- Adversity University
- Airport Rotary
- Clayton Center Community Service Board
- Clayton County Chamber of Commerce
- **Clayton County Commissioners**
- Clayton County Department of Public Health
- Clayton County District Attorney's Office
- Clayton County Family Connections.
- Clayton County Juvenile Court (CCJC)
- Clayton County Police Department Georgia Family Connections

- Clayton County Public Library
- Clayton County Public Schools (CCPS) Parent Liaisons
- Clayton County Schools
- Clayton State University
- Department of Family and Children Services
- Fellowship of Christian Athletes
- Flint River Boys and Girls Club
- Forest Park Ministerial Alliance
- Forest Park Ministers Association Georgia Campaign for Adolescent Power & Potential
- Georgia Counseling Inc.

- Goodwill
- Hearts to Nourish Hope
- Housing Authority of Clayton County
- Metro Atlanta Ministerial Alliance (MAMA)
- **Restoration Theological Seminary**
- Sisters Empowerment Network
- Solid Rock Academy
- The Clayton Collaborative Authority
- The Rock Church
- United Way of Greater Atlanta

Links

Truth About Your Trauma

ACSRI Instagram

ACSRI Facebook

GCAPP Website

GCAPP Facebook

COBB COLLABORATIVE

The Cobb Collaborative's aim is for Cobb County to be a trauma-informed community by providing training and resources in collaboration with community partners to prevent Adverse Childhood Experiences (ACEs) and other trauma. Cobb County is a densely populated suburban area within Metropolitan Atlanta. While Cobb County may have lower rates of children living in poverty than Georgia, there is still a significant amount of children living in poverty within the county. Evidence also suggests that children of minority races and ethnicities in Cobb County are living in poverty at higher rates than White children. While poverty is not an indicator of trauma, it can make children more vulnerable to ACEs, which can negatively impact brain development and health outcomes. Thus, the Cobb Collaborative built a digital toolkit of resources and training for local stakeholders and community members to raise awareness and build capacity. Launched in 2019, the Mind your Mind mental health awareness campaign has brought trauma credentialed training programs, film screenings, panel discussions, digital and print resources and more to Cobb. Additionally, Cobb Collaborative will advocate for the development of equitable county-wide systems.



Their mission is to engage, educate, and empower the community to improve the well-being of children and families. The Cobb Collaborative seeks to make Cobb County a traumainformed community through the following:

- Increasing the awareness, shared language, and understanding of trauma, ACEs, and the role of safe, stable, and nurturing environments
- Improving the capacity of providers, families, and community members by equipping them with the training necessary to improve outcomes for the children they serve
- Empowering advocates to address long-standing issues of healthcare equity, systemic racism, and social justice
- Advocating for agencies to embed practices and protocols into the implementation of their work and strategies





Coalition Geographic Service Area Cobb

Prevention/ Intervention

- Mind Your Mind Speaks Podcast, Newsletter, and Magazine

- The podcast has 55+ episodes and brings experts & community leaders to raise awareness about mental health and inspire action
- The magazine was recently launched in 2023 and features resources as well as the opportunity to get involved in policy

- Mind Your Mind Social Media Campaign

- Following of over 1,500 people
- Provides readers with easily accessible resources on ACEs and suicide prevention and step-by-step guides offered in both English and Spanish

- Resilient Cobb Digital Toolkits

- Information on Mental Health, ACEs. Suicide
- Awareness and Prevention, Trauma Trainings, and other resources
- Translated into Spanish

- Marietta City School system partnership with Children's Healthcare of Atlanta

 Provided children and staff with Social-Emotional resources

-Creation of Mental Health Awareness Month video

 Cobb leaders discuss how they support mental health in their worlds

Advocacy/Policy

- Handle With Care Implementation

- Conversations between Cobb County school social workers and law enforcement
- Alerts schools if a child has experienced a trauma so there are appropriate interventions

- Executive Director testified before the Georgia House of Representatives

 Discussed trauma-informed work at Georgia General Assembly

- Partnership with DECAL and Emily Lembeck Early Learning (ELC) Center

- Implementation of Conscious Discipline at ELC
- Conscious Discipline gives children purpose through daily tasks and teaches self-soothing techniques

- County Commissioner Townhall Trainings

 Cobb built a partnership with their local Commissioner's office to bring awareness and advocacy to the town hall

Trainings

- Trained Over 2200 Individuals:

- · Connections Matter
- CRM
- Child Welfare Training Collaborative, etc.
- Mental Health First Aid
- For students, Schools, Law Enforcement, caregivers, etc.

- Partnership with Kate's Club

Provides grief training to youth and families

- Resilient Cobb Summit

 Expert panelists and keynote speakers promoted mental health and resilience

- Prevent Child Abuse Council Workshop

 Internet safety workshop for parents

- The Basics

 Birth-5 program that provides simple, powerful strategies to help every children reach their potential

- Partnership with Paint Love

 Provides workshops to community members and families overcoming trauma with art

Research/Evaluation/ Other Efforts

- Children and Family Programs at Kennesaw State University provided 4 trauma-informed professional learning opportunities

Delivered by emerging professionals in the fields of Social Work, Human Services, and Psychology

- Partnership with Kennesaw State University's Micro-Credentialing Best Practices

- KSU Children and Family Programs implemented a program creating a traumainformed workforce pipeline
- Emerging professionals are equipped with basic skills and trauma-informed training before entering the workforce

- Community-Specific Resource Guides:

- Mental Health Resources for Black Communities
- Mental Health Resources for Hispanic Communities
- Mental Health Resources for Asian American Pacific Islanders (adapted from RG Guide)

- New Webpage Development

 Training and Find Help Georgia landing pages have been added to their website



- Children & Family Programs at Kennesaw State University
- Cobb Community Alliance to Prevent Substance Abuse
- Cobb Community Foundation
- Cobb County Board of Commissioners
- Cobb County Community Services
 Board
- Cobb County District Attorney's Office
- Cobb County Division of Family & Children Services
- Cobb County Public Library

- Cobb County School District
- Cobb Douglas Public Health (Healthy Start, Children First)
- Cobb Juvenile Court
- Cumberland Counseling Center
- DECAL
- Georgia Department of Public Health
- Georgia Family Connection Partnership
- Highlands Rivers CSB
- Jewish Federation of Greater Atlanta
- · Marietta City Schools

- Marietta/Cobb Continuum of Care
- Metro RESA
- Self Discovery: Pain, Positioning and Purpose
- Ser Familia
- Tommy Nobis Center
- United Way of Greater Atlanta

Links

<u>Cobb Collaborative</u> <u>Cobb Collaborative Instagram</u> <u>Cobb Collaborative Facebook</u>



RESILIENT AND UNITED COMMUNITIES OF SOUTH GEORGIA

Resilient and United Communities of South Georgia strives to be a hub for non-profit organizations in their counties to provide a unified approach to human services. Coalition leaders include Greater Valdosta United Way (GVUW), Legacy Behavioral Health Services, The Haven, Girls on the Run South Georgia, Family Connections, Youth Impact Center and Camp Rock. Although the Lowndes county area is considered the only metropolitan area in South Georgia, the other counties surrounding Valdosta consist of communities that contain a very diverse and rural population. This coalition serves populations that experience poverty, have limited access to transportation resources, and may have a lack of knowledge about available services. These rural South Georgian communities have seen increased concerns of adverse mental health, suicide, human trafficking, and Adverse Childhood Experiences (ACEs). To address these issues, they will provide evidence-based training to parents, law enforcement, first responders, and stakeholders.



Resilient and United Communities of South Georgia's mission is to create positive change by bringing resources together to improve people's lives by mobilizing the caring power of community through:

- Continuing to develop mental health awareness throughout the region through training and education
- Focusing on suicide prevention in youth up to age 26
- Evaluating training outcomes to assess the impact on trauma-informed awareness and education
- Promoting resiliency in South Georgia through a unified trauma-informed response
- Investing in Education, Income, and Health and advocating for a good quality of life and strong community.

Links

Resilient and United Communities of South Georgia
Greater Valdosta United Way
GVUW Instagram
GVUW Facebook





Coalition Geographic Service Area

Atkinson, Berrien, Brooks, Cook, Clinch, Echols, Lanier, Lowndes

Prevention/ Intervention

- Mental Health Symposium

- Partnering with Beyond the Hardwood, Inc and Hoops Athletic Organization, etc
- 20 retired professional athletes addressed mental health in the community

- 988 Awareness Efforts

 Spreading awareness throughout the Greater Valdosta region through billboards and advertisements

- Tackling Mental Health Event with Adrian Peterson for Youth Mental Health Awareness

 Spoke to over 5,000 students 4th-12th grade across 3 school districts

- U-Nite Fundraisers for Mental Health Awareness (March and August 2023)

- Keynote Speakers included Tra Battle and Charlie Ward Jr
- Reached 1,000+ students and educational staff in the region

- Breaking Barriers Community Resource Fair

- Hosted during Second Chance Month
- Shared resources and employment opportunities to those in need

Advocacy/Policy

- ALICE® (Asset Limited, Income Constrained, Employed) Greater Valdosta United Way Initiative

- Assistance for households that earn income above the Federal Poverty Level-but less than what it costs to make ends meet
- Georgia will be the 26th state that implements the ALICE model

- 2-1-1 Initiative Efforts by GVUW

- Georgia is currently not a 211 state- Requests can include basic needs like housing, food, transportation, and healthcare
- Active Participation in the Homeless Task Force of South Georgia
- Brings awareness and assistance to those in need of shelter
- Support of the City of Valdosta's Mental Health Month Awareness proclamation

Trainings

- Community Awareness Training for Children and Families

- Digital Safety
- Abuse
- Sex Trafficking
- Mental Health & Substance Abuse
- Suicide Prevention

- Community Resiliency Model (CRM) Trainings

• 68 participants

- Resilience Enhacement and Leadership Model (REALM)

- Law Enforcement officers trained in Community Resiliency (30 officers)
- Mental Health Matters Training
- Open to community agencies, 70 participants

- Darkness to Light Steward of Children Trainings

 Offered Quarterly-15 participants this year

-Other ongoing trainings

- Connections Matter
- QPR

Research/Evaluation/ Other Efforts

- Georgia CEO Awareness Videos

- Reaching thousands of businesses, government, and nonprofit professionals across South Georgia
- Encouraging people to take care of their mental health. "It is Ok to Not be Ok"

- Valdosta State Needs Assessment

 30 question survey across 11 counties with a focus on basic needs, housing, afterschool programs and mental health

- "The Reformation Project" Screening

- The movie honestly discusses the justice system, mental health, historical issues & the impact on the South GA community
- 125 people in Valdosta and 225 in Americus attended

- Southside Recreation Center Development Project

 Currently an ongoing project to make the facility fully operational

- Beautiful Creations
- Boys and Girls Club
- Camp Rock of Georgia
- · Children's Advocacy Center
- · City of Valdosta
- Family Connections Region 11
- Georgia Dept of Early Care and Learning
- Georgia Power
- Georgia Southern University
- · Girls on the Run
- Greater Valdosta United Way
- Jacob's Ladder
- Legacy Behavioral Health / Services
- · Lowndes County Schools
- Mayor Scott James Matheson
- Miracle League of Valdosta
- Partnership Health Center
- Russ Goodman, District 8 State Senator
- Second Harvest of South Georgia
- Soul Care of South Georgia

- South Georgia Medical Center
- South Georgia Regional Library
- The Haven
- Turner Center for the Arts
- United 2 Prevent
- U.S. Department of Veteran Affairs
- Valdosta City Schools
- · Valdosta State University
- Vince Miller, Valdosta State University Dean of Students
- YMCA
- Youth Impact Center



GWINNETT COALITION/ RESILIENT GWINNETT

The Gwinnett Coalition is a non-profit organization that was founded in 1991 and is located in Gwinnett County, one of the fastest growing and most diverse counties in the country. It works in conjunction with members of local government, the business community, non-profits, faith-based organizations, and concerned citizens to promote equity and prosperity in Gwinnett. The Coalition is also recognized by the Georgia General Assembly as the Family Connection Partnership Collaborative for Gwinnett County and serves as the organization to bring together community partners to advance child and family well-being.

Through Resilient Gwinnett, the Coalition partners with local mental and behavioral health agencies and service providers to provide training courses for individuals and non-profit practitioners who serve children and families. The courses teach participants how to prevent adverse childhood experiences (ACEs), promote positive childhood experiences, and practice trauma-informed approaches. The Resilient Gwinnett Steering Committee is comprised of local leadership from GUIDE, View Point Health, Mosaic Georgia, Gwinnett County Public Schools, Gwinnett Newton Rockdale Public Health Department, Gwinnett County DFCS, Ser Familia, and Neighborhood Nexus, and is responsible for providing strategic direction to the initiative.

Mission and Broad Goals

Their mission is to build a resilient communities withing Gwinnett by creating a shared understanding of adversity and resilience, promoting trauma-informed practices, and advocating for policy and system change through:

- Building capacity by creating a common understanding of ACEs by training organizations, practitioners, community leaders, and members of the community.
- Increasing community awareness by defining "traumainformed", providing toolkits for organizational use, and utilizing communication tools to create public awareness.
- Influencing systems of change by engaging key stakeholders and subject matter experts that move Gwinnett County towards becoming a trauma-informed community.



Coalition Geographic Service Area Gwinnett

Links

Resilient Gwinnett

@GwinnettCoalition Instagram

@GwinnettCoalition Facebook

Prevention/ Intervention

- Gwinnett Cares and Gwinnett **Health Finder**

- **Gwinnett Cares connects** community members to food, housing, and employment resources
- The Health Finder helps connect uninsured or underinsured to quality, affordable physical and mental healthcare

- Resilient Gwinnett Communications

- The Exchange, Gwinnett Coalition's weekly digest to 650+ community-based organizations
- **Gwinnett Daily Post shares** information on ACES to reduce stigma related to trauma

- The Coalición Latina Mas Prevención de Abuso Sexual

- Hispanic-serving Prevention Coalition in partnership with Georgia Center for Child Advocacy (GCCA)
- Monthly Zoom meetings feature an "awareness topic of the month" (32 members and growing)

- Sexual Assault Awareness on **College Campuses Training and** Outreach

- Sexual Assault Awareness and Prevention and Personal Safety for Georgia Gwinnett College (GGC) students
- Overview of the Female Anatomy, SANE Forensic Nursing Specialty, and the Forensic Medical Exam for GGC **Nursing Students**
- 400+ college faculty and students reached

- Multidisciplinary Team (MDT) Intervention Trainings (including law enforcement)

- Hymen 101: 71 MDT members
- Child Sexual Abuse -Processing the Trauma: 28 MDT members
- Communicating with Victims with Disabilities: 42 MDT members
- Implicit Bias Training: 43 MDT members

Advocacy/Policy

- Establishment of the Wholeness Collective

- In partnership with Mosaic and **GIVE Center East**
- Hosted 4 restorative yoga sessions for teachers and 4 mental wellness workshops for
- Provided music therapy classes to children

- Mosaic Advocacy Efforts

- Presented at the March 2023 Gwinnett County BOE meeting on the importance of physical and sexual health education
- Discussed the rise in child physical/sexual abuse and the need for better education with State Superintendent of Education .

- Substance Abuse Prevention **Advocacy Day and Mental Health** Advocacy Day

At the State Capitol in Spring 2023

- Handle With Care Implementation planning in GCPS schools

Alerts schools if a child has experienced a trauma so there are appropriate interventions

Trainings

- Connections Matter, Stewards of Children Child Abuse, Mandated Reporter Training

- With faith-based institutions, school and afterschool systems, juvenile court, and civic organizations
- Over 1,000 people trained from 2022-2023

- GUIDE, Inc.

- DBHDD grant
- Monthly Question, Persuade, Refer (QPR) and Youth Mental Health First Aid (YMHFA) **Trainings**

- Healthy Communications and Healthy Relationships: Sexual Assault Prevention and Awareness

For teens and youth serving organizations offered by Mosaic

- Personal Safety and Protection Trainings

For teens and youth-serving organizations focused on enthusiastic consent and selfprotection from online predators. Offered by Mosaic

- GUIDE and GCPS training partnership

Provides all educational staff with Youth Mental Health First Aid Training prior to the 2023-2024 school year

- Sexual Assault Awareness Month training

Provided to students and staff at **Gwinnett County Public Schools**

Research/Evaluation/ Other Efforts

- Neighborhood Nexus Data-Analysis

Serves on the Steering Committee to construct a data profile for Gwinnett County regarding PACEs

- Gwinnett County Human **Services System Needs** Assessment

 Identification of priority issues and prevention strategies to develop a collaborative action

- Mosaic Georgia's Crisis Support and Resilience Fund

· Local foundations offer scholarships for clients to access therapists experienced with childhood and adolescent trauma

- View Point Health Intensive **Outpatient Services (IOS):**

- Meet individuals where they are located
- "Co-responds" with law enforcement for behavioral health intervention need

- Support Groups for adolescent and adult survivors of sexual abuse and assault

 In partnership with Mosaic and Saprea

- · Adults Protecting Children
- CASA
- Children's Healthcare of Atlanta
- Chris 180
- **Families First**
- Family Ties
- Freedom Church
- Georgia Bureau of Investigation Cybersafety Initiative
- Georgia Cares
- Georgia Center for Child Advocacy
- **Gwinnett Building Babies Brains**
- **Gwinnett County DFCS**
- Gwinnett County Police Department
- **Gwinnett County Public Schools**
- **Gwinnett District Attorney Office**

- · Gwinnett Newton Rockdale Health Department GUIDE
- Hearts for Families
- Hudgens Center for Art and Learning
- Jared's Heart of Success, Inc.
- Lawrenceville Police Department
- Lilburn Women's Club
- Magdalene's Gate
- Mosaic Georgia Children's Advocacy Center
- Neighborhood Nexus
- Partnership Against Domestic Violence
- Positive Impact International
- Primerica Foundation
- Rainbow Village

- Revolution Teen Center
- Revved Up Kids
- Salvation Army of Gwinnett
- Sapphire Youth Development
 - Ser Familia
- State DFCS Board
- Still Waters International Academy
- Street Grace
- StreetWise Georgia Tapestri
- The Starr Institute View Point Health
- Wellness and Trauma Recovery
- Center
- Wellroot Family Services

ATLANTA REGIONAL COLLABORATIVE FOR HEALTH IMPROVEMENT (ARCHI)

The Atlanta Regional Collaborative for Health Improvement (ARCHI) emphasizes the need for a trauma-informed network of coordinated connections to services for communities with disproportionate access. namely Atlantans of color, in an honoring and healing manner. By addressing the needs of Atlantans through holistic streamlining of access and eligibility across services, ARCHI will invert the burden individuals face when seeking access to care services. ARCHI began with national research on models and designs relevant to its coordinated system of care, along with local stakeholder identification. ARCHI supports several collaborative efforts among its partners to build, coordinate and support person-centered networks. These networks share data, streamline service access, and track the impact on individual community members. At the core of their work is ARCHI's goal to address underlying health inequities by standardizing quality trauma-informed care across their collaboratives through training with community health workers and those providing client support.



Mission and Broad Goals

The Atlanta Regional Collaborative for Health Improvement (ARCHI) is a collaborative of over 110 partners committed to addressing health inequities in metro Atlanta by inverting the burden away from individuals or families seeking support and creating coordinated, person-centered systems of care. Their mission is to invert the burden from those in health distress, engaging a broad network of intersectional partners to sustainably change the system and solve health inequities in metro Atlanta.

ARCHI's efforts support a wide range of communities across the metro Atlanta area, including Fulton and Dekalb Counties, in a variety of health-related areas, including housing. The current Invert the Burden initiatives that support systems change in the metro Atlanta area include:

- Streamlining access to services in all areas related to health equity including social services, behavioral health, physical health, affordable housing, criminal justice services, etc.
- Designing, implementing and promoting trauma-informed systems
- Reducing inefficient administrative work and data collection
- Shifting from crisis reduction to anticipating and preventing Atlantans' needs
- Evaluating and building on best practices for a continuum of coordinated services
- Promoting lived expertise in system design and decision making



Coalition Geographic Service Area Dekalb, Fulton

Prevention/ Intervention

- ARCHI Community Resource Hub

- Created to promote interoperability and closedloop referrals between relevant social service agencies and health care systems
- Includes rent, morgage and utility relief portal

- Care Coordination Teams

 Convening six health systems in metro Atlanta on a biweekly basis

- ARCHIves Program Equity Stories

- Partnership with Global Dialogues, Partners for Home, Partnership for Southern Equity, and the Annie E. Casey Foundation
- Sharing lived expertise to center community voice and inform policy and process development
- Previous stories focused on unhoused individuals and the next set will focus on coordinated care network partners and users

Advocacy/Policy

- Partnership with Behavioral Health Commission

• Presented to the access subcommittee

- Multi-Agency support of coordinated system of care initiative

- Community and state organizations signed in support
- Community Health Worker (CHW) Awareness Day at the Georgia capitol
- 150 attended to advocate for CHW reimbursement and promote awareness of their crucial role in healthcare

- ARCHI Quarterly Breakfasts

 Gathers local leaders and organizations to discuss relevant topics including Reimagining Atlanta Healthcare, Housing Challenges and Solutions, Community Health Workers, & Medicaid Unwinding

Trainings

- Community Resiliency Model Training

- ARCHI convened 80 statewide Community Health Workers to receive CRM training
- ARCHI continues to determine and develop most appropriate Community Health Worker trainings

- Metro Atlanta Cities Wellbeing Initiative (MACWI)

- Leaders from 6 metro Atlanta cities are learning wellbeing metrics
- Provides training on how to analyze data and identify strategies to collect community insight

- 8-month Enrichment Experience for Community Leaders

- Learning to build capacity to apply data for policy change
- In partnership with Georgia Municipal Association, National League of 4 Cities and University of Georgia School of Public Health

Research/Evaluation/ Other Efforts

- Case study outcomes have led to a partnership with the Georgia Department of Behavioral Health and Developmental Disabilities

- Technical Experts Partnerships

 Telegy and TechBridge assist with assessment and design

- Working to replicate Resource Hub Model

 Share successful resource in other communities to reduce hospital readmissions

- Annual Community Health Worker (CHW) Forum

 ARCHI hosted the event again in Summer 2023 and reached 100+ community health workers

- Metro-Atlanta Racial Equity Atlas

- The platform offers a storycentric experience that shares personal stories with interactive community data and historical background
- Partnership with Neighborhood Nexus and Partnership for Southern Equity

Links

ARCHI Collaborative
ARCHI Instagram
ARCHI LinkedIn



- Annie E Casey Foundation
- · Atlanta Center for Self Sufficiency
- Atlanta Community Food Bank
- Atlanta Regional Commission
- Atlanta Volunteer Lawyers Foundation
- BCM Georgia
- Catholic Charities of Atlanta
- · Children's Healthcare of Atlanta
- · City of Atlanta
- Cobb Community Foundation
- Crossroads Community Ministries
- · Emmaus House
- · Emory Healthcare
- Entryway
- Families First
- First Step Staffing
- Gateway Center
- Georgia Asylum and Immigration Network

- Georgia Center for Nonprofits
- Georgia Charitable Care Network
- Georgia Department of Behavioral Health and Developmental Disabilities
- · Georgia Health Policy Center
- Grady Health System
- Gwinnett Coalition
- HOPE Atlanta
- Inspiritus
- Intown Collaborative Ministries
- Kaiser Permanente
- Latin American Association
- Latino Community Fund Inc
- Midtown Assistance Center
- Neighborhood Nexus
- · Northside Health System
- Open Doors
- Open Hand Atlanta

- Parents Prosper
- Partners for HOME, Inc.
- · Partnership for Southern Equity
- · Piedmont Healthcare
- Pontifex Consulting
- Quality Care for Children
- Ser Familia
- St. Joseph's/Mercy Care Health System
- St. Vincent de Paul
- TechBridge
- Ujima Way
- United Way of Greater Atlanta
- · Urban League of Greater Atlanta
- Voices for Georgia's Children
- · WellStar Health System
- Zion Hill CDC



RESILIENT COMMUNITIES OF SOUTHEAST GEORGIA

Resilient Communities of Southeast Georgia aims to strengthen the southeast Georgia region by creating a shared understanding of adversity and resilience, promoting trauma-informed practices, and advocating for policy and systemic change. Comprised of a diverse set of community stakeholders, partners are committed to raising awareness of the unacceptable prevalence and enduring harmful effects of adverse childhood experiences (ACEs) and developing equitable solutions that will create a stronger, more resilient region in which all individuals have the opportunity to achieve their full potential. The public-private coalition includes local municipalities, law enforcement and judicial systems, school systems, regional health systems, social services organizations, higher education institutions, and local businesses. Headquartered in Brunswick, Georgia, Resilient Communities of Southeast Georgia aims to strengthen the communities of Camden, Glynn, Liberty, Long, McIntosh and Wayne counties.



Mission and Broad Goals

The mission of Resilient Communities of Southeast Georgia is to create a resilient and responsive community with economic, social, and emotional supports for all. The initiative aims to create lasting change through a combination of education, innovation, service provision, and collaborative action. Focusing its efforts on strengthening communities in southeast Georgia, partners are working to create a shared understanding of adversity and resilience, promote trauma-informed practices, and advocate for policy and systemic change.

Broad goals include:

- Building awareness and a common understanding of adversity and resilience through the training of partners, community leaders, and practitioners in racial equity, trauma-informed practices and ACEs prevention, and reduction/intervention strategies.
- Promoting coordinated trauma-informed practices across systems to address the systemic causes of ACEs in highpoverty communities, particularly those of color.
- Preparing future professionals to enter the workforce with knowledge of and skills in trauma-informed practices by providing training opportunities to students at College of Coastal Georgia, Schools of Education, Nursing, and Criminal Justice.



Coalition Geographic Service Area

Camden, Glynn, Liberty, Long, McIntosh, Wayne

Prevention/ Intervention

- DECAL Community Transformation Grant program Expansion of Coastal Georgia Nurturing Parenting Program

- Expanded program to all Glynn and McIntosh County families. Promoting healthy parenting skills and recognition of child's emotional needs
- Removes barriers for resources needed for healthy development of children ages 0-5
- In partnership with UWCGA, Safe Harbor, Coastal Coalition for Children, and YMCA of Coastal Georgia

- Kate's Club Partnership and Expansion

- Successfully advocated to be included in the expansion
- 6 SE counties served by the coalition to receive bereavement services to youth and their families

- 9-8-8 Outreach

 Promotes the crisis-line and suicide prevention resources throughout the community

- Awareness and prevention workshops, discussions and activities

 Including local/ regional partners with a focus on healthcare providers, childcare providers, K-12 school system staff, college system staff, youth development providers and mentors, foster parents & kinship care guardians, etc

Advocacy/Policy

- Handle With Care Advocacy for all local school districts

- Alerts schools if a child has experienced a trauma so there are appropriate interventions
- Glynn County Schools set to launch in Nov 2023

-Home Visitation Programs

 Advocacy efforts for early intervention services given recent funding cuts from DPH

-Coastal Georgia Homeless Coalition

- Addressing housing concerns in the growing homeless population – many include single parents with children.
- Advocating for Continuum of Care
- Stakeholder discussions on trauma and poverty and how our community's systems can support resilience for children and families.
- Building capacity to advocate for trauma and poverty informed practices and systems change, and to embed these practices and protocols into the implementation of their work and strategies

- Planning for annual symposium for elected local officials

 Discusses the economic impact of trauma and ACEs on the community

Trainings

- Community Resiliency Model (CRM)

- Provided CRM training to HeadStart staff across the 6county region
- Offered to all Georgia-based United Way Impact staff in 2023
- CRM training implemented in biannual Community Emergency Response Team trainings

-Trauma Module included in Community Emergency Response Team Training

- Beginning Fall 2023, Community Emergency Response Team training biannually
- Engages community members and organizations to prepare volunteers to respond safely, and effectively in emergency situations

- Lunch and Learn trainings for all Glynn County employees in the following departments:

- Administration
- · Sherriff's Office
- Public Safety
- Parks and Recreation
- Public Works

- College of Coastal Georgia, School of Education, Nursing, and Criminal Justice Trainings

- Trust-based Relational Intervention Training (TBRI)
- Youth Mental Health First Aid
- Child Sexual Abuse Prevention

- Other ongoing community trainings

- Connections Matter
- Mandated Reporter Training
- Mindful Self-Compassion (MSC)
- Prevent Now! Workshop
- Stewards of Children

Research/Evaluation/ Other Efforts

- Infant/Toddler Court and Mental Health Court Programs

- Currently exploring these programs to bring to the community- Digital Toolkit
- For collaboratives, partners, and community leadership to raise community awareness that includes landing page with resources
- Coordinated the regional strategy development, implementation, and evaluation of a trauma-informed community model
- Creates lasting change and raises awareness of trauma, reduces its impact, and builds resilience in individuals, families, and community
- Conducted a focus group with HeadStart staff regarding staff recruitment and retention.

Links

United Way of Coastal Georgia

UWCG Facebook

UWCG Instagram

- Boys and Girls Clubs of Southeast Georgia
- · Camden Connection
- CASA GlynnCity of Brunswick
- Coastal Coalition for Children
- Coastal Community Health Services
- Coastal Georgia Area Community Action Authority
- Coastal Outreach Academies
- College of Coastal Georgia

- Communities in Schools
- Communities of Coastal Georgia Foundation
- Department of Behavioral Health and Developmental Disabilities (DBHDD)
- Department of Early Childhood and Learning (DECAL)
- Department of Juvenile Justice -Family Court Circuits
- District Attorney for the Brunswick Judicial Circuit

- Faithful Love
- Faithworks Ministry
- Family Connection of Glynn County
- First Tee of Glynn County
- Gateway Behavioral Health
- Georgia Family Connection Partnerships
- Glynn Community Crisis Center
- Glynn County Department of Family
 and Children's Services
- Glynn County School District
- Hope 1312 Collective
- Safe Harbor Center
- Southeast GA Health System
- STAR Foundation of Coastal Georgia
- The Salvation Army
- · United Way of Coastal Georgia
 - YMCA of Coastal Georgia

RESILIENT NORTH GEORGIA

Resilient North Georgia seeks to increase community understanding of Adverse Childhood Experiences (ACEs) and advocate for prevention and mitigation within North Georgia. Additionally, training focuses on parental support, including foster parents, community sector training for first responders, teachers, and direct service organizations. Resilient North Georgia is strategically building upon work that has already begun in the community, focusing on teen populations for positive youth development, including the continuum of family preservation services. Evidence-based practice and program development are being utilized to bolster efforts to keep children out of the foster system, prevent trauma, and foster a resilient North Georgia community.



Mission and Broad Goals

Resilient North Georgia works to restore children and families from trauma using evidence-based practices and program development to bolster efforts to keep children out of the foster system, prevent trauma, advocate for prevention, and foster a resilient North Georgia community. They envision a world where every child is raised in a loving, compassionate, and nurturing home while aiming to:

- Target residential programming within Foster Care, Independent Living (ILP), Transitional Living (TLP), and Family Housing
- Provide skill training, coaching, and therapeutic care with Healthy Families America (HFA), Positive Parenting Program (Triple P), and Functional Family Therapy (FFT)
- Assess ACEs and community health on the countylevel
- Reach teens through a justice-based model that recognizes structural racism, utilizing prevention science
- Increase access to community supports like mental and behavioral health care in rural counties in North Georgia



Coalition Geographic Service Area

Banks, Dawson, Forsyth, Franklin, Hall, Hart, Habersham, Lumpkin, Rabun, Stephens, Towns, Union, White

Prevention/ Intervention

- Positive Parenting Program (Triple P)

 3 cohorts, 22 families served, offered to be translated in Spanish

- Community Health Fairs

 Tabled these events and promoted training and education with Family Connections partners

- Juneteenth Health Fair in Gainesville

- Tabled and promoted training and education
- Hosted a session on ACEs education at the

- First Steps Support Services

- Offered to expectant parents with children 0-5
- Provides families with parenting information on topics relevant to parent and child health/safety and a community resource guide through Health Families Gainesville

- Functional Family Therapy

 Offered through Wellroot Family Services

Advocacy/Policy

- Handle With Care Advocacy for Gainsville City Schools in partnership with Gainsville Police

- Alerts schools if a child has experienced a trauma so there are appropriate interventions
- Piloted progam began in Fall 2023

- Participated in Mental Health Day at the Capitol in January 2023

 Tabled and promoted training and education

- Participated in Children's Mental Healthy Day at the Capitol in May 2023

 Tabled and promoted training and education

- CASA and mentor program trainings

 Provides monthly training to CASA staff and mentors

Trainings

- Community Relsiliency Model (CRM)

 Looking to offer trainings in Spanish

- Connections Matter

- Overview of ACEs to improve resiliency & prevent childhood trauma
- Looking to offer trainings in Spanish

- Youth and Adult Mental Health First Aid and Youth

 Skills-based training that discusses mental health and substance-use

- Alternative School Pilot Project

 "Resilient School" program includes an advisement course that teaches ACEs and CRM principles to students

- Juvenile Court Trainings

 Provided training on impact of childhood trauma for Hall County Juvenile Court

Research/Evaluation/ Other Efforts

- Reaching Teens Program

- Strength and justice-based model that draws from Positive Youth Development, Resilience Building and Traumasensitive Practices.
- Hosts Monthly Learning Community meetings representing 8 community agencies

- Reaching Teens Symposium

- Over 1,100 people from 10 counties attended this Gainsville City Schools Event
- Cross-sector partners in mental health and youth serving orgs

- Literature Review and Assessment Tool for Reaching Teens Program

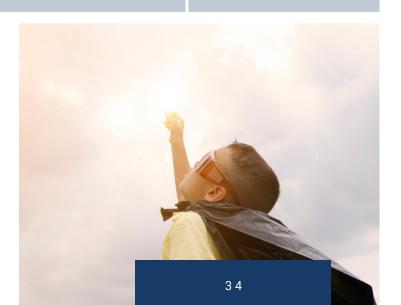
 For other organizations to use to understand tenets of the program and customize implementation

Links

Wellroot Facebook
Wellroot Family Services

- Bethlehem United Methodist Church
- Brenau University
- Browns Bridge ChurchCenter Point Counseling
- Clayton County Rotary Club
- · Clayton County Sheriff's Office
- Community Foundation for Northeast Georgia
- · Family Promise of Forsyth County
- Family Resource Center for NE Georgia
- Forsyth County DFCS
- Forsyth County Juvenile Court
- Forsyth County Schools
- Foster Parent Association of Georgia
- Gainesville City Schools
- Gainesville First United Methodist Church

- · Gainesville Housing Authority
- Georgia Center for Child Advocacy
- Georgia Mountains YMCA
- Good Shepherd Lutheran Church
- Habersham EMC
- Hall County DFCS
- Hall County Juvenile Court, Judge Lindsay Burton
- Hall County School System (Project Aware)
- Hall County Treatment Court, Jessie Emmett
- Jackson EMC
- Ninth District Opportunity
- Oakwood United Methodist Church
- Region 2 Family Connections
- The Hub of Habersham
- United Way of Hall County
- University of North Georgia



WAYCROSS AREA RESILIENT GEORGIA PARTNERSHIP

Waycross Area Resilient Georgia's mission is to build a traumainformed community by strengthening its awareness of Adverse Childhood Experiences (ACEs) and their impact. This includes empowering victims of family violence through advocacy, community partnerships, and providing safe and hopeful environments that promote economic and family stability. Like many areas of rural Georgia, Waycross understands the importance of mental health and suicide prevention services and plans to develop training and programs to address both. In providing these trainings through our service providers and community partners, youth, parents, law enforcement, and first responders, we will be able to promote resiliency in the Waycross Judicial Circuit through a unified trauma-informed response. Additionally, Waycross is developing the Family Justice Center as a multi-agency, cross-sector service center to facilitate care for victims of interpersonal violence in one location.



Mission and Broad Goals

Waycross Area Resilient Georgia's goal is to create a community response through cross-sectored partnership throughout six counties to provide a trauma-informed response to ACEs. The Partnership is empowering victims of family violence through advocacy, building community connections, and providing safe and hopeful environments that promote economic and family stability through the following:

- Partnering with the Family Justice Center, judicial sectors, law enforcement officers, parents, and school systems
- Addressing substance abuse effects on families through prevention and awareness trainings
- Developing programming in schools to prevent and address suicide through trainings with the Waycross police department
- Offering behavioral health services to sexually exploited children and children who have been exposed to other violence such as Domestic Violence, abuse, and neglect
- Providing a trauma-informed approach to families for raising healthy children in safe, stable, nurturing environments
- Educating and engaging community members, raising awareness of intergenerational ACEs



Coalition Geographic Service Area

Bacon, Brantley, Charlton, Coffee, Pierce, Ware

Prevention/ Intervention

- Electronic Billboard Awareness Efforts

- Spreading awareness of the 988 crisis line through a "Help is on the Way" Billboard
- Dating Violence and Anti-Bullying Awareness billboard including 988 crisis line
- Child Abuse Prevention billboard including 988 crisis line
- Domestic Violence Awareness Billboard to include Crisis line

- Teen Maze Program to Middle and HS students

 Shared dating and domestic violence awareness and suicide prevention in Brantley and Pierce Counties

- Child Abuse Awareness Clothesline Project

 Awareness T-Shirts displayed in Bacon, Brantley, Coffee, Pierce, and Ware counties for child abuse prevention in partnership with Diva Dawgs and "I am" girls

- "Let's Chalk About It"/Know your Worth Events

- Provided suicide prevention awareness information for adults and youth of all ages
- 1.000+ attendees

- Jr. Police Academies (Brantley and Waycross PD)

 Programs to promote resiliency and strengthen youth mental health for at risk youth aged 7 to 15

- Free Youth Camps to underserved children ages 7-15

- · Camp Reveille with YMCA
- Adrian Peterson Sports Camp and YMCA
- Teaches life skills, team and trust building along with strength training and agility

- Trunk or Treat: Be Resilient:

- Bacon, Brantley, Pierce and Ware Counties
- Mental Health and Safety Awareness to youth and families

- "I Am" project:

- A group designed for young adolescent black women lead by a young black woman
- It empowers youth through self-love, skill development, critical awareness, and opportunity

Advocacy/Policy

- Yearly Proclamation signed by Mayors and Commissioners in the Waycross Judicial Circuit

- Presented during Domestic Violence Abuse month at City Council meeting
- Magnolia House Victim Advocates and Leadership attended this presentation

- Child Advocacy Initiatives

- Stewards of Children and Anti-Bullying Initiatives, Safe Dating trainings
- In partnership with Sexual Assault/Child Advocacy Center through FJC, CASAs, and Court Victim Advocates

- Family Justice Center (FJC) Plans and Groundbreaking

- Multi-agency, multi-disciplinary center that provides services to domestic violence, sexual assault, and child abuse victims
- Most rural Justice Center in US
- Empowers victims through advocacy and promotes economic and family stability
- Promotes Resiliency in the Waycross Judicial Circuit through a unified trauma informed response

- Sponsorship TeddyBears

 Bears to be placed in patrol cars and on ambulances for 1stResponders/Law Enforcement to give to young victims when responding

Trainings

- Hosted 60+ training events serving more than 6,894 individuals as of September 2023

- · Stewards of Children
- Bullying and Cyberbullying
- Social media, Cyberbullying, and Online Trafficking
- Connections Matter with Collaborative Partners
- Adult and Youth Mental Health First Aid
- Criminal Street Gang Recognition: Our Youth's Safety
- Law Enforcement Annual Trainings

- Family Connections Lunch and Learn with Greater Valdosta United Way and The Haven

- Provided DV Awareness and Education
- Provided information and understanding of the FJC Model

- Human Trafficking Training

 Provided to Brantley County School Counselors

- 1st School Resource Officers Training

 Provided to Resource Officers at Ware County Board of Education

- DFCS and Family Connection Lunch and Learns

 Shared child abuse information and Magnolia House services in Bacon, Brantley, Coffee, Pierce, and Ware counties

Research/Evaluation/ Other Efforts

- Prevent 360 evidence-based approach with Magnolia House

- ACES prevention curriculums including Digital Safety, Physical/Emotional Safety, Mental Health, Substance Abuse, Self-Harm and Suicide Prevention
- Provides a common language to help keep families safe, offered through Monique Burr Foundation

-Build a Challenge Course Partnership

Using nature to educate youth and foster trust and connection

- Y.O.G.A for Youth:

 Teaches Behavioral Stability, Self-Esteem, Physical Health, and Scholastic Aptitude

- Outward Bound Schools or Teen Excursions

 Designed to create a connection with nature and newfound confidence in students aged 12-18

-Art Therapy for Youth and Art Therapy for Victims of Domestic Violence:

 Art Therapy works to improve the mood, sensory integration, and calm the body and mind, among children who have experienced traumatic events

- Tackling Mental Health Event

- Former NFL running back Adrian Peterson discussed mental health awareness and community resiliency
- 1,500 attendees in Ware County

- Miracle League: Grand Opening of New Field:

Sponsored the event while building awareness with families of disabled youth and providing resources within our community for them

Coalition Partners

- Action Pact
- Brantley County Board of Education
- Crossroads Christian Academy
- Georgia Family Connections Region 12
- Magnolia House
- Satilla Advocacy Center/Children's Advocacy Center
- Southeast Georgia CASA
- · Southeast Health District/CDC
- Southside Christian School
- Unison Behavioral Health
- Ware County 4-H Department
- 2 Ware County Board of Education
- Ware County Sheriff's OfficeWaycross Family Justice Center
- Waycross Police Department
- YMCA

Links

<u>Magnolia House</u> <u>Magnolia House Facebook</u>

GLOSSARY OF TRAINING

Becoming a Resilient Parent is for caregivers to learn resilience-building skills, self-advocacy, and Positive and Adverse Childhood Experiences (PACEs) education. It aims to strengthen the relationship with families and service providers that offer resources to address family needs.

Community Resiliency Model (CRM) is an innovative and preventative low-cost, low-intensity training, which involves a simple set of mental wellness skills that can be readily learned and practiced. CRM skills can restore the natural balance of the nervous system by focusing on sensations of well-being.

Connections Matter is an interactive discussion-based workshop that can be taken in either two days (2 hours each day) OR one day (4 hours) via virtual Zoom format. Participants learn about adverse childhood experiences (ACEs), trauma, and resiliency. Some coalitions also provide "Connect Now" training in their communities, which is a condensed 1-hour presentation on Connections Matter content.

Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues. This training is available in both adult and youth curriculum.

Mindful Self Compassion is a 1-day evidence-based skills-building workshop that teaches participants the fundamental concepts and skills of mindfulness and self-compassion. This training equips participants with the ability to use self-compassion to handle difficult emotions with greater ease.

Stewards of Children training is the only adult-focused, evidence-informed curriculum proven to increase knowledge and attitudes about child sexual abuse and change behaviors promoting protective factors. The one-time 2 $^{1}/_{2}$ hour Stewards of Children program is available through a group session led by an authorized facilitator as well as online.

Trauma-Sensitive Yoga (TSY) is designed for individuals who have experienced trauma. It helps trauma survivors to develop a greater sense of mind-body connection, ease physiological experiences of trauma, learn to regulate their nervous system, and improve overall wellbeing.

Trust-Based Relational Intervention (TBRI®) is an attachment-based, trauma-informed intervention that equips caregivers with skills needed to meet the needs of their children. This training uses Empowering Principles, Connecting Principles, and Correcting Principles to address physical needs, attachment styles, and behaviors.

Question, Persuade, Refer (QPR) is an innovative, practical and proven suicide prevention training that empowers participants, regardless of their background, to make a positive difference in the life of someone they know.



PHILANTHROPIC GRANTS MAP

Philanthropic Grants Map GRANT ALLOCATION Grant Hub 2019 - 2021 - Round I Rabun Collaborative County 2019 - 2021 Union Walker Whitfield Grant Hub 2020 - 2022 - Round 2 Gilmer Collaborative County 2020 - 2022 Lumpkin Stepher Gordon Chattooga Pickens Grant Hub 2021 - 2023 - Round 3 Franklin/ Hart Banks Collaborative County 2021 - 2022 Hall Forsyth Floyd Cherokee Bartow Grant Hub 2021 - 2023 - Round 4 Madison Elbert Collaborative County 2021 - 2022 Polk Clarke Oglethorpe Paulding Wilkes DeKalb Carroll Clayton Taliaferro/ McDuffie Columbia Warren Henry Richmond Putnam Coweta Butts Spalding Burke Jefferson Baldwin Monroe Washington, Bibb Wilkinson Harris Johnson Taylor Peach_ Muscogee Laurens Bulloch Bleckley Treutlen Effingha Houston e Marion Toombs Dodge Dooly Vebster Tattnall Sumter Chatham Wilcox Telfair Liberty Randolph Jeff Davis Lee Ben Hill Appling Turner Calhoun Wayne Dougherty Bacon McIntosh. Baker Pierce Berrien Glynn Brantley Miller Colquitt Ware Lanie Camden Charlton Echols THE PITTULLOCH FOUNDATION

GRANTEE CONTACTS

ROUND 1								
GRANTEE	COUNTIES	NAME	TITLE	ORGANIZATION	PHONE	EMAIL		
Resilient Northeast Georgia	Barrow, Clarke, Elbert, Greene, Jackson, Jasper,	Meredith Lysaught	Strategic Philanthropy Program Manager	Athens Area Community Foundation	404.971.8071	mlysaught@athensareacf.org		
	Madison, Morgan, Newton, Oconee, Oglethorpe, Walton	Sarah McKinney	President and Chief Executive Officer	Athens Area Community Foundation	706.357.7148	smckinney@athensareacf.org		
Resilient Communities of East Georgia	Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Wilkes, Richmond, Screven, Taliaferro, Warren, Washington	Julie Miller	Regional Manager	Georgia Family Connection Partnership	706.829.7868	juliem@gafcp.org		
		Kathryn Martin	Associate Dean for Regional Campuses	Medical College of Georgia at Augusta University	706.721.2812	katmartin@augusta.edu		
		Kim Vess	Assoc. Dean, Learner Well- being, Professor, Psychiatry and Health Behavior	Medical College of Georgia at Augusta University	706.721.6110	kimberlyannvess@gmail.com		
		Melissa Bemiller	Associate Professor, Criminal Justice and Sociology	Department of Social Sciences, Augusta University	706.737.1710	Mbemiller@augusta.edu		
		April Hartman	Vice Chair for DEI, Associate Professor, Department of Pediatrics	Medical College of Georgia at Augusta University	706.721.2456	ahartman@augusta.edu		
Resilient Coastal	Bryan, Chatham, Effingham	Lizann Roberts	Executive Director	Coastal Georgia Indicators Coalition	912.651.1478	director.cgic@gmail.com		
Georgia (Savannah)		Maureen McFadden	Licensed Clinical Social Worker	McFadden Therapy and Consulting, LLC	912.349.9645	mcfaddenmaureen2@gmail.com		
		Molly Lieberman	Executive Director	Loop It Up Savannah Inc.	912.660.2812	molly@loopitupsavannah.com		
		Vira Salzburn	Program Director for Prevent Suicide Today	Chatham County Safety Net Planning Council	912.661.0577	virasalzburn@chlink.org		
Resilient Middle Georgia	Baldwin, Bibb, Crawford, Hancock, Houston, Jasper, Jones, Monroe,	Jill Vanderhoek	Executive Director	Bibb Community Partnership	478.219.2447	jill@bibbcommunitypartnership.org		
	Jasper, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs, Washington, Wilkinson	Amanda Juarez	Project Coordinator	Resilient Middle Georgia	478.973.0402	resilientmiddlega@gmail.com		
			ROL	JND 2				
GRANTEE	COUNTIES	NAME	TITLE	ORGANIZATION	PHONE	EMAIL		
Building a Region of	Bartow, Catoosa, Chattooga, Dade, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk, Walker, Whitfield	Gabrielle Hawkins- Stewart	Regional Manager	Georgia Family Connection	678.358.2235	gabrielle@gafcp.org		
Resilience NWGA		Laura Beth Newsom	Coordinator	Walker County Family Connection	423.595.2221	laurabethnewsom@walkerschools.org		
		Jacqueline Elwarner	Coordinator	Pickens County Family Connection	706.253.2319	pickensfamilyconnection@gmail.com		
		LaDonna Collins	Executive Director	Rome-Floyd Co. Commission on Children and Youth	706.844.4952	lcollins@rfcccy.org		
Resilient Chattahoochee Valley	Chattahoochee, Clay, Harris, Macon, Marion, Muscogee, Quitman, Schley, Stewart, Talbot, Taylor, Webster	Ben Moser	President + CEO	United Way of the Chattahoochee Valley	706.887.7440	bmoser@unitedwayofthecv.org		
valley		Jennifer St. John	Chief Impact Officer	United Way of the Chattahoochee Valley		jstjohn@unitedwayofthecv.org		
		Pam Romero	Vice President, Community Schools United	United Way of the Chattahoochee Valley		promero@unitedwayofthecv.org		
		Sidney Houck	Project Coordinator	United Way of the Chattahoochee Valley	706.327.3255	shouck@unitedwayofthecv.org		
		Imani Jones	Manager of The Basics/RCV	United Way of the Chattahoochee Valley	762.246.7804	ijones@unitedcv.org		
Resilient SWGA-	Baker, Calhoun, Clay, Crisp, Dougherty, Early, Lee, Mitchell, Quitman, Randolph, Sumter, Terrell, Worth	Shaunae Motley	President + CEO	United Way of SWGA	229.883.6700 ext. 123	shaunae.motley@unitedwayswga.org		
Albany		Philip Gentry	Special Projects Manager	United Way of SWGA	229.883.6700 ext. 128	philip.gentry@unitedwayswga.org		
Resilient SWGA-	Colquitt, Decatur, Early, Grady, Miller, Mitchell, Seminole, Thomas	David Sofferin	Executive Director	The Vashti Center	229.226.4634	davids@vashti.org_		
Thomasville		Alex English	Director of Outreach & Training	The Vashti Center	229.226.4634 ext. 131	alexe@vashti.org		
		Quandolyn Grant	Community Training Manager	United Way of SWGA	229.883.6700 ext. 101	<u>quandolyng@vashti.org</u>		
		Quandolyn Grant Erin Alford		United Way of SWGA The Vashti Center		<u>quandolyng@vashti.org</u> <u>erina@vashti.org</u>		

GRANTEE CONTACTS

	ROUND 3								
GRANTEE	COUNTIES	NAME	TITLE	ORGANIZATION	PHONE	EMAIL			
Aligning Community	Clayton	Michael Armstrong	Chief Operations Officer	Georgia Campaign for Adolescent Power & Potential	404.475.6046	michael@gcapp.org			
Systems for Resilience Initiative		Ronald McNeill	President + CEO	Georgia Campaign for Adolescent Power & Potential	404.475.6043	ronald@gcapp.org			
(Clayton)		Mary Frances Williams	Director of Strategic Initiatives & Partnerships	Georgia Campaign for Adolescent Power & Potential	404.395.3485	maryfrances@gcapp.org			
		Angel Young	Director, Community Based Initiatives	Georgia Campaign for Adolescent Power & Potential	404.475.6027	angel@gcapp.org			
		Jevon Gibson	Principal Advisor	Community Health Solutions	404.457.2008	jgibson@chsinnovates.org			
		Kamala Sivalingam	Director of Evaluation and Research	Georgia Campaign for Adolescent Power & Potential	770.309.6240	kamala@gcapp.org			
		D'Lareg Lee	Program Manager, Community Based Initiatives	Georgia Campaign for Adolescent Power & Potential	404.475.6048	dlareg@gcapp.org			
		Shay Peoples	Project Coordinator	Community Health Solutions	404.457.2008	speoples@chsinnovates.org			
Cobb Collaborative	Cobb	Irene Barton	Executive Director	Cobb Collaborative	678.766.5574	ibarton@cobbcollaborative.org			
		Kaitlyn Ball	Director of Strategic Initiatives and Partnerships	Cobb Collaborative	678.765.9632	kball@cobbcollaborative.org			
		Lesleigh Knotts	Mental Health Coordinator	Cobb Collaborative	678.765.9632	<u>lknotts@cobbcollaborative.org</u>			
Resilient & United Communities	Atkinson, Berrien, Brooks, Clinch, Cook, Echols, Lanier, Lowndes	Michael Smith	President and CEO	Greater Valdosta United Way	229.242.2208	msmith@unitedwayvaldosta.org			
of South Georgia		Susan Nebel	Community Impact Director	Greater Valdosta United Way	229.242.2208	kball@cobbcollaborative.org			
Resilient Gwinnett	Gwinnett	Renee Byrd-Lewis	President and CEO	Gwinnett Coalition for Health and Human Services	770.625.7917	rbyrd.lewis@gwinnettcoalition.org			
		Jessica Andrews- Wilson	Executive Director	GUIDE Inc.	706.740.0782	j <u>essica@guideinc.org</u>			
		Jennifer Hibbard	Counselor & Chief Executive Officer	View Point Health	678.360.5200	jennifer.hibbard@vphealth.org			
		Kamesha Walker	Community Health Program Manager	Gwinnett Coalition for Health and Human Services	770.288.9201	kamesha.walker@gwinnettcoalition.org			
		Teresa Raetz	Chief Operating Officer	Gwinnett Coalition for Health and Human Services	770.625.7927	teresa.raetz@gwinnettcoalition.org			
		Graydon Yatabe	Community Health Program Director	Gwinnett Coalition for Health and Human Services	470.890.4255	<u>Graydon.yatabe@gwinnettcoalition.org</u>			
			ROL	JND 4					
GRANTEE	COUNTIES	NAME	TITLE	ORGANIZATION	PHONE	EMAIL			
Resilient Communities	Camden, Glynn, Liberty, Long,	Cathy Spraetz	Interim President and Chief Executive Officer	United Way of Coastal Georgia	912.265.1850	janelle@uwcga.org			
of Southeast Georgia	McIntosh, Wayne	Janelle Harvey	Director of Community Impact	United Way of Coastal Georgia	912.265.1850	janelle@uwcga.org			
Atlanta Regional	Fulton, Dekalb	Aviva Berman	Senior Innovations Manager	Atlanta Regional Collaborative for Health Improvement	404.819.5599	aberman@gsu.edu			
Collaborative for Health Improvement		Carrie Oliver	Senior Research Associate	Georgia Health Policy Center, Georgia State University	404.413.0347	coliver@gsu.edu			
(ARCHI)		Jeff Smythe	Executive Director	Atlanta Regional Collaborative for Health Improvement		jsmythe1@gsu.edu			
Resilient North	Banks, Dawson, Franklin, Forsyth, Habersham, Hall, Hart, Lumpkin, Rabun, Stephens, Towns, Union, White	Allison Ashe	President + CEO	Wellroot Family Services	404.610.0661	clennon@wellroot.org			
Georgia		Christina Lennon	Chief Strategy and Innovation Officer	Wellroot Family Services	404.542.2660	aashe@wellroot.org			
		Kelly Hogan	Community Partnership and Training Manager	Wellroot Family Services	404.836.3492	khogan@wellroot.org_			
Waycross Area	Bacon, Brantley, Charlton, Coffee,	Heather M. Flowers	Family Justice Center Site Coordinator	Magnolia House Youth Center	912.490.8926	fjcc@magnoliahouseshelter.com			
Resilient Georgia Partnership	Pierce, Ware	Michelle Girtman	Community Partnership and Training Manager	Waycross Area Shelter for Abused Persons	229.300.0398	mgirtman@valdostahaven.org			



For more information, visit resilientga.org.

Questions or feedback?
Contact info@resilientga.org.

