Resilient Georgia is a statewide coalition of public-private partners building a more resilient, trauma-informed Georgia.

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- Healing Adversity
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ABOUT

Aligning efforts and resources across Georgia that promote resiliency and healing.

Resilient Georgia is a statewide coalition of more than 800 partners and stakeholders committed to building a stronger, more resilient Georgia.

Through a network of public and private partners, Resilient Georgia is creating a pipeline of trauma-informed behavioral health services and resources that support child and family wellness. This integrated system includes prevention, early intervention, research, advocacy and policy, and System of Care implementation and coordination.

Building a Collaborative Georgia.

Building a Trauma-Informed Georgia.

Building a Resilient Georgia.

Links
Resilient Georgia website
Resilient Georgia Facebook
Resilient Georgia Instagram
Resilient Georgia LinkedIn

Contact
Email: info@resilientga.org
Phone: (678) 940-1431
Our mission at Resilient Georgia is to lead a **state-wide coalition** to develop a trauma-informed public and private network working toward a united vision to create a birth through 26-year-old **integrated behavioral health system**. This includes the use of essential tools such as education/teaching/training, workforce development, policy strengthening, practice research, and evaluation using the collective impact framework.

Resilient Georgia has been working with 16 regions across Georgia to provide an emphasis on **trauma-informed awareness and care, Adverse Childhood Experiences (ACEs) and child sexual abuse prevention** training as a basis to transform systems and procedures crossing both public and private sectors.

Trauma-informed care, ACEs and child sexual abuse prevention can be the basis for systemic changes in a community. Each region has identified how one or more of these content areas are delivered to diverse community members through formal training, education, marketing and communications.

- **Round 1 Grants**: Awarded in November 2019, to regional coalitions based out of Athens, Augusta, Macon, Savannah, and surrounding areas.
- **Round 2 Grants**: Awarded in July 2020, to regional coalitions based out of Albany, Columbus, Rome, Thomasville, and surrounding areas.
- **Round 3 Grants**: Awarded in March 2021, to regional coalitions based out of Clayton, Cobb, Gwinnett, Valdosta, and surrounding areas.
- **Round 4 Grants**: Awarded December 2021, to regional coalitions based out of Atlanta, Brunswick, Gainesville, Waycross, and surrounding areas.

**HEALING ADVERSITY.**

**PROMOTING RESILIENCY.**

**PREVENTING ACES AND TRAUMA.**

**INTERVENING EARLY.**

**IMPROVING CARE.**

**INCREASING AWARENESS.**

**REDUCING STIGMA.**

**IMPROVING BRAIN DEVELOPMENT.**
The Resilient Northeast Georgia region prioritizes a trauma-informed behavioral health continuum of care, focusing its evidence-based efforts on urban, suburban, and rural areas. The four cornerstones of institutional support that will ensure stewardship and success in the region are The Athens Area Community Foundation, Athens Wellbeing Project, Envision Athens, and the University of Georgia. Originally serving six counties, Resilient Northeast Georgia region now serves 12 counties in the region. This coalition has conducted multiple trainings on trauma, including Community Resiliency Model (CRM), Youth Mental Health First Aid, TBRI, and Trauma 101 and Secondary Trauma. Additional work includes evaluating behavioral health utilization, outcomes, and needs in the Northeast Georgia region, hosting Georgia Justice Project, and youth mental health training with partner counties.

**Mission and Broad Goals**

The Resilient Northeast Georgia coalition aims include:

- Promote coordinated trauma-informed practices across systems and sectors
- Advance the workforce through trauma-informed recruitment, education, and development
- Build a common language and awareness of adversity, trauma, and resiliency
- Advocate for changes across policies, programs, systems, and environments (PPSE) domains, incorporating a justice, equity, diversity, and inclusion (JEDI) lens to the work
- Create a sustainable model of collaborative action for the region
## EXAMPLES OF ACES-RELATED OBJECTIVES

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| - Education and awareness campaign  
  - Webpage dedicated to trauma resources  
  - Community resource guide  
  - PSA video with personal testimonials |
| - Hosted two virtual screenings: SBIRT training  
  - SBIRT is a public health approach for early identification of and intervention with patients whose patterns of alcohol and/or drug use puts their health at risk |
| - Microgrants dispersed to community organizations & partners  
  - Bolstering the work of partner communities and bring a trauma-informed lens to the region |
| **Advocacy/Policy** |
| - Granted Juvenile Offender Advocates (JOA) to Athens County  
  - Provides advocacy services for youth involved in the justice system |
| - Working on Justice, Equity, Diversity, and Inclusion  
  - Summit with the Minority Business and Nonprofit Association in Athens |
| - Stronger Together: Building a Trauma-Informed Northeast Georgia Summit  
  - 151 participants with all 12 counties represented |
| **Trainings** |
| - Community Resiliency Model Training in collaboration with Georgia Nurses Association  
  - CRM training non-profit series with 19 NGOs |
| - CRM training with Camp Kiwanis in Madison County |
| - Goodwill of North Georgia Trauma 101 Training |
| - Goodwill of North Georgia Secondary Stress Training (Train the Trainer) |
| - TBRI Training at Restoration Rome  
  Trust-Based Relational Intervention |
| - Trauma 101 and Secondary Stress Training (3 hours) |
| - Trauma 101 and Secondary Stress Training Q&A Follow up |
| - Youth Mental Health First Aid with Morgan County |
| **Research/Evaluation/Other Efforts** |
| - Athens Wellbeing Project- Behavioral Health Community Needs Assessment  
  - Provided vital COVID-19 data ex. 100% of respondents saw an increase in one or more behavioral symptoms such as anxiety  
  - Outcomes utilized to guide prevention efforts |
| - Pre & Post-Survey Data from Trainings  
  - To gain insight into what needs improvement |

### Links
- Resilient Northeast Georgia website
- Resilient Northeast Georgia resources
- Athens Wellbeing Project website

### Coalition Partners
- ACCGov Economic Development Department
- Athens Area Chamber of Commerce
- Athens Area Community Foundation
- Athens-Clarke County Probation Services
- Athens Wellbeing Project
- Barrow County Family Connection
- Chosen for Life Ministries
- Center for Interrelational Science and Pediatrics (CRM trainer)
- Community Partnership of Elbert County
- Envision Athens
- Family Connection- Communities in Schools of Athens
- Georgia Family Connection Partnership
- Georgia Justice Project
- Georgia State University
- Greene County Family Connection Commission
- Goodwill of North Georgia
- Jackson County Family Connection Council
- Jasper County Family Connection
- Madison Area Resource Team
- Minority Business and Nonprofit Association
- Morgan County Family Connection
- Newton County Family Connection
- Oconee Area Resource Council
- Oglethorpe County Family Connection
- The Partnership for Families, Children, and Youth (Walton)
- Sole to Soul Therapy & Consulting
- University of Georgia
- University of Georgia College of Public Health
The Resilient Communities of East Georgia (Augusta) coalition focuses its efforts on educating the community on the impacts of trauma and strengthening support for programs and services among teens in the Central Savannah River Area Regional Commission (CSRA). The CSRA operates in rural, urban, and suburban areas of the 14-county catchment area. Augusta’s coalition includes eight community organizations and two departments at Augusta University, the CSRA Foundation, and the Medical College of Georgia Foundation. Augusta coalition created and successfully implemented a Resilient Teen program to address ACEs during the pandemic. Innovatively, medical students delivered the curriculum and guided the teens in the program. Additionally, the coalition built strong partnerships with the Handle With Care project, collected data for future endeavors, and created an online presence with their toolkit and website. In partnership with Augusta National Golf Club, Resilient East Georgia opened The Food Farmacy to target food insecurity in medically underserved hospitalized patients.

**Mission and Broad Goals**

The Resilient Communities of East Georgia (Augusta) coalition aims to lead a regional collaboration of community-based partnerships to prepare the coalition area to address ACEs, Trauma-Informed Care, and Resilience. To do so, the Augusta coalition is:

- Creating a network of leaders trained on building resiliency in their regions to improve mental health and ACEs awareness and resources, helping to transform the East Central region of Georgia
- Including trauma awareness in their annual strategic plan and hosting annual summits
- Building an advisory council that represents their mission, vision, and values and allows them to impact Policy, Environment and Systems changes (PES)
- Advancing the workforce through recruitment, education, and development
- Expanding their reach from the programmatic focus of Resilient Teens to a broader community approach to resilience

**Coalition Geographic Service Areas**
Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Wilkes, Richmond, Screven, Taliaferro, Warren, Washington
# EXAMPLES OF ACES-RELATED OBJECTIVES

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| - “Resilience” documentary screened live, 50+ agencies attended | - Advocacy for Trauma and Resilience integrated into Family Connection’s annual strategic plan | - Community Resilience Model (CRM) Training with 30 early childhood education stakeholders | - Community Partners’ Agency Survey:  
  - Participants were asked to define TIC & ACEs and where the terminology was learned  
  - Definitions & follow-up questions included |
| - Resilient Teens Programs 1.0-3.0  
  - Over 130 teens from 14 counties participated  
  - Data suggests “Resilient Teens” fulfills a need in the catchment area | - Handle With Care model implementation:  
  - Alerts schools and daycare centers if a child has experienced a trauma so there are appropriate interventions | - Connections Matter Facilitator training for community partners in all 14 counties | - Financially support one Middle College of Georgia Medical Student  
  - Serves as a Resilient Teens mentor and commits to providing primary care in GA |
| - Resilient Teens Alumni Group  
  - Trained Resilient Teens graduates to facilitate peer-to-peer groups | - Partnerships for Healthy Communities (PHC):  
  - Evidence-based program for emergency service providers on child abuse intervention and prevention | - Healthcare Matters Module  
  - 2-week training with Dr. Martin | - Resilient Teens “How Are You Feeling” survey:  
  - In 2021, teens reported feeling better prepared to handle issues after participating in the program  
  - 90% of teens reported understanding feelings better after |
| - The Food Farmacy  
  - Intervention addressing chronic disease and food insecurity  
  - Through prescriptions, access low glycemic index foods, fresh and shelf stable, in a grocery store-like environment | - Trauma-Informed Care Summit 2021:  
  - Brought together more than 120 community partners  
  - A call to action for local leaders to implement trauma-informed practices  
  - Encourage training for staff and community | - Transforming our Community Summit:  
  - From Trauma to Resilience! (September 2022) | - Resilient Teens Programs 1.0-3.0  
  - Resilient Teens Alumni Group  
  - The Food Farmacy  
  - “Resilience” documentary screened live, 50+ agencies attended  
  - Resilient Teens Programs 1.0-3.0  
  - Resilient Teens Alumni Group  
  - The Food Farmacy  
  - “Resilience” documentary screened live, 50+ agencies attended |
| - Resilient Teens Alumni Group  
  - Trained Resilient Teens graduates to facilitate peer-to-peer groups | | - Trauma-Focused Cognitive Behavior Training (TF-CBT) for counselors in rural areas  
  - Trauma-Informed Care training:  
  - provided to county leaders, law enforcement, and school personnel for the Handle With Care model | - Resilient Teens Programs 1.0-3.0  
  - Resilient Teens Alumni Group  
  - The Food Farmacy  
  - “Resilience” documentary screened live, 50+ agencies attended  
  - Resilient Teens Programs 1.0-3.0  
  - Resilient Teens Alumni Group  
  - The Food Farmacy  
  - “Resilience” documentary screened live, 50+ agencies attended |

### Links
- Resilient Communities of East Georgia website
- Resilient Teens website
- Resilient Teens Instagram
- Resilient Teens Facebook

### Coalition Partners
- 100 Black Men of Augusta
- Augusta Locally Grown
- Augusta University: Medical College of Georgia, Department of Social Sciences
- Boys and Girls Club of CSRA
- Child Enrichment
- The Community Foundation of CSRA
- Family Connection
- Family Y (YMCA of Greater Augusta)
- Medical College of Georgia Foundation
- Safe Homes
RESILIENT COASTAL GEORGIA

The Resilient Coastal Georgia (Savannah) coalition concentrates its efforts in a three-county region including urban and rural areas. The coalition focuses its evidenced-based endeavors on targeted populations, including elementary-high school students and teachers/counselors in public school settings, behavioral health professionals, residents in recovery, and those seeking mental health counseling. Primary partners include Chatham County Safety Net Planning Council, Coastal GA Indicators Coalition (Chatham Family Connection Collaborative), Gateway Behavioral Service Board, and Loop it Up Savannah. Resilient Coastal Georgia (Savannah) coalition developed workgroups to implement the Collective Impact Framework in and out of school networks to develop trauma-informed models and capacity building across judicial systems.

Mission and Broad Goals

The Resilient Coastal Georgia (Savannah) coalition aims to improve community well-being and increase the mental well-being of children and young people through:

- Engaging and leading the community to work collectively
- Developing a strategic school-based collaborative model of a trauma-responsive team and trauma-informed and trauma-sensitive out-of-school network
- Providing regional trauma-informed capacity building and support for families, educators, and providers who serve them
- Developing a robust and consistent model of response across behavioral health providers

Coalition Partners

- 912 Liberation Crew
- Acts 120 Group
- Amerigroup
- Beach High School
- Building Bridges Academy
- Bulloch County Commission on Human Services, Inc.
- Chatham County Juvenile Court
- Chatham County EMS
- Chatham County Safety Net Planning Council
- Charles Ellis Montessori Academy
- Coastal Health District
- Coastal Georgia Indicators Coalition
- Deep Center
- Derenne Middle School
- Edna Lewis Foundation
- Family Connections in Bacon, Brantley, Bryan, Camden, Charlton, Effingham, Glynn, Liberty, Ludowici-Long, McIntosh, Pierce
- Family Promise
- First Tabernacle Missionary Baptist Church
- Formey Early Learning Center
- The Front Porch
- Gadsden Elementary School
- Gaslight Group
- Gateway CSB
- Georgia Southern University
- Greenbrier Children’s Center
- Healthy Savannah
- Heard Elementary School
- Hubert Middle School
- Juliette Gordon Low Elementary School
- Keller Williams Realty
- Live Oak Public Libraries
- Loop It Up Savannah, Inc.
- Mediation Center of Savannah
- Mercer Middle School
- Neighborhood Safety and Engagement, City of Savannah
- Next Step Evaluation
- Otis J. Brock
- Overcoming by Faith Ministries
- Parent University
- Park Place Outreach
- Recreation and Leisure Services, City of Savannah
- Savannah Black Chamber of Commerce
- Savannah Chatham County Public School System (SCCPSS)
- Savannah/Chatham CASA
- Savannah High School
- Savannah Police Department
- Savannah State University
- The Tiny Beet
- Upward Bound, Savannah State University
- Urban Hope
- Ware Children’s Initiative
- West Chatham Middle School
- Williams Elementary School
- YMCA of Coastal Georgia
- Youth Intercept Program, Chatham County
### Examples of ACES-Related Objectives

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| - Collaborated with the Chatham County Division and Children Services (DFCS)  
  - Trained all of its employees in MSC90 and used the DFCS facility to offer in-person MSC workshops  
| - Handle with Care  
  - Established with Savannah Police & Behavioral Health Unit  
  - In 3 counties  
| - Prevent Suicide Today (PST)  
  - 3,163 trained in 2021  
| - Georgia Student Health Survey  
  - Collected annually in GA elementary, middle, and high schools  
| - Established partnerships with non-traditional partners  
  - Front Porch Improv: providing improv workshops to children to build resilience and develop  
  - Partnered with Parent University providing multiple self-compassion and mindfulness workshops to over 120 parents  
| - Park Place Outreach Suicide Policy  
  - Non-profit serving homeless and runaway youth  
  - Staff trained in:  
    - Suicide Prevention  
    - Mindful Self-Compassion  
    - Trauma-Sensitive Interactions  
| - Mindful Self Compassion  
  - Over 700 trained in 2021  
  - Partnered with NAMI GA and Mental Health America (MHA)  
| - Environmental Factors Research  
  - Research shows individuals in rural areas are more likely to die of suicide than those in urban areas  
| - Partnered with the Metropolitan Planning Commission  
  - Developed resilience network  
| - Strengthening Suicide Prevention Policy in Schools  
  - Chatham and Effingham County Public School Systems  
  - Training for all school staff  
| - Suicide Prevention Training at Savannah Technical College  
  - Chatham, Effingham, and Liberty County  
  - 3rd year & now permanent training  
| - Mental Health and Wellness Research  
  - Table shows the rates of depression among the Medicare population in each targeted county  
| - Provided Statewide ASIST Training  
  - In schools/communities with limited access to resources  
  - NAMI & DBHDD partnered  
| - The Deep Center Action Policy Team  
  - Policy identification to make the region safer for marginalized youth  
| - Received Grant to study JEDI Policy Implementation in King County, WA  
| - Teenish Youth Trainings  
  - Developed YouTube channel to share personal experiences  
  - From Georgia Best curriculum ex: employment training  
| - Root Cause Analysis Summary Report  
  - Research on suicide rates in Savannah-Chatham County, Effingham County, and Bryan County  
| - Yearly ‘Brake the Stigma’ Carshow Focusing on Mental Health  
  - Organized by Gateway Community Service Board  
| - Strengthening Suicide Prevention Policy in Schools  
  - Chatham and Effingham County Public School Systems  
  - Training for all school staff  
| - The Assist Workshops at Behavioral Health Crisis Center (January - July 2022)  
| - Substance Use Rates Research  
  - Target counties have higher age-adjusted death rates due to drug overdoses compared to state averages  

#### Links
- Resilient Coastal Georgia
- Chatham Safety Net
- Safety Net Youtube
- Safety and Resilience Facebook
The Resilient Middle Georgia (Macon) partners with community organizations and agencies to enact long-term change and build resilience in individuals, families, and the community. The coalition consists of 87 community members from diverse fields within the surrounding counties. Macon area has successfully provided multiple training opportunities (including evidence-based training) for more than 700 individuals, conducted and evaluated a community needs assessment, disbursed over 5,000 resilience bags to community partners, completed six media deliverables, and participated in several partnerships (Middle Georgia Regional Library System, DFCS, Bibb County School System) to build awareness of trauma-informed care among community organizations.

Mission and Broad Goals

Resilient Middle Georgia (Macon) has six key steps to build resilience:

- Informing communities about the impact of ACEs
- Identifying community barriers to resilience and expanding into rural areas for engagement
- Offering evidence-based training and resources to promote TIC approaches
- Focusing on leadership training and implementation of trauma/healing informed practices in community organizations and agencies
- Empowering change from within through community champion identification, building awareness, and targeting specific needs of TIC
- Building a common language to form a robust network of resources to develop an inclusive language of resilience
### EXAMPLES OF ACES-RELATED OBJECTIVES

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| - Community Event on Resilience, Stress Management, & Family Connections  
  • Hosted by Mercer Family Therapy Center students  
- Hosted Book Clubs in Middle Georgia’s Library System  
  • Relevant books added to 7 libraries  
- KINSHIFT Partnership, 6-Month Learning Collaborative  
  • Resilience and trauma-informed antiracist systems change  
- Universal Behavior Screenings (est. Oct 2021)  
  • All elementary-high schools in Bibb County  
  • Screening more than 10,000 students  
- On the Table  
  • Community-wide discussions  
  • Two sessions focused on trauma and resilience  
- 150 Resilience, Stress Management, & Family Connections Tool Kits given out at Drive-In Event  
- ACEs Impact Training with Elected Officials  
  • Meeting with Marc Whitfield & Andrea Cooke  
- Advocated for Mandated Local Police Training  
  • Handle with Care curriculum  
  • Bibb County  
- Assistant Superintendent of Student Affair for Bibb County Schools Meeting  
  • Discussed CRM training and the Handle With Care approach  
- Strategic Planning for New Family Violence Center in Middle Georgia  
  • Partnership with Family Justice Center in Macon and Bibb county  
  • Multi-generational approach in one centralized location  
- Community Resiliency Model Training  
- Connections Matter and Connect Now Training offered with various stakeholders  
- Foster Parents Training  
  • Dr. Andrea Meyer Stinson presented at a foster parent monthly meeting  
  • Topic "The Impact of ACES on Children"  
- Dr. Ross Greene Training  
  • "Collaborative & Proactive Solutions: Understanding and Helping Children with Social, Emotional and Behavioral Challenges."  
- Pediatric Grand Rounds Training  
  • Dr. Andrea Meyer Stinson presented  
- 6 Month Leadership Training (June 2022)  
  • Training on Implementation Practices  
- Adversity & Resilience Symposium  
  • 350+ attendees  
  • How to implement a trauma-informed approach into health services, law enforcement, education, and local government  
- Developed Community Needs Assessment  
  • 206 responses  
  • Majority of respondents were aware of ACES  
- Created individualized infographics for each of the 14 counties:  
  • Comparing local and state ACE data  
- Trauma-Informed Systems (TIS) Coaching from San Francisco DPH  
  • Committed to providing TIS training for community champions  

### Links
- Resilient Middle Georgia website  
- Resilient Middle Georgia Facebook  

### Coalition Partners
- ABC Breathe  
- Baldwin County Family Connection  
- Bibb Community Partnership-Family Connections  
- Bibb County School District  
- Bibb Mt. Zion Baptist Church  
- Bright from the Start DECAL  
- The Center for Collaborative Journalism at Mercer University  
- Central Georgia Technical College  
- The Comfy Place, LLC  
- Community in Schools of Central Georgia  
- Community Healthcare Systems, Inc.  
- Community Health Works  
- Crescent House, Navicent  
- Crisis Line & Safe House of Central GA  
- DFCS  
- Family Counseling Center of Central Georgia  
- First Baptist Church of Christ  
- First Choice Primary Care  
- Georgia Rural Health Innovation Center  
- Griffith Family Foundation  
- Habitat for Humanity Macon  
- Healthy Communities Navicent  
- Hospice Care Options  
- Houston County Health Department  
- DPH  
- Houston Family Connections  
- Jones County Family Connection  
- Loaves and Fishes Ministry  
- Macon AIM  
- Macon-Bibb County Health Department  
- Macon Headspace and One World Link  
- Macon Housing Authority  
- Macon Public Defender Office  
- Macon Volunteer Clinic  
- Medical Center Navicent Health  
- Mercer Family Therapy Center  
- Mercer University School of Medicine  
- Middle GA Regional Library  
- Middle GA State Navicent Health  
- North Center Health District DPH  
- Office of Congressman Sanford Bishop  
- OneMacon Program Director for Region 6  
- Pulaski Family Connections  
- Pulaski School District  
- Reflections Psychotherapy  
- River Edge  
- River Edge Behavioral Health  
- School Justice Partnership, DA’s Office  
- Southern Center for Choice Theory  
- Twiggs Family Connections Washington County Family Connections  
- Women’s Interfaith Alliance
Resilient Chattahoochee Valley (Columbus) seeks to improve outcomes of Adverse Childhood Experiences (ACEs) through the following three equity-based strategies in cross-sector collaboration; The Basics Chattahoochee Valley promotes five evidence-based parenting and caregiving principles with parents, caregivers, and partners to give children a great start to life. Community Schools United coordinates services in schools to help students overcome barriers so they can thrive academically, socially, and emotionally. Resilient Chattahoochee Valley complements these efforts by facilitating training and encouraging community collaboration, seeking to decrease the prevalence of ACEs in our region and increase community resiliency. United Way of the Chattahoochee Valley (UWCV) acts as the implementation agent for Resilient Chattahoochee Valley (Columbus), and The Community Foundation of the Chattahoochee Valley is the fiscal agent for the collaborative.

Mission and Broad Goals

- Promoting coordinated trauma-informed practices across sectors to address the systemic causes of ACEs in high-poverty communities, particularly those of color
- Developing and expanding Full-Service Community Schools, establishing schools as the hub for community resources
- Proliferating “The Basics Suggest” work across a cross-sector of community partners, targeting the early childhood education and healthcare sectors, to ensure that every child has as healthy a start in life as possible

Links
Resilient Chattahoochee Valley website
The Basics Chattahoochee Valley website
Transforming Education website
Resilient Chattahoochee Valley Facebook
The Basics Chattahoochee Valley Facebook
The Basics Chattahoochee Valley Instagram

Coalition Geographic Service Areas
Chattahoochee, Clay, Harris, Macon, Marion, Muscogee, Quitman, Schley, Stewart, Talbot, Taylor, Webster
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| - The Basics are protective parenting and caregiving behaviors that promote cognitive and social-emotional development of children from birth to age 3 | - CAREs Funding Support/Application  
  - Resulted in 2 additional Community Schools | - The Basics Continued Outreach & Training  
  - Mentor 10 Georgia communities launching The Basics through the Deal Center’s Collective Impact funds  
  - Develop tools for scaling up The Basics across the state with the Deal Center  
  - Basics Learning Network (BLN) Annual Partner and Basics Learning Session Feedback Surveys | - Cure Violence Columbus Research & Community Assessment  
  - EWRS Dashboard Utilization  
  - Early warning and response system to identify at-risk students for early intervention |
| - The Basic 5 clusters of Caregiver Behaviors:  
  - Maximize love, manage stress  
  - Talk, sing, and point  
  - Count, group, and compare  
  - Move and Play  
  - Read and discuss stories | - Columbus 2025  
  - The Basics Learning Network a part of this community strategic plan | - Developed an On-Demand Training Platform: ACEs, Trauma, & Resiliency  
  - 10 unique community outreach/presentation events reaching an estimated 1,200 service providers and community members including:  
  - SEL Library in Community Schools  
  - Children’s Mental Health Rack Cards  
  - Basics Insights Parent Texting Campaign | - Partner Survey concerning The Basics  
  - Physicians Utilize Basics Baseline Survey before implementing to collect quantitative data of parental knowledge and skills |
| - Community Schools United provides community resources in the areas of physical, mental, social and emotional health, food insecurity, housing, clothing, hygiene, ACEs, trauma, safety, and literacy  
  - Implemented in Dorothy Height Elementary School (DHES) and expanded to Martin Luther King, Jr and Brewer Elementary schools in Jan 2022  
  - DHES appointed as a Family Friendly School by the Georgia Department of Education | - Community Action Network (CAN)  
  - Partnership of agencies to work on related public health efforts | - Home for Good  
  - Community plan to end homelessness | - Training Landscape Evaluation  
  - Revealed a large gap in training on ACEs, trauma, and resiliency in the community  
  - Results guided the development of online learning platform |
| - Georgia’s Child Abuse & Neglect Prevention Plan (CANPP):  
  - leading Region 8 in trauma-informed training in youth-serving programs and school personnel | - Congress and Senate Advocacy for Community School Funding | | |
| | - Muscogee County School District Policy Collaboration  
  - Title 1, ESOL | - Muscogee County School District Policy Collaboration  
  - Title 1, ESOL | |
| | - United Way Networking  
  - Engaging local, state, and federal elected officials | | |

### Coalition Partners

- 211: United Way of the Chattahoochee Valley  
- Boys and Girls Clubs of the Chattahoochee Valley  
- Bradley-Turner Foundation  
- Chattahoochee Council, Boy Scouts of America  
- Columbus Alliance for Battered Women - Hope Harbour  
- Columbus Consolidated Government Columbus GA 2025  
- Columbus Health Department – West Central Health District  
- Community Foundation of the Chattahoochee Valley  
- Easterseals West Georgia  
- Enrichment Services Program, Inc./Head Start, Early Head Start  
- The Family Center  
- Feeding the Valley Food Bank  
- Ferst Readers, Inc. of Muscogee County  
- Georgia Department of Public Health West Central Health District  
- Girls Scouts of Historic Georgia, Inc.  
- Girls Inc. of Columbus and Phenix-Russell  
- Greater Columbus Georgia Chamber of Commerce  
- Home for Good: A Program of United Way of the Chattahoochee Valley  
- Mercer University School of Medicine  
- MercyMed of Columbus  
- Mill District Studios  
- Muscogee County School District  
- New Horizons Behavioral Health  
- Open Door Community House, Inc  
- Parents as Teachers  
- Piedmont Columbus Regional  
- Rivertown Pediatrics  
- St. Francis-Emory Healthcare  
- The Salvation Army  
- Twin Cedars Youth and Family Services, Inc.  
- United Way of the Chattahoochee Valley  
- Valley Healthcare System  
- YMCA of Metropolitan Columbus, GA
Resilient Southwest Georgia (Thomasville), like many rural areas, is more affected by health disparities and poverty compared to the state, with fewer resources. For example, across Georgia, there is a mental health provider shortage, which is more pronounced in rural areas such as in Southwest Georgia. Another barrier to care in rural areas is the lack of transportation, particularly public transportation. Therefore, Resilient Southwest Georgia (Thomasville)/The Vashti Center Coalition aims to increase awareness of health disparities and provide needed resources to integrate trauma-informed care, Adverse Childhood Experiences (ACEs) education, resiliency, and mental health first aid across youth-serving organizations.

**Mission and Broad Goals**

- Evaluating ongoing programs for effectiveness and creating progress indicators toward the ultimate goal of reducing child abuse and neglect
- Increasing family mental health well-being through trauma-informed training for all school personnel
- Disseminating and amplifying best practices in addressing issues concerning educational attainment and economic development
- Collaborating with community partners and youth-serving organizations to offer a robust catalog of professional development opportunities and training on trauma-informed care, youth mental health first aid, child abuse and prevention, and ACEs
RESILIENT SOUTHWEST GEORGIA (THOMASVILLE)

EXAMPLES OF ACES-RELATED OBJECTIVES

Prevention/Intervention
- Collaboration with DFCS and Foster Parent Associations:
  - Provided over 10 trauma-informed trainings to foster parents
  - Asked to submit proposal for AFPAG conference; selected to share trainings, experiences, and impact on foster parents
- Department of Defense Grant for School Violence Programming
- Partnered with Family Wellness Outreach Center of Georgia on a virtual winter youth conference
- Presented at the Partnering for a Health Community: Addiction, Prevention, Recovery NAMI (July 2021)
- Prevention Resources Panel Participation
  - With over 100 attendees
- Screening documentary 'Resilience' and panel discussion in conjunction with the Covey Film Festival in Thomasville in January of 2021
- Series of Events for Children’s Mental Health Awareness Month (May 2021)

Advocacy/Policy
- Common-language and ACEs Advocacy in the Community through In-Services
  - Thomasville Police Department
- Georgia Child Abuse and Neglect Prevention Plan Council (CANPP)
  - Developed objectives to increase family financial stability and wellbeing in Region 10
- Georgia Partnership for Excellence in Education’s (GPEE) Rural Learning Network Initiative participation:
  - Collaborative for rural advocacy in foster care youth
- Social Media Advocacy for awareness of relevant topics

Trainings
- Child Welfare Training Collaborative
  - 60 Vashti staff trained
- Connections Matter offered:
  - Local Head Start Programs
  - Community Members
  - 82 people trained total
- Lunch & Learn Presentation on Teen Self Harm with:
  - Thomasville City Schools, Colquitt County Schools
  - 60 school therapists, counselors, and administration staff
- Mindful Self Compassion Training with local childcare providers
- Stewards of Children Training
- Teen Mental Health First Aid
  - 8 boys and girls attended between 15-18 years old
  - 3 Facilitators trained

Research/Evaluation/Other Efforts
- Evaluation Led and Conducted by Dr. Debra Gresham
  - Associate Professor, Division of Social Work and Program Director of Social Work at Thomas University
- Data collection and evaluation will be mixed methods in assessing the following outcomes:
  - Participant surveys
  - Participation rates
  - Number of events
- Guinness Record Attempt for Mental Health Awareness
  - 335 people dressed as butterflies (32 short to beat the record)

Coalition Partners
- Adoptive and Foster Parent Association GA
- Colquitt County School System
- Colquitt County Family Connections
- GA Department of Behavioral Health & Developmental Disabilities
- Dental Associates of Southwest GA
- Hands and Hearts for Horses
- Halcyon Home
- Joshua’s Place
- Mitchell County Family Connections
- Never Lost (CASA)
- Open Door Adoption Agency
- PCOM (Moultrie Campus)
- Serenity House
- Southwest Georgia RESA
- Southwest Public Health District (Child Health Program staff)
- Thomas County DFCS
- Thomas County Family Connections
- Thomas County School System
- Thomas University School of Social Work
- Thomasville Community Resource Center
- Thomasville First United Methodist Church
- Thomasville Police Department
- Williams Family Foundation of GA

Links
Vashti Center
@vashticenter Instagram
@VashtiCenter Facebook

16
BUILDING A REGION OF RESILIENCE NORTHWEST GEORGIA

Building a Region of Resilience Northwest Georgia (Rome) is comprised of 15 counties in Northwest Georgia and guided by Georgia Family Connection collaborative organizations in the region. Building a Region of Resilience Northwest Georgia (Rome) is working on evidence-based approaches to build the capacity of partners and promote trauma and poverty-informed strategy development and implementation. The region has higher rates of reported child abuse and neglect, child poverty, mental health issues, and youth risk behaviors compared to others areas in the state. Additionally, the region has been impacted by increased substance abuse and overdoses, which is the main cause of the removal of children from their homes. The COVID-19 pandemic has exacerbated these crises, along with increasing food and housing insecurities. Therefore, Building a Region of Resilience Northwest Georgia (Rome) seeks to increase community awareness of the effects of trauma on children and communities, support positive youth development, and influence systems change by increasing awareness of the Strengthening Families framework.

Mission and Broad Goals

Building a Region of Resilience Northwest Georgia (Rome) advocates for system changes that eliminate the barriers and inefficiencies standing in the way of progress and positive outcomes for the well-being of kids and families. They accomplish this by:

- Implementing Theory of Change through capacity building of coordinators and key collaborative partners to advocate for trauma/poverty-informed strategies
- Utilizing evidence-based programs and practices to build upon systems change and to increase awareness of the Strengthening Families framework throughout the region
- Evaluating services and programs to understand successes and determine the impact of approaches and sustainability of the coalition’s work

Coalition Geographic Service Areas
Bartow, Catoosa, Chattooga, Dade, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk, Walker, Whitfield
**Building a Region of Resilience: Northwest Georgia**

### Examples of ACES-Related Objectives

<table>
<thead>
<tr>
<th>Prevention/Intervention</th>
<th>Advocacy/Policy</th>
<th>Trainings</th>
<th>Research/Evaluation/Other Efforts</th>
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<tbody>
<tr>
<td>Early Learning Leadership Collaborative (ELLC)</td>
<td>Community Development Council to Address Homelessness: Whitfield Fund Allocation</td>
<td>A Case for a Poverty-Informed Approach Workshop</td>
<td>Monthly Data Measured for each Collaborative:</td>
</tr>
<tr>
<td>Bartow County in partnership with DECAL</td>
<td>Georgia Child Abuse and Neglect Prevention Pan (CANPP): coalition members lead Region 1 &amp; 3 priority activities</td>
<td>Be Your Own LifeSAVERS and Compassion Fatigue Training</td>
<td>Capacity building</td>
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<td>Received $5000 grant to provide TIC trainings</td>
<td>Fannin County Eggs &amp; Issues Breakfast</td>
<td>Behavioral/Mental Health Trainings for Stakeholders:</td>
<td>Awareness activities</td>
</tr>
<tr>
<td>Hosting 5 Regional Viewings of the Documentary: “Resilience”</td>
<td>Hosted 72 participants to discuss local and state legislation discussed</td>
<td>Mental Health First Aid</td>
<td>Monthly Your Mental Health Matters TV Broadcast</td>
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<tr>
<td>Hosting 5 Regional Viewings of “Broken Places”</td>
<td>Speaker of the House, David Ralston, and Senator Steve Gooch Attended</td>
<td>Question, Persuade, Refer</td>
<td>In partnership with Fannin Family Connection</td>
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<tr>
<td>Monthly Book Club: To Raise Community Awareness</td>
<td>Floyd Against Drugs</td>
<td>Insight Trauma and Caregiving Training</td>
<td>Theory of Change: Evaluation of Impact</td>
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<td>With author Dr. Bruce Perry</td>
<td>Monthly collaborative meeting on impact of substance abuse</td>
<td>Building capacity of collaboratives in 6 counties</td>
<td>Community ACE awareness</td>
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<tr>
<td>Recovery Bartow:</td>
<td>Mental Health Resource Fair (Bartow County)</td>
<td>Parent Ambassador Committee (PAC)</td>
<td>Community poverty impact</td>
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<tr>
<td>Riley the Brave Book in every Cartersville City</td>
<td>Parent Cafés and Civic Dinners: ACEs, Poverty, Toxic Stress etc.</td>
<td>Floyd County</td>
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<td>School pre-k to 2nd grade classroom</td>
<td>Approximately 1,000 engaged</td>
<td>Trainees to serve as mentors for next cohort</td>
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<tr>
<td>TBRI Training</td>
<td>Policy and Systems Change Advocacy with Local Partners</td>
<td>Trauma 101:</td>
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<tr>
<td>Stakeholder summit “Saving Lives Saving Dollar”</td>
<td>School systems, DFCS, etc.</td>
<td>Over 400 participants</td>
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<tr>
<td>Resilient Community Toolkit: raise awareness, drive systems change, and sustain movement</td>
<td>Trust-Based Relational Intervention Training</td>
<td>Bartow, Fannin, Polk, and Whitfield with collaborative partners</td>
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<td>Truancy Treatment Teams</td>
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<td>Bartow and Cartersville school staff</td>
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<td>Address challenges that foster school absenteeism</td>
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<tr>
<td>Dade, Pickens, Walker, and Whitfield collaborators</td>
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</tbody>
</table>

### Coalition Partners

- Rome-Floyd Commission on Children and Youth (Fiscal Agent)
- Pickens County Family Connection (Lead Partner)
- Bartow Collaborative, Inc.
- Catoosa County Family Collaborative, Inc.
- Chattooga County Collaborative
- DADE First – Family Connection
- Fannin County Family Connection
- Gilmer County Family Connection
- Haralson Coalition for Children, Youth and Families, Inc.
- Murray County Family Connection
- Paulding Family Connection
- Polk Family Connection
- Walker County Family Connection
- Children and Families First Community Partnership for Dalton/Whitfield
- Georgia Family Connection Partnership

### Links

- Building a Region of Resilience NWGA @BRR NWGA Facebook
- Bartow Collaborative, INC
- Bartow County Family Connection website
Preventing and reducing suicide and suicidal ideation through ACEs identification and trauma-informed approaches

Understanding and addressing and the social and structural inequities that put some children at greater risk for experiencing ACEs and subsequent suicidal ideations

Improving access to mental health services, decreasing alcohol misuse, preventing injuries and violence, and reducing chronic disease

Increasing sector awareness of the impact of trauma on the community and provide services for raising healthy children in safe, stable, nurturing environments

Resilient Southwest Georgia (Albany), comprised of United Way of Southwest Georgia and 30+ coalition partners, seeks to raise awareness of Adverse Childhood Experiences (ACEs) and the toll they take on their community, increase collaboration across sectors, bring a trauma-informed approach, and promote resiliency in families and communities. The coalition’s aim is to prevent ACEs and their intergenerational transfer as it is the greatest opportunity to improve the well-being of Southwest Georgia. The coalition is addressing ACEs as a root cause of regional health issues, especially in light of the COVID-19 pandemic and the enduring power of structural racism in society. Resilient Southwest Georgia (Albany) aims to target teen mental health and suicide prevention, including developing a teen health coalition with the city of Albany. Additionally, through training school faculty and students, the coalition aims to reduce school violence throughout the region.

Mission and Broad Goals

Resilient Southwest Georgia (Albany) believes that all are connected and all win when a child succeeds in school, when families are financially stable, and when people are healthy. To “Live United” means being a part of the change. Resilient Southwest Georgia (Albany) is working to strengthen systems that result in long-lasting changes in the following ways:

- Preventing and reducing suicide and suicidal ideation through ACEs identification and trauma-informed approaches
- Understanding and addressing and the social and structural inequities that put some children at greater risk for experiencing ACEs and subsequent suicidal ideations
- Improving access to mental health services, decreasing alcohol misuse, preventing injuries and violence, and reducing chronic disease
- Increasing sector awareness of the impact of trauma on the community and provide services for raising healthy children in safe, stable, nurturing environments

Coalition Geographic Service Areas

Baker, Calhoun, Clay, Crisp, Dougherty, Early, Lee, Mitchell, Quitman, Randolph, Sumter, Terrell, Worth
RESILIENT SOUTHWEST GEORGIA (ALBANY)

EXAMPLES OF ACES-RELATED OBJECTIVES

<table>
<thead>
<tr>
<th>Prevention/Intervention</th>
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</tr>
</thead>
</table>
| Book Reading & Training with Founder of Minority Recreational Leadership Academy - Dr. Samosa Mays  
  Collaboration with Albany State University | - Attended Mental Health Day at the Capitol on (Jan 2021)  
  Advocacy experience gained at city, county, state, and federal level  
  Addressing ACEs and promoting screening | - Adult Mental Health First Aid Provided to First Responders  
  Advocacy experience gained at city, county, state, and federal level  
  Addressing ACEs and promoting screening | - Child Well Being Index  
  Adopt unified measures of achievement  
  Develop strategies for success  
  Evaluates progress |
| Implementation and Distribution of Action Plan with Common Language  
  Infographics & statistics on ACEs and trauma throughout network | - Health Barriers for Rural Communities Advocacy with United Way through Carter Center | - Connections Matter Training  
  Over 60 participants | - Data Across Sectors for Health (DASH) Mentorship Program  
  Identifying and implementing data exchange and care coordination models |
| - Kate’s Club with Boy’s and Girl’s Club | - Meetings with City & County Commissioners  
  Dissemination of information and community training emphasized | - Outreach Wellness Learning 1-hour Seminars:  
  General mental health impacts  
  Trauma and implementing effective coping strategies | - Mixed Method Evaluation of Outcomes  
  Measure participant knowledge and awareness changes  
  Facilitated by Phoebe Putney Health System |
| - Partner with Mt. Zion Baptist in Mental Health Ministry in Community Fair | - - Summit on Trauma and Resiliency  
  Integration of Primary and Behavioral Health Care Workshop | - Pandemic Parenting 2.1 Conference  
  In partnership with Jack and Jill (Albany Chapter and Aspire) | - Stewards of Children Trainings  
  - The Case for Trauma-Informed Service, 2-Parts:  
    Partnership with Dr. Sarah Vinson |
| - Quarterly Community Outreach and Education Opportunities  
  Early Childhood Education Conference  
  Diversity & Inclusion/Implicit Bias Workshop | - Trauma-Focused Yoga Workshops for Childhood Educators | - The Empower Action Model:  
  Framework for Preventing ACEs by Promoting Health, Equity, and Well-Being Across the Life Span | - Child Well Being Index  
  Adopt unified measures of achievement  
  Develop strategies for success  
  Evaluates progress |
| - United Way Website with Resilient GA Efforts  
  Lead to partnerships & training opportunities | - United Way Website with Resilient GA Efforts  
  Lead to partnerships & training opportunities | - Two Head Start Trainings (Moultrie) | - Data Across Sectors for Health (DASH) Mentorship Program  
  Identifying and implementing data exchange and care coordination models |

Coalition Partners

- ASPIRE Behavioral Health & Developmental Disability Services
- Albany Area Primary Health Care
- Albany Area YMCA
- Albany Housing Authority
- Albany State University
- Albany Technical College
- Andrew College
- Augusta University
- Black Child Development Institute (BCDI)- Atlanta
- Boys & Girls Clubs of Albany
- Childcare Resource & Referral – Albany
- Dougherty County School System
- The City of Albany
- Family Wellness Outreach Center of Georgia
- Friendship Missionary Baptist Church
- Georgia Association of Housing and Redevelopment Authorities
- Georgia Budget & Policy Institute
- Georgia Center for Child Advocacy
- Georgia Center for Nonprofits
- Georgia Division of Family & Children Services, Regions 4 & 5
- Georgia Department of Juvenile Justice
- Georgia Family Connection Partnership, Regions 8 & 10
- Georgia Statewide Afterschool Network
- Girl Scouts of Historic Georgia
- Liberty House
- Lily Pad
- Lorio Psych Group
- Mental Health America of Georgia
- National Alliance on Mental Illness
- Albany Phoebe Putney Health System
- Southwest Public Health District
- Southwest RESA
- United Way of Southwest Georgia

Links
Resilient Southwest Georgia website  
@unitedwayswga Facebook  
@unitedwayswga Instagram
ALIGNING COMMUNITY SYSTEMS FOR RESILIENCE INITIATIVE

The Aligning Community Systems for Resilience Initiative (Clayton) (ACSRI) is a partnership between the Georgia Campaign for Adolescent Power & Potential (GCAPP), which works to build a more equitable and healthy generation of young people, and Community Health Solutions (CHS), a public health consulting firm which addresses complex social issues that produce disparities. ACSRI focuses its efforts on authentically engaging stakeholders from various sectors of the Clayton County community using culturally tailored tools and strategies to raise awareness of (and prevent) Adverse Childhood Trauma (ACEs). The coalition developed ‘The Many Faces of Trauma’ framework to characterize the forms of trauma that minority youth and their families may experience daily. The coalition centers its work around creating spaces for honest discussions about the impact of racism, marginalization, and generations of familial trauma on youth and families. Collectively, their efforts are designed to respond to existing trauma and prevent future trauma.

Mission and Broad Goals

ACSRI utilizes a multi-dimensional strategy to engage all sectors of the Clayton County community in the development of a trauma-responsive community ecosystem through:

- Creating community awareness and understanding of ACEs and their impact
- Developing consistent trauma-informed care and evidence-based prevention strategies across Clayton county
- Engaging minoritized communities through intentional empowerment and celebrating their inherent resilience
- Engaging the judicial system and faith-based community to offer trauma-informed training and identify prevention strategies
- Collaborating with leaders and grassroots stakeholders to identify tailored prevention and remediation strategies that respond to the needs of their community as they evolve
### Examples of ACES-Related Objectives

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</table>
| - Created the Framework ‘The Truth About our Trauma’  
  - Incorporating traditional ACEs awareness and prevention with the social justice and contextual factors that inform individual and community trauma  
  - Social media platforms built  
| - Coalition Partners Advocating for Faith-Based Communities to Incorporate Connections Matter and Stewards of Children Training in youth ministries  
| - Connections Matter Training  
  - GCAPP and CHS hosted two  
  - Offered frequently online  
| - Culturally Responsive Participatory Evaluation:  
  - Involving program staff, program participants, racially and culturally diverse key-informants  
  - Shared indicators tracked across all programs to determine organizational impact |
| - Created Project Message Box  
  - To support partners engaging the community  
| - GCAPP’s Sexual Violence Prevention Training  
  - For school-based staff and youth-serving professionals  
  - Overview of various forms of sexual violence  
  - Emphasizes consent, media portrayal of sexual violence  
| - Trauma-Informed Training offered to Juvenile Court in Clayton County  
| - Two Community Resiliency Teacher Trainings |
| - Created TMI-Georgia App and Website  
  - Provide teens a convenient source of information on sexual health  
  - Teens can explore options for birth control and STD prevention  
| - Trauma-Informed Training offered to Juvenile Court in Clayton County  
| - Two Community Resiliency Teacher Trainings |
| - Developed Culturally Tailored Messaging, Tools and Resources  
  - Allowed partners to begin difficult conversations  
| - Parent Toolkit - Launched in May 2020  
  - Available on GCAPP’s website and offers medically accurate information and resources  
| - Trauma-Informed Training offered to Juvenile Court in Clayton County  
| - Two Community Resiliency Teacher Trainings |
| - Parent Toolkit - Launched in May 2020  
  - Available on GCAPP’s website and offers medically accurate information and resources  
| - Developed Culturally Tailored Messaging, Tools and Resources  
  - Allowed partners to begin difficult conversations  
| - Trauma-Informed Training offered to Juvenile Court in Clayton County  
| - Two Community Resiliency Teacher Trainings |
| - Successfully Implemented Peer-to-Peer Leader Engagement Model to build coalition core partnerships  
| - Parent Toolkit - Launched in May 2020  
  - Available on GCAPP’s website and offers medically accurate information and resources  
| - Developed Culturally Tailored Messaging, Tools and Resources  
  - Allowed partners to begin difficult conversations  
| - Trauma-Informed Training offered to Juvenile Court in Clayton County  
| - Two Community Resiliency Teacher Trainings |

### Links
- ACSRI
- @ACSRIFacebook
- GCAPP
- CHS
- @GCAPPFacebook
- @CHSFacebook

### Coalition Partners
- Adversity University  
- Clayton Center Community Service Board  
- The Clayton Collaborative Authority  
- Georgia Family Connections  
- Clayton County Chamber of Commerce  
- Clayton County Commissioners  
- Clayton County Department of Juvenile Justice  
- Clayton County Department of Public Health  
- Clayton County District Attorney’s Office  
- Clayton County Family Connections  
- Clayton County Public Library  
- Clayton County Schools  
- Clayton State University  
- Department of Family and Children Services  
- Housing Authority of Clayton County  
- Flint River Boys and Girls Club  
- Forest Park Ministers Association  
- GCAPP Youth Advisory Council  
- Goodwill  
- Restoration Theological Seminary  
- The Rock Church  
- Solid Rock Academy  
- United Way of Greater Atlanta  
- Various non-profits: Hearts to Nourish Hope, Sisters Empowerment Network, & Rainbow House
The Cobb Collaborative’s aim is for Cobb County to be a trauma-informed community by providing training and resources in collaboration with community partners to prevent Adverse Childhood Experiences (ACEs). Cobb County is a densely populated suburban area within Metropolitan Atlanta. While Cobb County may have lower rates of children living in poverty than Georgia, there is still a significant amount of children living in poverty within the county. Evidence also suggests that children of minority races and ethnicities in Cobb county are living in poverty at higher rates than White children in the county. While poverty is not an indicator of trauma, it can make children more vulnerable to ACEs, which can negatively impact brain development and health outcomes. Thus, the Cobb Collaborative has been building a toolkit of resources and training for local stakeholders and community members to raise awareness and build capacity. Launched in 2019, the Mind your Mind mental health awareness campaign has brought trauma credentialed training programs, film screenings, panel discussions, and more to Cobb. Additionally, Cobb Collaborative will advocate for the development of equitable county-wide systems.

Mission and Broad Goals

The Cobb Collaborative seeks to make Cobb County a trauma-informed community through the following:

- Increasing the awareness, shared language, and understanding of trauma, ACEs, and the role of safe, stable, and nurturing environments
- Improving the capacity of providers, families, and community members by equipping them with the training necessary to improve outcomes for the children they serve
- Empowering advocates to address long-standing issues of healthcare equity, systemic racism, and social justice
- Advocating for agencies to embed practices and protocols into the implementation of their work and strategies
## EXAMPLES OF ACES-RELATED OBJECTIVES

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>- Mind Your Mind Speaks Podcast</td>
<td>- Advocating for Local Cobb Prevent Child Abuse Georgia Council</td>
<td>- Afterschool Program Staff Trauma-Informed Behavior Training:</td>
<td>- Multi-Level Branding Campaign to Raise Awareness</td>
</tr>
<tr>
<td>- Resilient Cobb Digital Toolkit (launched Feb 2022)</td>
<td>- Georgia Child Abuse and Neglect Prevention Plan (CANPP): Implementation, and Planning Development in Region 13</td>
<td>- Jewish Federation of Greater Atlanta Trainings</td>
<td>4,477 Newsletter Opens</td>
</tr>
<tr>
<td>- Resilient Cobb Summit</td>
<td>- Tracking Bills Moving Through Georgia General Assembly for 2022 Session</td>
<td>- Mindful Self-Compassion Training with Chattahoochee Tech</td>
<td>6,700 Facebook Reach for ACEs Content</td>
</tr>
<tr>
<td>- Screening ‘Resilience’ and ‘Paper Tigers’ in partnership with Cobb County Library System</td>
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<td>- Townhall Trainings in Partnership with County Commissioner</td>
<td>2,071 Instagram Reach for ACEs Content</td>
</tr>
<tr>
<td>- Multi-Level Branding Campaign to Raise Awareness</td>
<td></td>
<td>- Trained Over 900 Individuals:</td>
<td>1,272 Mind Your Mind Web Page Views</td>
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<tr>
<td>- Children &amp; Family Programs at Kennesaw State University</td>
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<td>- Cobb Community Alliance to Prevent Substance Abuse</td>
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<td>- Cobb Community Foundation</td>
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<td>- Cobb County District Attorney’s Office</td>
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<td>- Cobb County Division of Family &amp; Children Services</td>
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<td>- Cobb County Library</td>
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<tr>
<td>- Cobb County School District</td>
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<tr>
<td>- Cumberland Counseling Center</td>
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<td>- Georgia Department of Public Health</td>
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<td>- Georgia Family Connection Partnership</td>
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<td>- Highlands Rivers CSB</td>
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<td>- Jewish Federation of Greater Atlanta</td>
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<tr>
<td>- Marietta City Schools</td>
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<td>- Marietta/Cobb Continuum of Care</td>
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<td>- Ser Familia</td>
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<td>- United Way of Greater Atlanta</td>
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</table>

### Links

- Cobb Collaborative
- @CobbCollaborative Instagram
- @CobbCollaborative Facebook

### Coalition Partners

- Children & Family Programs at Kennesaw State University
- Cobb Community Alliance to Prevent Substance Abuse
- Cobb Community Foundation
- Cobb County Community Services Board
- Cobb County District Attorney’s Office
- Cobb County Division of Family & Children Services
- Cobb County Library
- Cobb County School District
- Cumberland Counseling Center
- Georgia Department of Public Health
- Georgia Family Connection Partnership
- Highlands Rivers CSB
- Jewish Federation of Greater Atlanta
- Marietta City Schools
- Marietta/Cobb Continuum of Care
- Ser Familia
- United Way of Greater Atlanta
Greater Valdosta United Way (GVUW) strives to be a hub for non-profit organizations in their counties to provide a unified approach to human services. Although the Lowndes county area is considered the only metropolitan area in South Georgia, the other counties surrounding Valdosta consist of communities that contain a very diverse and rural population. GVUW serves populations that experience poverty, have limited access to transportation resources, and may have a lack of knowledge about available services. These rural South Georgian communities have seen increased concerns of adverse mental health, suicide, human trafficking, and Adverse Childhood Experiences (ACEs). These challenges have been even more apparent with the recent COVID-19 pandemic, thus creating a need for strengthening resilience and mental health services in the communities GVUW serves. To address these issues, GVUW will provide evidence-based training to parents, law enforcement, first responders, and stakeholders.

Mission and Broad Goals

GVUW’s mission is to create positive change by bringing resources together to improve people’s lives in local communities through:

- Continuing to develop mental health awareness throughout the region through training and education
- Focusing on suicide prevention in youth up to age 26
- Evaluating training outcomes to assess the impact on trauma-informed awareness and education
- Promoting resiliency in South Georgia through a unified trauma-informed response

Links
Greater Valdosta United Way
@GreaterValdostaUnitedWay Instagram
@GreaterValdostaUnitedWay1 Facebook

Coalition Geographic Service Area
Atkinson, Bacon, Berrien, Brooks, Clinch, Coffee, Echols, Lanier, Lowndes, Ware
### EXAMPLES OF ACES-RELATED OBJECTIVES

<table>
<thead>
<tr>
<th>Prevention/Intervention</th>
<th>Advocacy/Policy</th>
<th>Trainings</th>
<th>Research/Evaluation/Other Efforts</th>
</tr>
</thead>
</table>
| - **Billboards and Advertisements:**  
  - Focus on suicide prevention, mental health, and human trafficking  
| - Partnering with elected officials to advocate for a more resilient community:  
  - **Scott James Matheson,** Valdosta City Mayor  
  - **Russ Goodman,** State Senator, District 8  
| - Community Awareness Training for Children and Families offered by Monique Burr Foundation, covers the following topics:  
  - Digital Safety  
  - Abuse  
  - Sex Trafficking  
  - Mental Health & Substance Abuse  
  - Suicide Prevention  
| - Georgia CEO Awareness Videos  
  - Reaching thousands of businesses, government, and nonprofit professionals across South Georgia  
  - Encouraging people to take care of their mental health. "It is Ok to Not be Ok"  

- **Mental Health Symposium**  
  - partnering with Beyond the Hardwood, Inc and Hoops Athletic Organization, etc.  
  - 20 retired professional athletes addressed mental health in the community  
| - **Promoting National Suicide Prevention week in City of Valdosta and Lowndes County**  
| - **First Responders Training:**  
  - Two separate trainings on mental health 101, suicide prevention, and human trafficking  
| - Year One Evaluation to Determine Year Two Modifications  
  - Data collection will be pulled from audience reached  
  - Outcomes measured will be based on knowledge of ACEs and services available within the communities served  

- **Partnered with Magnolia House to Speak at Ware County Schools on Mental Health**  
| - Sponsored a National Crime Victims’ Rights Week Luncheon (Douglas)  
  - To engage political leaders  
| - **Ex NFL Running Back Adrian Peterson Events for Youth Mental Health**  
  - Spoke to over 3,000 students 4th-12th grade  
| - Quarterly Mental Health 101 Training  
  - Open to community agencies  
| - Quarterly Darkness to Light Steward of Children Trainings  

- **Partnership with Legacy Behavioral Health Services** to provide the following support for patients:  
  - **Health coach** for patients, to review educational material related to mental health and provide referral information for mental health services offered through Legacy  
  - **Screening** for social determinants of health and depression during all intakes  
  - **Resources** on ACEs, sexual abuse, etc. for parents, grandparents, and other caretakers  
| - **Georgia CEO Awareness Videos**  
  - Year One Evaluation to Determine Year Two Modifications  
  - Georgia CEO Awareness Videos  
  - Encouraging people to take care of their mental health. "It is Ok to Not be Ok"  

- **Coalition Partners**  
  - Boys and Girls Club  
  - Children’s Advocacy Center  
  - Family Connections Region 11  
  - Girls on the Run  
  - Greater Valdosta United Way  
  - The Haven  
  - Legacy Behavioral Health Services  
  - Mayor Scott James Matheson  
  - Partnership Health Center  
  - Russ Goodman, District 8 State Senator  
  - Second Harvest of South Georgia  
  - Vince Miller, Valdosta State University Dean of Students
Resilient Gwinnett is a 30-year-old non-profit organization in one of the fastest-growing counties in the country, Gwinnett County. This suburban community of 936,250 residents is also the most diverse community in the southeastern United States. Many families in the region face language and cultural barriers, and 16.5% of Gwinnett residents do not have health insurance. This rate is double the nationwide average of 8.8% of citizens without coverage. Additionally, many adults in Gwinnett communities of color are employed in low-wage, unstable jobs with minimal education, and 15.1% of children age 18 and younger live in poverty. Children living in environments such as these are more vulnerable to Adverse Childhood Experiences (ACEs), which can be detrimental to long-term health. Therefore, Resilient Gwinnett is seeking to build a trauma-informed community through capacity building and systems change to benefit children and families across the county. Resilient Gwinnett will leverage its deep relationships with local nonprofits, agencies, and service providers, and provide leadership for the development of a framework that moves the community along the continuum of trauma. This framework, along with a community needs assessment, will inform the work of Resilient Gwinnett.

Mission and Broad Goals

Resilient Gwinnett’s goals are:

- Building capacity by creating a common understanding of ACEs, by training practitioners, community leaders, and members of the community
- Increasing community awareness by defining “trauma-informed,” providing toolkits for organizational use, and utilizing communications tools to create public awareness
- Influencing systems of change by engaging key stakeholders and influencers that move Gwinnett County toward becoming a trauma-informed community
### EXAMPLES OF ACES-RELATED OBJECTIVES

<table>
<thead>
<tr>
<th>Prevention/ Intervention</th>
<th>Advocacy/Policy</th>
<th>Trainings</th>
<th>Research/Evaluation/ Other Efforts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>- Gwinnett Cares</strong></td>
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<tr>
<td>• Connects community members to food, housing, employment resources, etc.</td>
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<tr>
<td><strong>- Resilient Gwinnett Communications:</strong></td>
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<tr>
<td>• Resources to learn about resilience and partner</td>
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<tr>
<td>• The Exchange, Gwinnett Coalition’s weekly digest to 650+ community-based organizations</td>
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<tr>
<td>• Gwinnett Daily Post disseminating information to the community on ACES, stigma related to trauma</td>
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<tr>
<td><strong>- The Center for Pan Asian Community Services Partnership:</strong></td>
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<tr>
<td>• Help with language and cultural barriers in the dissemination of resources and training</td>
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<tr>
<td><strong>- View Point Health Awarded Grant from DBHDD</strong></td>
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<tr>
<td>• Clinicians offer free virtual support groups to community members struggling with the impact of COVID-19</td>
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<td>• Behavioral health services in Gwinnett, Rockdale, and Newton counties</td>
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<tr>
<td><strong>- Met with Gwinnett County Sheriff’s Mental Health Task Force (Sep 2021)</strong></td>
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<td>• To partner in the future as they invest in resources to respond to mental health crisis</td>
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<td><strong>- PACES Roundtable</strong></td>
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<td>• With local political figures and stakeholders:</td>
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<tr>
<td>• Dr. Calvin Watts, Superintendent of Gwinnett County Public Schools</td>
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<td>• Travis Moses, Director of Gwinnett DFCS</td>
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<tr>
<td>• Dr. Audrey Arona, CEO of Gwinnett, Newton, Rockdale Public Health Department</td>
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<td>• Education and advocacy on PACEs</td>
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<tr>
<td><strong>- Substance Abuse Prevention Advocacy Day and Suicide Prevention Advocacy Day:</strong></td>
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<td>• GUIDE and Voices 4 Prevention</td>
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<tr>
<td><strong>- Connections Matter, Mental Health First Aid, QPR, Stewards of Children Child Abuse, Mandated Reporter Training</strong></td>
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<td>• With faith-based institutions, school and afterschool systems, juvenile court, and civic and fraternal organizations</td>
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<tr>
<td><strong>- GUIDE, Inc.:</strong></td>
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<td>• DBHDD grant</td>
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<td>• Question, Persuade, Refer (QPR) and Youth Mental Health First Aid (YMHFA)</td>
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<td><strong>- Over 1,000 Participants Reached in the 7-Evidence Based Trainings Offered</strong></td>
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<td><strong>- Collected Outputs Include:</strong></td>
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<td>• Number of individuals who complete each training</td>
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<td>• Number of resources disseminated</td>
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<tr>
<td><strong>- Gwinnett County Human Services System Needs Assessment</strong></td>
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<td><strong>Support and Resilience Fund</strong></td>
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<td>• local foundations offer scholarships for clients to access therapists experienced with childhood and adolescent trauma</td>
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<tr>
<td><strong>- View Point Health Intensive Outpatient Services (IOS):</strong></td>
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<td>• meet individuals where they are located</td>
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<td>• “Co-responds” with law enforcement for behavioral health intervention need</td>
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<td><strong>Coalition Partners</strong></td>
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<td>• Adults Protecting Children</td>
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<td>• CASA</td>
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<td>• Children’s Healthcare of Atlanta</td>
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<td>• Chris 180</td>
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<td>• Families First</td>
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<td>• Family Ties</td>
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<td>• Freedom Church</td>
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<td>• Georgia Cares</td>
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<td>• Georgia Bureau of Investigation Cybersafety Initiative</td>
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<td>• Georgia Center for Child Advocacy</td>
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<td>• Gwinnett County Police Department</td>
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<td>• Gwinnett County Public Schools</td>
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<td>• Gwinnett DFCS</td>
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<td>• Gwinnett District Attorney Office</td>
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<td>• Gwinnett Newton Rockdale Health Department</td>
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<td>• GUIDE</td>
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<td>• Hearts for Families</td>
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<td>• Hudgens Center for Art and Learning</td>
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<td>• Lawrenceville Police Criminal Investigations</td>
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<td>• Magdalene’s Gate</td>
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<td>• Mosaic Georgia – Children’s Advocacy Center</td>
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<td>• Partnership Against Domestic Violence</td>
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<td>• Positive Impact International</td>
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<td>• Rainbow Village</td>
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<td>• Revolution Teen Center</td>
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<td>• Revved Up Kids</td>
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<td>• Ser Familia</td>
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<td>• State DFCS Board</td>
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<td>• Lilburn Women’s Club</td>
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<td>• Still Waters International Academy</td>
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<td>• Street Grace</td>
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<td>• Tapestry</td>
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<td>• The Starr Institute</td>
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<td>• View Point Health</td>
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<td>• Wellness and Trauma Recovery Center</td>
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<td>• Wellroot Family Services</td>
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<tr>
<td><strong>Links</strong></td>
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<tr>
<td>Resilient Gwinnett</td>
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<tr>
<td>@GwinnettCoalition Instagram</td>
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<td>@GwinnettCoalition Facebook</td>
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ATLANTA REGIONAL COLLABORATIVE FOR HEALTH IMPROVEMENT

The Atlanta Regional Collaborative for Health Improvement (ARCHI) emphasizes the need for a trauma-informed network of coordinated connections to services for communities with disproportionate access, namely Atlantans of color, in an honoring and healing manner. By addressing the needs of Atlantans through holistic streamlining of access and eligibility across services, ARCHI will Invert the Burden individuals face when seeking access to care services. ARCHI began with national research on models and designs relevant to its coordinated system of care, along with local stakeholder identification. ARCHI supports several collaboratives in partnership with TechBridge and the Georgia Center for Nonprofits’ Center for Social Transformation to build and coordinate networks. These networks share data, streamline service access, and track the impact on individual community members. At the core of their work is ARCHI’s goal to address underlying health inequities by standardizing quality trauma-informed care across their collaboratives through training with community health workers and those providing client support.

Mission and Broad Goals

The Atlanta Regional Collaborative for Health Improvement (ARCHI) aims to connect unequally burdened community members of Fulton and Dekalb counties through:

- Streamlining access to services in all areas related to health equity including social services, behavioral health, physical health, affordable housing, criminal justice services, etc.
- Designing and implementing trauma-informed systems
- Reducing inefficient administrative work and data collection
- Shifting from crisis reduction to anticipating and preventing Atlantans’ needs
- Evaluating and building on best practices for a continuum of coordinated services

Coalition Geographic Service Area
Dekalb, Fulton
### EXAMPLES OF ACES-RELATED OBJECTIVES

<table>
<thead>
<tr>
<th>Prevention/Intervention</th>
<th>Stakeholders &amp; Community Partnerships</th>
<th>Research/Evaluation/Other Efforts</th>
</tr>
</thead>
</table>
| - ARCHI Community Resource Hub  
  • Created to promote interoperability and closed-loop referrals between relevant social service agencies and health care systems  
  • Convene care coordination teams across six health systems in metro Atlanta on a biweekly basis  
  • Developing and determining best available and most appropriate Community Health Worker trainings | - 28 Community and State Agencies have signed support of a coordinated system of care  
  - Technical Experts, including InTelegy and TechBridge assist with assessment and design  
  - Grady Health System and Mercy Care are participating and ready to build coordinated systems  
  - ARCHives  
    • Partnership with Global Dialogues, Partners for Home, Partnership for Southern Equity, and the Annie E. Casey Foundation  
    • Stories from residents who have experienced homelessness  
    • Held a community forum to deepen organizations' understanding of homelessness | - Case study outcomes have led to a partnership with the Georgia Department of Behavioral Health and Developmental Disabilities  
  - Presented to Behavioral Health Commission's Access Subcommittee |

### Links
- ARCHI Collaborative
- LinkedIn
- Instagram
- Twitter

### Coalition Partners
- Atlanta Community Food Bank
- Atlanta Regional Commission
- Atlanta Volunteer Lawyers Foundation
- Catholic Charities Atlanta
- Cobb Community Foundation
- Families First
- Gateway Center
- Georgia Center for Nonprofits
- Georgia Charitable Care Network
- Georgia Department of Behavioral Health and Developmental Disabilities
- Gwinnett Coalition
- Grady Health System
- HOPE Atlanta
- Inspiritus
- Kaiser Permanente
- Latino Community Fund Inc
- Midtown Assistance Center
- Open Doors
- Open Hand Atlanta
- Parents Prosper
- Partners for HOME, Inc.
- Quality Care for Children
- Saint Joseph’s Health System/Mercy Care
- TechBridge
- United Way of Greater Atlanta 2-1-1 Contact Center
- Urban League of Greater Atlanta
- Voices for Georgia’s Children
- Zion Hill CDC
The Empowered Communities Initiative is a cross-sector collaborative promoting and educating on adversity, resilience, best trauma-informed practices, including advocacy and policy, in Southeast Georgia. The Empowered Communities Initiative focuses on addressing systemic causes of Adverse Childhood Experiences (ACEs) by training current and future professionals at the College of Coastal Georgia and through the criminal justice and healthcare sectors. Strategic partners include the United Way of Coastal Georgia, serving as the convening organization of the Empowered Communities Initiative and Glynn County School District. To effect sustainable change, the Empowered Communities Initiative is developing an impact plan for regional development, implementation, and evaluation of a trauma-informed community model, regularly convening across sectors in Southeast Georgia to ensure capacity building.

Mission and Broad Goals

The Empowered Communities Initiative's goal is to address systemic causes of ACEs and build community awareness of adversity and resilience through:

- Establishing Trauma-Informed Coalitions across sectors in Southeast Georgia
- Developing an Impact Plan for measurable outcomes to create lasting change
- Offering trauma-informed training to current and future practitioners, community members, and advocates
- Developing Empowered Communities Toolkit for stakeholders, including a variety of digital content and marketing materials
- Advocating for governmental support through network leverage
## EXAMPLES OF ACES-RELATED OBJECTIVES

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<tr>
<th>Prevention/Intervention</th>
<th>Advocacy/Policy</th>
<th>Trainings</th>
<th>Research/Evaluation/Other Efforts</th>
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<tbody>
<tr>
<td><strong>- Empowered Communities Toolkit:</strong></td>
<td><strong>- Plan to advocate the inclusion of Handle With Care in local school districts</strong></td>
<td><strong>- Plan to utilize the following trainings for community members, practitioners, and future professionals</strong></td>
<td><strong>- Formative and Summative Evaluation activities throughout the project</strong></td>
</tr>
<tr>
<td>• Resources for trauma awareness across sectors</td>
<td><strong>- To host Forum for Elected Officials:</strong></td>
<td><strong>- Trust-Based Relational Intervention:</strong></td>
<td><strong>- Utilize an Outcome Evaluation Design</strong></td>
</tr>
<tr>
<td><strong>- Proposed Quarterly Community Outreach</strong></td>
<td>• On the economic impact of ACEs and generational poverty</td>
<td>• attachment-based, trauma-informed intervention</td>
<td>• Qualitative and Quantitative data will be collected</td>
</tr>
<tr>
<td>• Summit of Trauma &amp; Resiliency</td>
<td><strong>- Advocate with committees for government support for new-parent education and screening</strong></td>
<td><strong>- Mandated Reporter Training</strong></td>
<td><strong>- Community Asset Mapping:</strong></td>
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<tr>
<td>• Early Childhood Education Conference</td>
<td><strong>- Connections Matter:</strong></td>
<td><strong>- Connections Matter:</strong></td>
<td><strong>- Community Data Explorer:</strong></td>
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<tr>
<td><strong>- Community Asset Mapping:</strong></td>
<td>• community-based initiative that helps people better understand trauma, brain development, resilience</td>
<td>• community-based initiative that helps people better understand trauma, brain development, resilience</td>
<td><strong>- Proposed Quarterly Community Outreach</strong></td>
</tr>
<tr>
<td>• Documenting the community’s resources to include Camden and McIntosh counties</td>
<td><strong>- Boys and Girls Club:</strong></td>
<td><strong>- Boys and Girls Club:</strong></td>
<td><strong>- Community Asset Mapping:</strong></td>
</tr>
<tr>
<td>• Updating indicators and Long, Liberty, and Wayne counties</td>
<td>• Self-care awareness</td>
<td><strong>- Mandated Reporter Training</strong></td>
<td><strong>- Community Data Explorer:</strong></td>
</tr>
</tbody>
</table>

### Links
- United Way of Coastal Georgia website
- United Way of Coastal Georgia Facebook
- United Way of Coastal Georgia Instagram
- United Way of Coastal Georgia LinkedIn

### Coalition Partners
- Camden Connection
- College of Coastal Georgia
- Family Connection of Glynn County
- Glynn Community Crisis Center
- Glynn County School District
- Hope 1312 Collective
- Safe Harbor Center
- United Way of Coastal Georgia
Resilient North Georgia (Gainesville) seeks to increase community understanding of Adverse Childhood Experiences (ACEs) and advocate for prevention and mitigation within North Georgia. Additionally, training focuses on parental support, including foster parents, community sector training for first responders, teachers, and direct service organizations. Resilient North Georgia is strategically building upon work that has already begun in the community, focusing on teen populations for positive youth development, including the continuum of family preservation services. Evidence-based practice and program development are being utilized to bolster efforts to keep children out of the foster system, prevent trauma, and foster a resilient North Georgia community.

Mission and Broad Goals

Resilient North Georgia (Gainesville) aims to address childhood adversity, health, and well-being throughout its 13 counties through:

- Targeting residential programming within Foster Care, Independent Living (ILP), Transitional Living (TLP), and Family Housing
- Providing skill training, coaching, and therapeutic care with Healthy Families America (HFA), Positive Parenting Program (Triple P), and Functional Family Therapy (FFT)
- Assessing ACEs and community health on the county-level
- Reaching Teens through a justice-based model that recognizes structural racism, utilizing prevention science
- Focusing on rural counties in North Georgia that have increased in access to community supports like mental and behavioral health care

Coalition Geographic Service Area
Banks, Dawson, Forsyth, Franklin, Hall, Hart, Habersham, Lumpkin, Rabun, Stephen, Town, Union, White
EXAMPLES OF ACES-RELATED OBJECTIVES

Prevention/Intervention
- Family Preservation Evidence-Based Program
  - Started January 6th, 2022
  - Working with court system to provide parenting support through EB model

- Strengths-based trauma-informed curriculum development
  - Guidance on connection with children in need of allyship

- Bridges To Resilience: Hall County Symposium with Dr. Kenneth Ginsburg
  - All Gainesville City School employees in attendance

- Two Appointed Community Resiliency Model (CMR) trainers
  - Set to train the court system, Region 2 Department of Child and Family Services, Gainesville PD, Gainesville City Schools

Trainings
- Reaching Teens
  - Recognizes past trauma and behavioral health issues with a strength-based focus
  - Implemented across Wellroot
  - 400 people to be trained

- Triple P Positive Parenting Program
  - Evidence-based intervention to reduce child mental health, emotional, and behavioral problems

- Georgia Child Advocacy Center Partnership to offer trainings across all 13 counties, including:
  - Steward of Children
  - Connections Matter
  - Mental Health First Aid

Research/Evaluation/Other Efforts
- 13 County impact of ACEs assessment:
  - Determine critical assets in the community & build around them

- Project Evaluation conducted by Dr. Rubin with Morehouse University
  - With Wellroot internal data tracking for continued assessment

- Surveys included with every project
  - Will inform year two efforts across each program

Coalition Partners
- Region 2 Family Connections
- Bethlehem United Methodist Church
- Community Foundation for Northeast Georgia
- Foster Parent Association of Georgia
- Gainesville City Schools
- Gainesville First United Methodist Church
- Gainesville Housing Authority
- Georgia Center for Child Advocacy
- Georgia Mountains YMCA
- Good Shepherd Lutheran Church
- Habersham EMC
- Hall County Juvenile Court, Judge Lindsay Burton
- Hall County School System (Project Aware)
- Hall County Treatment Court, Jessie Emmett
- Jackson EMC
- Oakwood United Methodist Church
- United Way of Hall County

Links
Wellroot website
Wellroot Facebook

EXAMPLES OF ACES-RELATED OBJECTIVES
Waycross Area Resilient Georgia’s mission is to build a trauma-informed community by strengthening its awareness of Adverse Childhood Experiences (ACEs) and their impact. This includes empowering victims of family violence through advocacy, community partnerships, and providing safe and hopeful environments that promote economic and family stability. Like many areas of rural Georgia, Waycross understands the importance of mental health and suicide prevention services with the impact of Covid-19 and plans to develop training and programs to address both. In providing these trainings through our service providers and community partners, youth, parents, law enforcement, and first responders, we will be able to promote resiliency in the Waycross Judicial Circuit through a unified trauma-informed response. Additionally, Waycross is developing the Family Justice Center as a multi-agency, cross-sector service center to facilitate care for victims of interpersonal violence in one location.

Mission and Broad Goals

Waycross Area Resilient Georgia’s goal is to create a community response through cross-sectored partnership throughout the six counties; it serves to provide a trauma-informed response to ACEs by:

- Family Justice Center partnerships with judicial sectors, law enforcement officers, parents, and school systems
- Addressing substance abuse effects on families through prevention and awareness trainings
- Developing programming in schools to prevent and address suicide through trainings with the Waycross police department
- Offering behavioral health services to sexually exploited children and children who have been exposed to other violence such as domestic violence, abuse, and neglect
- Providing a trauma-informed approach to families for raising healthy children in safe, stable, nurturing environments
- Educating and engaging community members, raising awareness of intergenerational ACEs
### EXAMPLES OF ACES-RELATED OBJECTIVES

**Prevention/Intervention**
- **Unison Behavioral Health:**
  - Information & Education on child sexual abuse, ACEs
  - Brochures and referral materials for distribution
- **Brantley Youth Leadership Program:**
  - High-School Students grade 9-12
- **Four Junior Police Academies:**
  - Incorporated at Bacon, Brantley, Charlton, and Ware
- **Three Teen Maze Programs:**
  - Incorporated at Brantley, Pierce, and Ware
- **Trauma-Informed Program called "Handle with Care" for the Waycross Judicial Circuit**
- **Trauma-Informed Program called "I Am" for the Ware County Family Connections**
- **Adrian Peterson Waycross Area Tour: Mental Health (Youth)**
  - Ware Co. High School (9-12 graders)
  - Crossroads Christian Academy/Southside Baptist Church (4 -12 graders)
  - Local Youth Football Coaches

**Advocacy/Policy**
- **School System Class Advocacy:**
  - Targeted areas reaching youth for mental health awareness and suicide prevention
  - Child advocacy and trauma-informed community response
- **Children’s Initiative Program Advocacy:**
  - Ware, Charlton, Pierce, Bacon, Brantley, and Coffee
- **Victim Advocacy:**
  - Child advocacy and trauma-informed community response for Victims

**Trainings**
- **Prevent 360:**
  - To give a common language and knowledge that can help keep children and families safe
  - To create a positive trauma-informed response to children in the region
- **Mental Health First Aid: Youth & Adult**
  - Quarterly trainings for community partners
  - Planned for 100 participants
- **The Question, Persuade, Refer (QPR):**
  - Suicide prevention for adults
  - Planned for 125 participants
- **Darkness to Light:**
  - Child Sexual Abuse Prevention training, quarterly
  - Four Safe Trainings to Youth
- **Waycross Police Department:**
  - Bullying and Safety Programs

**Research/Evaluation/Other Efforts**
- **Community Needs Assessment:**
  - Across the counties to provide data
- **Survey Tool Development:**
  - Utilized to capture partners’ ongoing work
- **Outcome Evaluation:**
  - Annual evaluation of success to understand year two needs

**Links**
- Waycross Area Shelter
- Magnolia House Shelter Facebook

**Coalition Partners**
- Georgia Family Connections Region 12
- Magnolia House
- Satilla Advocacy Center/Children’s Advocacy Center
- Southeast Health District/CDC
- Southeast Georgia CASA
- Unison Behavioral Health
- Waycross Family Justice Center
- Waycross Police Department
GLOSSARY OF TRAINING

**Community Resiliency Model (CRM)** is an innovative and preventative low-cost, low-intensity training, which involves a simple set of mental wellness skills that can be readily learned and practiced. CRM skills can restore the natural balance of the nervous system by focusing on sensations of well-being.

**Connections Matter** is an interactive discussion-based workshop that can be taken in either two days (2 hours each day) OR one day (4 hours) via virtual Zoom format. Participants learn about adverse childhood experiences (ACEs), trauma, and resiliency.

**Mental Health First Aid** is a skills-based training course that teaches participants about mental health and substance-use issues. This training is available in both adult and youth curriculum.

**Mindful Self Compassion** is a 1-day evidence-based skills-building workshop that teaches participants the fundamental concepts and skills of mindfulness and self-compassion. This training equips participants with the ability to use self-compassion to handle difficult emotions with greater ease.

**Stewards of Children** training is the only adult-focused, evidence-informed curriculum proven to increase knowledge and attitudes about child sexual abuse and change behaviors promoting protective factors. The one-time 2 ½ hour Stewards of Children program is available through a group session led by an authorized facilitator as well as online.

**Question, Persuade, Refer (QPR)** is an innovative, practical and proven suicide prevention training that empowers participants, regardless of their background, to make a positive difference in the life of someone they know.
# GRANTEE CONTACTS

## ROUND 1

<table>
<thead>
<tr>
<th>GRANTEE</th>
<th>COUNTIES</th>
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<th>ORGANIZATION</th>
<th>PHONE</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Resilient Northeast Georgia (Athens)</td>
<td>Barrow, Clarke, Elbert, Greene, Jackson, Jasper, Madison, Morgan, Newton, Oconee, Oglethorpe, Walton</td>
<td>Sarah McKinney</td>
<td>President + CEO</td>
<td>Athens Area Community Foundation</td>
<td>706.357.7148</td>
<td><a href="mailto:smckinney@athensareacf.org">smckinney@athensareacf.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Meredith Lysaught</td>
<td>Project Manager</td>
<td>Athens Area Community Foundation</td>
<td>404.971.8071</td>
<td><a href="mailto:projectmanageraacf@outlook.com">projectmanageraacf@outlook.com</a></td>
</tr>
<tr>
<td>Resilient Communities of East Georgia (Augusta)</td>
<td>Burk, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Wilkes, Richmond, Screven, Taliaferro, Warren, Washington</td>
<td>Kim Loomer</td>
<td>Associate Dean, Leaner Well-Being Professor, Psychiatry and Health Behavior</td>
<td>Augusta University</td>
<td>706.721.6110</td>
<td><a href="mailto:kloomer@augusta.edu">kloomer@augusta.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Julie Miller</td>
<td>Regional Manager</td>
<td>Georgia Family Connection Partnership</td>
<td>706.829.7868</td>
<td><a href="mailto:julien@afcp.org">julien@afcp.org</a></td>
</tr>
<tr>
<td>Resilient Coastal Georgia (Savannah)</td>
<td>Bryan, Chatham, Effingham</td>
<td>Lizann Roberts</td>
<td>Executive Director</td>
<td>Coastal Georgia Indicators Coalition</td>
<td>912.651.1478</td>
<td><a href="mailto:director_cgic@gmail.com">director_cgic@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Vira Salzburn</td>
<td>Program Director for Prevent Suicide Today</td>
<td>Chatham County Safety Net Planning Council</td>
<td>912.661.0577</td>
<td><a href="mailto:virusesalzburn@chlink.org">virusesalzburn@chlink.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Maureen McFadden</td>
<td>Licensed Clinical Social Worker</td>
<td>McFadden Therapy and Consulting, LLC</td>
<td>912.349.9645</td>
<td><a href="mailto:mcfaddenmaureen2@gmail.com">mcfaddenmaureen2@gmail.com</a></td>
</tr>
<tr>
<td>Resilient Middle Georgia (Macon)</td>
<td>Baldwin, Bibb, Crawford, Hancock, Houston, Jasper, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs, Washington, Wilkeson</td>
<td>Jill Vanderhoek</td>
<td>Executive Director</td>
<td>Bibb Community Partnership</td>
<td>478.219.2447</td>
<td><a href="mailto:jill@bibbcommunitypartnership.org">jill@bibbcommunitypartnership.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Andrea S. Meyer</td>
<td>Director of the Master of Family Therapy Program</td>
<td>Mercer University</td>
<td>478.301.4098</td>
<td><a href="mailto:meyer_as@mercer.edu">meyer_as@mercer.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Amanda Juarez</td>
<td>Project Coordinator</td>
<td>Resilient Middle Georgia</td>
<td>478.973.0402</td>
<td><a href="mailto:resilientmiddlega@gmail.com">resilientmiddlega@gmail.com</a></td>
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## ROUND 2

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<tbody>
<tr>
<td>Building a Region of Resilience NWGA (Rome)</td>
<td>Bartow, Catoosa, Chattahoochea, Dade, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk, Walker, Whitfield</td>
<td>Gabrielle Hawkins-Stewart</td>
<td>Regional Manager</td>
<td>Georgia Family Connection</td>
<td>678.358.2235</td>
<td><a href="mailto:gabrielle@gafcp.org">gabrielle@gafcp.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Laura Beth Newsom</td>
<td>Coordinator</td>
<td>Walker County Family Connection</td>
<td>423.595.2221</td>
<td><a href="mailto:laurabethnewsom@walkerschools.org">laurabethnewsom@walkerschools.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jacqueline Elwarner</td>
<td>Coordinator</td>
<td>Pickens County Family Connection</td>
<td>706.253.2319</td>
<td><a href="mailto:pickensfamilyconnection@gmail.com">pickensfamilyconnection@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>LaDonna Collins</td>
<td>Executive Director</td>
<td>Rome-Floyd Co. Commission on Children and Youth</td>
<td>706.844.4952</td>
<td><a href="mailto:lcollins@rfcccy.org">lcollins@rfcccy.org</a></td>
</tr>
<tr>
<td>Resilient Chattahoochee Valley (Columbus)</td>
<td>Chattahoochee, Clay, Harris, Marion, Muscogee, Quitman, Schley, Stewart, Talbot, Taylor, Webster</td>
<td>Ben Moser</td>
<td>President + CEO</td>
<td>United Way of the Chattahoochee Valley</td>
<td>678.887.7440</td>
<td><a href="mailto:bmoser@unitedwayofthecv.org">bmoser@unitedwayofthecv.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sidney Houck</td>
<td>Project Coordinator</td>
<td>United Way of the Chattahoochee Valley</td>
<td>706.327.3255</td>
<td><a href="mailto:shouck@unitedwayofthecv.org">shouck@unitedwayofthecv.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Shaunae Motley</td>
<td>President + CEO</td>
<td>United Way of SWGA</td>
<td>229.883.6700 ext. 28</td>
<td><a href="mailto:shaunae_motley@unitedwayswga.org">shaunae_motley@unitedwayswga.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Philip Gentry</td>
<td>Special Projects Manager</td>
<td>United Way of SWGA</td>
<td>229.883.6700 ext. 23</td>
<td><a href="mailto:philip_gentry@unitedwayswga.org">philip_gentry@unitedwayswga.org</a></td>
</tr>
<tr>
<td>Resilient SWGA (Albany)</td>
<td>Baker, Calhoun, Clay, Crisp, Dougherty, Early, Lee, Mitchell, Quitman, Randolph, Sumter, Terrell, Worth</td>
<td>Elijah Miranda</td>
<td>Executive Director</td>
<td>The Vashti Center</td>
<td>229.226.4634 ext. 108</td>
<td><a href="mailto:elijahm@vashti.org">elijahm@vashti.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Alex English</td>
<td>Training &amp; Development Manager</td>
<td>The Vashti Center</td>
<td>229.226.4634 ext. 131</td>
<td><a href="mailto:alexe@vashti.org">alexe@vashti.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Macey Sutton</td>
<td>Community Outreach Coordinator</td>
<td>The Vashti Center</td>
<td>229.226.4634 ext. 101</td>
<td><a href="mailto:maceys@vashti.org">maceys@vashti.org</a></td>
</tr>
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# GRANTEE CONTACTS

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<table>
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<tbody>
<tr>
<td>Aligning Community Systems for Resilience Initiative (Clayton)</td>
<td>Clayton</td>
<td>Michael Armstrong</td>
<td>Chief Operations Officer</td>
<td>Georgia Campaign for Adolescent Power &amp; Potential</td>
<td>404.475.6046</td>
<td><a href="mailto:michael@gcapp.org">michael@gcapp.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ronald McNeill</td>
<td>President + CEO</td>
<td>Georgia Campaign for Adolescent Power &amp; Potential</td>
<td>404.475.6043</td>
<td><a href="mailto:ronald@gcapp.org">ronald@gcapp.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mary Frances Williams</td>
<td>Director of Strategic Initiatives &amp; Partnerships</td>
<td>Georgia Campaign for Adolescent Power &amp; Potential</td>
<td>404.395.3485</td>
<td><a href="mailto:maryfrances@gcapp.org">maryfrances@gcapp.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Angel Young</td>
<td>Senior Program Manager of Community Based Initiatives</td>
<td>Georgia Campaign for Adolescent Power &amp; Potential</td>
<td></td>
<td><a href="mailto:angely@gcapp.org">angely@gcapp.org</a></td>
</tr>
<tr>
<td>Cobb Collaborative</td>
<td>Cobb</td>
<td>Irene Barton</td>
<td>Executive Director</td>
<td>Cobb Collaborative</td>
<td>678.766.5574</td>
<td><a href="mailto:ibarton@cobbcollaborative.org">ibarton@cobbcollaborative.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Kaleigh Raulerson</td>
<td>Program Director</td>
<td>Cobb Collaborative</td>
<td>470.315.0745</td>
<td><a href="mailto:kraulerson@cobbcollaborative.org">kraulerson@cobbcollaborative.org</a></td>
</tr>
<tr>
<td>Greater Valdosta United Way</td>
<td>Atkinson, Berrien, Brooks, Clinch, Cook, Echols, Lanier, Lowndes</td>
<td>Michael Smith</td>
<td>Executive Director</td>
<td>Greater Valdosta United Way</td>
<td>229.242.2208 C:229.630.3838</td>
<td><a href="mailto:msmith@unitedwayvaldosta.org">msmith@unitedwayvaldosta.org</a></td>
</tr>
<tr>
<td>Resilient Gwinnett</td>
<td>Gwinnett</td>
<td>Renee Byrd-Lewis</td>
<td>Executive Director</td>
<td>Gwinnett Coalition for Health and Human Services</td>
<td>770.625.7917</td>
<td><a href="mailto:rbyrd.lewis@gwinnettcoalition.org">rbyrd.lewis@gwinnettcoalition.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jessica Andrews-Wilson</td>
<td>Executive Director</td>
<td>GUIDE Inc.</td>
<td>706.740.0782</td>
<td><a href="mailto:jessica@guideinc.org">jessica@guideinc.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jennifer Hibbard</td>
<td>Counselor &amp; Chief Executive Officer</td>
<td>View Point Health</td>
<td>678.360.5200</td>
<td><a href="mailto:jennifer.hibbard@vphealth.org">jennifer.hibbard@vphealth.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Kamesha Walker</td>
<td>Community Health Program Manager</td>
<td>Gwinnett Coalition for Health and Human Services</td>
<td>770.288.9201</td>
<td><a href="mailto:kamesha.walker@gwinnettcoalition.org">kamesha.walker@gwinnettcoalition.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Teresa Raetz</td>
<td>Chief Operating Officer</td>
<td>Gwinnett Coalition for Health and Human Services</td>
<td>770.625.7927</td>
<td><a href="mailto:teresa.raetz@gwinnettcoalition.org">teresa.raetz@gwinnettcoalition.org</a></td>
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<tbody>
<tr>
<td>Empowered Communities Initiative (Brunswick)</td>
<td>Camden, Glynn, Liberty, Long, McIntosh, Wayne</td>
<td>Justin Callaway</td>
<td>President + CEO</td>
<td>United Way of Coastal Georgia</td>
<td>912.265.1850</td>
<td><a href="mailto:justin@uwcga.org">justin@uwcga.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Janelle Harvey</td>
<td>Director of Community Impact</td>
<td>United Way of Coastal Georgia</td>
<td>912.265.1850</td>
<td><a href="mailto:janelle@uwcga.org">janelle@uwcga.org</a></td>
</tr>
<tr>
<td>Atlanta Regional Collaborative for Health Improvement</td>
<td>Fulton, Dekalb</td>
<td>Aviva Berman</td>
<td>Senior Innovations Manager</td>
<td>Atlanta Regional Collaborative for Health Improvement</td>
<td>404.819.5599</td>
<td><a href="mailto:aberman@gsu.edu">aberman@gsu.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Carrie Oliver</td>
<td>Senior Research Associate</td>
<td>Georgia Health Policy Center, Georgia State University</td>
<td>404.413.0347</td>
<td><a href="mailto:coliver@gsu.edu">coliver@gsu.edu</a></td>
</tr>
<tr>
<td>Resilient North Georgia (Gainesville)</td>
<td>Banks, Dawson, Franklin, Forsyth, Habersham, Hall, Hart, Lumpkin, Rabun, Stephens, Towns, Union, White</td>
<td>Allison Ashe</td>
<td>President + CEO</td>
<td>Wellroot Family Services</td>
<td>404.610.0661</td>
<td><a href="mailto:aashe@wellroot.org">aashe@wellroot.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Christina Lennon</td>
<td>Chief Strategy and Innovation Officer</td>
<td>Wellroot Family Services</td>
<td>404.542.2660</td>
<td><a href="mailto:clennon@wellroot.org">clennon@wellroot.org</a></td>
</tr>
<tr>
<td>Waycross Area Resilient Georgia Partnership</td>
<td>Bacon, Brantley, Charlton, Coffee, Pierce, Ware</td>
<td>Michelle Girtman</td>
<td>Executive Director</td>
<td>Waycross Area Shelter for Abused Persons</td>
<td>229.300.0398</td>
<td><a href="mailto:mgirtman@valdostahaven.org">mgirtman@valdostahaven.org</a></td>
</tr>
</tbody>
</table>
For more information, visit resilientga.org.